

Nutrition Guide

The information below was last updated on 04-05-2024. Information can change frequently, so check www.DunkinDonuts.com for the most current information.

Before placing your order, please inform your server if a person in your party has a food allergy. Trans Fat quantities displayed in this guide represent naturally occurring trans fats.

All of our products contain zero grams of artificial trans fat.

Limited Time Products

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Cold Brew Coffee | | | | | | | | | | | | | | | | |
| The Caramel Cold Foam - Large | Large | 340 | 4 | 2.5 | 0 | 15 | 115 | 70 | 0 | 68 | 61 | 4 | 0 | 613 | 159 | 0 |
| The Caramel Cold Foam - Medium | Medium | 250 | 3 | 1.5 | 0 | 10 | 85 | 52 | 0 | 50 | 45 | 3 | 0 | 455 | 116 | 0 |
| The Caramel Cold Foam - Small | Small | 190 | 2.5 | 1.5 | 0 | 10 | 65 | 39 | 0 | 37 | 34 | 2 | 0 | 317 | 87 | 0 |
| The Chef Nick - Large | Large | 360 | 9 | 8 | 0 | 30 | 300 | 62 | 0 | 55 | 47 | 5 | 0 | 424 | 193 | 0 |
| The Chef Nick - Medium | Medium | 260 | 6 | 5 | 0 | 20 | 220 | 46 | 0 | 41 | 35 | 4 | 0 | 314 | 141 | 0 |
| The Chef Nick - Small | Small | 200 | 6 | 5 | 0 | 20 | 150 | 33 | 0 | 29 | 24 | 3 | 0 | 222 | 105 | 0 |
| Toasted Almond Mocha Cold Brew with Sweet Cold Foam - Large | Large | 340 | 10 | 8 | 0 | 30 | 65 | 61 | 2 | 51 | 49 | 3 | 0 | 591 | 70 | 2 |
| Toasted Almond Mocha Cold Brew with Sweet Cold Foam - Medium | Medium | 250 | 7 | 6 | 0 | 20 | 45 | 45 | 2 | 38 | 37 | 2 | 0 | 439 | 49 | 1 |
| Toasted Almond Mocha Cold Brew with Sweet Cold Foam - Small | Small | 190 | 6 | 6 | 0 | 20 | 35 | 32 | 1 | 26 | 25 | 2 | 0 | 305 | 43 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Croissant Stuffers | | | | | | | | | | | | | | | | |
| Ham & Cheese Croissant Stuffer | 1 Croissant | 330 | 17 | 10 | 0 | 60 | 580 | 30 | 2 | 6 | 4 | 14 | 1 | 176 | 209 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Donuts | | | | | | | | | | | | | | | | |
| Watermelon Burst Donut | 1 Donut | 250 | 10 | 4 | 0 | 0 | 260 | 35 | 1 | 13 | 12 | 4 | 1 | 61 | 12 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Donuts - Regional | | | | | | | | | | | | | | | | |
| #ALLCAPS Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 290 | 37 | 1 | 16 | 16 | 4 | 0 | 59 | 12 | 2 |
| Birdland Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 290 | 37 | 1 | 16 | 16 | 4 | 0 | 63 | 12 | 2 |
| Birdland Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 290 | 37 | 1 | 16 | 16 | 4 | 0 | 63 | 12 | 2 |
| Bulls Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 290 | 37 | 1 | 16 | 16 | 4 | 0 | 59 | 12 | 2 |
| Buttermilk Donut | 1 Donut | 330 | 17 | 7 | 0 | 25 | 390 | 41 | 1 | 20 | 20 | 3 | 0 | 63 | 23 | 2 |
| Cherry Blossom Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 280 | 38 | 1 | 16 | 16 | 4 | 0 | 60 | 12 | 2 |
| Chocolate Frosted with Chocolate Sprinkles Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 290 | 36 | 1 | 15 | 14 | 5 | 0 | 85 | 13 | 2 |
| Cleveland Guardians Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 15 | 4 | 0 | 59 | 12 | 2 |
| Dodgers Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 15 | 4 | 0 | 58 | 12 | 2 |
| Fenway Faithful Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 15 | 4 | 0 | 59 | 12 | 2 |
| Go Hornets Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 15 | 4 | 0 | 58 | 12 | 2 |
| Guava Donut | 1 Donut | 240 | 10 | 4 | 0 | 0 | 280 | 32 | 1 | 12 | 11 | 4 | 1 | 72 | 12 | 2 |
| Inter Miami Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 280 | 37 | 1 | 17 | 16 | 4 | 0 | 59 | 12 | 2 |
| Jaguars Hall of Fame Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 14 | 4 | 0 | 68 | 12 | 2 |
| Nats Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 15 | 4 | 0 | 59 | 12 | 2 |
| Orioles Magic Donut | 1 Donut | 350 | 15 | 6 | 0 | 0 | 300 | 47 | 1 | 27 | 27 | 4 | 1 | 69 | 12 | 2 |
| Orioles Magic Donut | 1 Donut | 350 | 15 | 6 | 0 | 0 | 300 | 47 | 1 | 27 | 27 | 4 | 1 | 69 | 12 | 2 |
| Padres Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 290 | 36 | 1 | 15 | 14 | 4 | 0 | 75 | 13 | 2 |
| Pittsburgh Crème Donut | 1 Donut | 350 | 16 | 7 | 0 | 0 | 310 | 47 | 1 | 26 | 25 | 5 | 1 | 81 | 13 | 2 |
| Pittsburgh Penguins Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 290 | 36 | 1 | 15 | 14 | 4 | 0 | 75 | 13 | 2 |
| Redland Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 290 | 37 | 1 | 16 | 16 | 4 | 0 | 59 | 12 | 2 |
| Reds Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 15 | 4 | 0 | 64 | 12 | 2 |
| TN Titans Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 15 | 15 | 4 | 0 | 58 | 12 | 2 |
| The GOAT Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 290 | 37 | 1 | 16 | 16 | 4 | 0 | 59 | 12 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Dunkin' Energy Punch - Regional | | | | | | | | | | | | | | | | |
| Blue Raspberry Dunkin' Energy Punch Powered by Rockstar® | Large | 430 | 0 | 0 | 0 | 0 | 120 | 100 | 0 | 98 | 98 | 0 | 0 | 5 | 12 | 0 |
| Strawberry Dunkin' Energy Punch Powered by Rockstar® | Large | 440 | 0 | 0 | 0 | 0 | 120 | 103 | 1 | 98 | 94 | 0 | 0 | 120 | 19 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Dunkin' Lemonade Refreshers | | | | | | | | | | | | | | | | |
| Kiwi Watermelon Dunkin' Lemonade Refresher - Large | Large | 310 | 0 | 0 | 0 | 0 | 25 | 77 | 0 | 74 | 74 | 0 | 0 | 21 | 29 | 0 |
| Kiwi Watermelon Dunkin' Lemonade Refresher - Medium | Medium | 230 | 0 | 0 | 0 | 0 | 20 | 58 | 0 | 55 | 55 | 0 | 0 | 16 | 21 | 0 |
| Kiwi Watermelon Dunkin' Lemonade Refresher - Small | Small | 150 | 0 | 0 | 0 | 0 | 15 | 39 | 0 | 37 | 37 | 0 | 0 | 11 | 15 | 0 |
| Mango Pineapple Dunkin' Lemonade Refresher - Large | Large | 320 | 0 | 0 | 0 | 0 | 30 | 80 | 0 | 76 | 76 | 0 | 0 | 20 | 27 | 0 |
| Mango Pineapple Dunkin' Lemonade Refresher - Medium | Medium | 240 | 0 | 0 | 0 | 0 | 20 | 60 | 0 | 57 | 57 | 0 | 0 | 15 | 20 | 0 |
| Mango Pineapple Dunkin' Lemonade Refresher - Small | Small | 160 | 0 | 0 | 0 | 0 | 15 | 40 | 0 | 38 | 38 | 0 | 0 | 10 | 14 | 0 |
| Strawberry Dragonfruit Dunkin' Lemonade Refresher - Large | Large | 310 | 0 | 0 | 0 | 0 | 25 | 75 | 0 | 72 | 72 | 0 | 0 | 19 | 26 | 0 |
| Strawberry Dragonfruit Dunkin' Lemonade Refresher - Medium | Medium | 230 | 0 | 0 | 0 | 0 | 20 | 56 | 0 | 54 | 54 | 0 | 0 | 14 | 19 | 0 |
| Strawberry Dragonfruit Dunkin' Lemonade Refresher - Small | Small | 160 | 0 | 0 | 0 | 0 | 15 | 37 | 0 | 36 | 36 | 0 | 0 | 10 | 13 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Dunkin' Refreshers | | | | | | | | | | | | | | | | |
| Kiwi Watermelon Dunkin' Refresher - Large | Large | 160 | 0 | 0 | 0 | 0 | 20 | 39 | 0 | 37 | 37 | 1 | 0 | 35 | 19 | 0 |
| Kiwi Watermelon Dunkin' Refresher - Medium | Medium | 120 | 0 | 0 | 0 | 0 | 15 | 30 | 0 | 27 | 27 | 1 | 0 | 26 | 13 | 0 |
| Kiwi Watermelon Dunkin' Refresher - Small | Small | 80 | 0 | 0 | 0 | 0 | 10 | 20 | 0 | 18 | 18 | 0 | 0 | 18 | 9 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---------------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Dunkin' Wraps | | | | | | | | | | | | | | | | |
| Chicken & Roasted Pepper Dunkin' Wrap | 1 Wrap | 380 | 16 | 10 | 0.5 | 75 | 820 | 33 | 3 | 3 | 0 | 25 | 0 | 318 | 283 | 3 |
| Chorizo & Egg Dunkin' Wrap | 1 Wrap | 410 | 21 | 10 | 0 | 140 | 1010 | 34 | 3 | 3 | 1 | 20 | 1 | 249 | 227 | 3 |
| Green Goddess Dunkin' Wrap | 1 Wrap | 260 | 6 | 2 | 0 | 10 | 900 | 37 | 3 | 4 | 1 | 15 | 0 | 440 | 183 | 3 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Coffee | | | | | | | | | | | | | | | | |
| Churro Frozen Coffee - Large | Large | 1030 | 39 | 23 | 1.5 | 125 | 240 | 164 | 0 | 153 | 144 | 8 | 2 | 595 | 241 | 1 |
| Churro Frozen Coffee - Medium | Medium | 790 | 30 | 18 | 1 | 95 | 180 | 126 | 0 | 118 | 111 | 6 | 2 | 468 | 189 | 1 |
| Churro Frozen Coffee - Small | Small | 560 | 22 | 13 | 0.5 | 70 | 130 | 89 | 0 | 83 | 78 | 5 | 1 | 344 | 140 | 0 |
| Frozen Coffee with Almondmilk - Large | Large | 500 | 2 | 0 | 0 | 0 | 190 | 118 | 0 | 112 | 111 | 2 | 2 | 327 | 374 | 1 |
| Frozen Coffee with Almondmilk - Medium | Medium | 370 | 1.5 | 0 | 0 | 0 | 140 | 88 | 0 | 84 | 84 | 2 | 1 | 245 | 280 | 0 |
| Frozen Coffee with Almondmilk - Small | Small | 250 | 1 | 0 | 0 | 0 | 95 | 59 | 0 | 56 | 56 | 1 | 1 | 164 | 187 | 0 |
| Vanilla Frosted Donut Frozen Coffee - Large | Large | 1080 | 40 | 23 | 1.5 | 125 | 300 | 170 | 0 | 160 | 149 | 11 | 2 | 712 | 218 | 0 |
| Vanilla Frosted Donut Frozen Coffee - Medium | Medium | 820 | 31 | 18 | 1 | 95 | 230 | 129 | 0 | 121 | 112 | 8 | 2 | 539 | 167 | 0 |
| Vanilla Frosted Donut Frozen Coffee - Small | Small | 570 | 22 | 13 | 0.5 | 70 | 150 | 88 | 0 | 81 | 75 | 6 | 1 | 368 | 118 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Specialty | | | | | | | | | | | | | | | | |
| Frozen Matcha Latte with Almondmilk - Large | Large | 470 | 2 | 0 | 0 | 0 | 130 | 111 | 2 | 109 | 109 | 3 | 6 | 141 | 362 | 1 |
| Frozen Matcha Latte with Almondmilk - Medium | Medium | 350 | 1.5 | 0 | 0 | 15 | 100 | 84 | 2 | 82 | 81 | 2 | 4 | 106 | 272 | 0 |
| Frozen Matcha Latte with Almondmilk - Small | Small | 240 | 1 | 0 | 0 | 0 | 65 | 56 | 1 | 54 | 54 | 1 | 3 | 71 | 181 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Latte | | | | | | | | | | | | | | | | |
| Vanilla Frosted Donut Signature Hot Latte with Whole Milk - Large | Large | 540 | 17 | 11 | 0 | 55 | 270 | 79 | 0 | 73 | 49 | 16 | 5 | 855 | 442 | 0 |
| Vanilla Frosted Donut Signature Hot Latte with Whole Milk - Medium | Medium | 420 | 14 | 9 | 0 | 45 | 200 | 61 | 0 | 56 | 37 | 12 | 4 | 645 | 336 | 0 |
| Vanilla Frosted Donut Signature Hot Latte with Whole Milk - Small | Small | 300 | 11 | 8 | 0 | 35 | 140 | 43 | 0 | 39 | 26 | 8 | 3 | 447 | 233 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Cappuccino | | | | | | | | | | | | | | | | |
| Iced Cappuccino with Almondmilk - Large | Large | 90 | 2.5 | 0 | 0 | 0 | 180 | 15 | 1 | 13 | 13 | 1 | 3 | 265 | 475 | 1 |
| Iced Cappuccino with Almondmilk - Medium | Medium | 60 | 2 | 0 | 0 | 0 | 130 | 11 | 0 | 10 | 10 | 1 | 2 | 194 | 355 | 1 |
| Iced Cappuccino with Almondmilk - Small | Small | 45 | 1 | 0 | 0 | 0 | 90 | 8 | 0 | 6 | 6 | 1 | 1 | 133 | 238 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Coffee | | | | | | | | | | | | | | | | |
| Blueberry Donut Iced Coffee - Large | Large | 350 | 12 | 6 | 0 | 35 | 150 | 53 | 0 | 51 | 44 | 6 | 1 | 528 | 73 | 0 |
| Blueberry Donut Iced Coffee - Medium | Medium | 260 | 9 | 4.5 | 0 | 30 | 110 | 40 | 0 | 39 | 33 | 4 | 0 | 395 | 54 | 0 |
| Blueberry Donut Iced Coffee - Small | Small | 170 | 6 | 3 | 0 | 20 | 75 | 27 | 0 | 26 | 22 | 3 | 0 | 264 | 37 | 0 |
| Coconut Donut Iced Coffee - Large | Large | 350 | 12 | 6 | 0 | 35 | 150 | 53 | 0 | 51 | 44 | 6 | 1 | 528 | 73 | 0 |
| Coconut Donut Iced Coffee - Medium | Medium | 260 | 9 | 4.5 | 0 | 30 | 110 | 40 | 0 | 39 | 33 | 4 | 0 | 395 | 54 | 0 |
| Coconut Donut Iced Coffee - Small | Small | 170 | 6 | 3 | 0 | 20 | 75 | 27 | 0 | 26 | 22 | 3 | 0 | 264 | 37 | 0 |
| Raspberry Jelly Donut Iced Coffee - Large | Large | 350 | 12 | 6 | 0 | 35 | 150 | 55 | 0 | 51 | 44 | 6 | 1 | 528 | 73 | 0 |
| Raspberry Jelly Donut Iced Coffee - Medium | Medium | 260 | 9 | 4.5 | 0 | 30 | 110 | 41 | 0 | 39 | 33 | 4 | 0 | 395 | 54 | 0 |
| Raspberry Jelly Donut Iced Coffee - Small | Small | 170 | 6 | 3 | 0 | 20 | 75 | 27 | 0 | 26 | 22 | 3 | 0 | 264 | 37 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Latte | | | | | | | | | | | | | | | | |
| Blueberry Pecan Signature Iced Latte with Whole Milk - Large | Large | 530 | 17 | 11 | 0 | 55 | 450 | 78 | 0 | 71 | 46 | 16 | 5 | 804 | 589 | 0 |
| Blueberry Pecan Signature Iced Latte with Whole Milk - Medium | Medium | 410 | 13 | 9 | 0 | 45 | 340 | 60 | 0 | 54 | 36 | 12 | 4 | 607 | 446 | 0 |
| Blueberry Pecan Signature Iced Latte with Whole Milk - Small | Small | 300 | 10 | 7 | 0 | 35 | 230 | 42 | 0 | 38 | 25 | 8 | 3 | 422 | 306 | 0 |
| Caramel Toasted Almond Iced Latte - Large | Large | 460 | 12 | 7 | 0 | 40 | 250 | 71 | 0 | 69 | 46 | 14 | 5 | 927 | 534 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Latte | | | | | | | | | | | | | | | | |
| Caramel Toasted Almond Iced Latte - Medium | Medium | 340 | 9 | 5 | 0 | 30 | 190 | 53 | 0 | 52 | 35 | 11 | 4 | 691 | 400 | 0 |
| Caramel Toasted Almond Iced Latte - Small | Small | 230 | 6 | 3.5 | 0 | 20 | 125 | 36 | 0 | 34 | 23 | 7 | 2 | 464 | 267 | 0 |
| Iced Vanilla Chai Latte with Sweet Cold Foam - Large | Large | 520 | 16 | 10 | 0.5 | 50 | 250 | 77 | 2 | 70 | 51 | 14 | 5 | 638 | 498 | 1 |
| Iced Vanilla Chai Latte with Sweet Cold Foam - Medium | Medium | 380 | 12 | 7 | 0 | 35 | 180 | 56 | 2 | 51 | 37 | 10 | 4 | 464 | 362 | 0 |
| Iced Vanilla Chai Latte with Sweet Cold Foam - Small | Small | 280 | 9 | 5 | 0 | 25 | 130 | 41 | 1 | 38 | 28 | 7 | 2 | 323 | 250 | 0 |
| Iced Vanilla Matcha with Sweet Cold Foam - Large | Large | 460 | 16 | 9 | 0 | 50 | 200 | 63 | 2 | 59 | 40 | 14 | 9 | 547 | 466 | 0 |
| Iced Vanilla Matcha with Sweet Cold Foam - Medium | Medium | 340 | 12 | 7 | 0 | 35 | 150 | 46 | 2 | 43 | 29 | 11 | 6 | 406 | 346 | 0 |
| Iced Vanilla Matcha with Sweet Cold Foam - Small | Small | 250 | 9 | 5 | 0 | 25 | 110 | 35 | 1 | 32 | 22 | 7 | 4 | 284 | 240 | 0 |
| Pecan Vanilla Iced Latte - Large | Large | 450 | 12 | 7 | 0 | 40 | 440 | 70 | 0 | 66 | 42 | 15 | 5 | 759 | 561 | 0 |
| Pecan Vanilla Iced Latte - Medium | Medium | 340 | 9 | 5 | 0 | 30 | 330 | 52 | 0 | 49 | 31 | 11 | 4 | 565 | 420 | 0 |
| Pecan Vanilla Iced Latte - Small | Small | 230 | 6 | 3.5 | 0 | 20 | 220 | 35 | 0 | 33 | 21 | 7 | 2 | 380 | 281 | 0 |
| Vanilla Frosted Donut Signature Iced Latte with Whole Milk - Large | Large | 540 | 17 | 11 | 0 | 55 | 280 | 79 | 0 | 73 | 49 | 16 | 5 | 860 | 458 | 0 |
| Vanilla Frosted Donut Signature Iced Latte with Whole Milk - Medium | Medium | 420 | 14 | 9 | 0 | 45 | 210 | 61 | 0 | 56 | 37 | 12 | 4 | 649 | 347 | 0 |
| Vanilla Frosted Donut Signature Iced Latte with Whole Milk - Small | Small | 300 | 11 | 8 | 0 | 35 | 150 | 43 | 0 | 39 | 26 | 8 | 3 | 450 | 241 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Kosher Sandwiches and Wraps | | | | | | | | | | | | | | | | |
| Kosher Everything Encore Breakfast Sandwich | 1 Sandwich | 660 | 27 | 8 | 0 | 185 | 1340 | 78 | 5 | 13 | 9 | 27 | 1 | 323 | 259 | 6 |
| Kosher Sweet Black Pepper Bacon Breakfast Sandwich | 1 Sandwich | 670 | 43 | 16 | 0 | 185 | 970 | 49 | 2 | 11 | 10 | 21 | 4 | 198 | 212 | 4 |
| Kosher Sweet Black Pepper Bacon Wake-Up Wrap | 1 Wrap | 280 | 17 | 7 | 0 | 105 | 580 | 19 | 1 | 3 | 3 | 12 | 1 | 97 | 208 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Sandwiches | | | | | | | | | | | | | | | | |
| Everything Encore Breakfast Sandwich | 1 Sandwich | 640 | 26 | 9 | 0 | 205 | 1230 | 75 | 5 | 13 | 10 | 29 | 1 | 382 | 244 | 5 |
| Sweet Black Pepper Bacon Breakfast Sandwich | 1 Sandwich | 650 | 41 | 17 | 0 | 205 | 850 | 46 | 1 | 11 | 10 | 23 | 4 | 257 | 197 | 3 |
| Sweet Black Pepper Bacon Wake-Up Wrap | 1 Wrap | 280 | 18 | 7 | 0 | 115 | 560 | 18 | 1 | 4 | 4 | 13 | 1 | 135 | 200 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|-----------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Snacking Bacon | | | | | | | | | | | | | | | | |
| Sweet Black Pepper Snacking Bacon | 8 Pieces | 190 | 12 | 4.5 | 0 | 35 | 500 | 10 | 0 | 9 | 9 | 10 | 0 | 171 | 17 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Sparkd' Energy | | | | | | | | | | | | | | | | |
| Berry Burst Sparkd' Energy - Large | Large | 170 | 0 | 0 | 0 | 0 | 270 | 40 | 0 | 37 | 36 | 0 | 0 | 47 | 10 | 0 |
| Berry Burst Sparkd' Energy - Medium | Medium | 130 | 0 | 0 | 0 | 0 | 200 | 30 | 0 | 27 | 27 | 0 | 0 | 35 | 7 | 0 |
| Berry Burst Sparkd' Energy - Small | Small | 80 | 0 | 0 | 0 | 0 | 135 | 20 | 0 | 18 | 18 | 0 | 0 | 23 | 5 | 0 |
| Peach Sunshine Sparkd' Energy - Large | Large | 160 | 0 | 0 | 0 | 0 | 270 | 38 | 0 | 36 | 36 | 0 | 0 | 47 | 10 | 0 |
| Peach Sunshine Sparkd' Energy - Medium | Medium | 120 | 0 | 0 | 0 | 0 | 200 | 28 | 0 | 27 | 27 | 0 | 0 | 35 | 7 | 0 |
| Peach Sunshine Sparkd' Energy - Small | Small | 80 | 0 | 0 | 0 | 0 | 135 | 19 | 0 | 18 | 18 | 0 | 0 | 23 | 5 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|----------------------------------|---------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Stuffed Bagel Minis | | | | | | | | | | | | | | | | |
| Stuffed Bagel Minis - Everything | 2 Bagel Minis | 260 | 12 | 7 | 0 | 30 | 400 | 34 | 3 | 5 | 2 | 8 | 0 | 120 | 60 | 2 |
| Stuffed Bagel Minis - Plain | 2 Bagel Minis | 240 | 10 | 6 | 0 | 30 | 400 | 32 | 2 | 5 | 2 | 7 | 0 | 120 | 45 | 2 |

Allergen information is available at www.DunkinDonuts.com or by calling Guest Support at 800-859-5339. Please be advised that our products may contain or may have been further processed on shared equipment that may have come in contact with allergens including Eggs, Fish, Milk, Peanuts, Sesame, Soy, Tree Nuts, Wheat, & Shellfish.

Dunkin' Donuts has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information on these printed materials may vary from that which may be available in our restaurants. We will update www.DunkinDonuts.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.DunkinDonuts.com or call Guest Support at 800-859-5339.

Nutrition Guide

The information below was last updated on 04-05-2024 . Information can change frequently, so check www.DunkinDonuts.com for the most current information.

Before placing your order, please inform your server if a person in your party has a food allergy.

Permanent Products

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|----------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Avocado Toast | | | | | | | | | | | | | | | | |
| Avocado Spread | 1 Unit | 80 | 7 | 1 | 0 | 0 | 200 | 4 | 3 | 0 | 0 | 1 | 0 | 232 | 6 | 0 |
| Avocado Toast | 1 Piece | 240 | 11 | 1.5 | 0 | 0 | 530 | 34 | 6 | 1 | 0 | 6 | 0 | 371 | 47 | 2 |
| Bacon Topped Avocado Toast | 1 Piece | 290 | 14 | 3.5 | 0 | 15 | 740 | 32 | 5 | 2 | 1 | 10 | 0 | 378 | 26 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---------------------------|---------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Bagels | | | | | | | | | | | | | | | | |
| Cinnamon Raisin Bagel | 1 Bagel | 320 | 1 | 0 | 0 | 0 | 510 | 67 | 4 | 13 | 6 | 11 | 0 | 160 | 38 | 3 |
| Everything Bagel | 1 Bagel | 340 | 3 | 0.5 | 0 | 0 | 630 | 67 | 5 | 8 | 4 | 12 | 0 | 182 | 57 | 4 |
| Multigrain Bagel | 1 Bagel | 380 | 8 | 1 | 0 | 0 | 550 | 63 | 8 | 8 | 7 | 15 | 0 | 297 | 52 | 5 |
| Plain Bagel | 1 Bagel | 300 | 1 | 0 | 0 | 0 | 620 | 64 | 4 | 7 | 4 | 11 | 0 | 126 | 20 | 4 |
| Sesame Seed Bagel | 1 Bagel | 350 | 5 | 1 | 0 | 0 | 630 | 64 | 5 | 7 | 4 | 12 | 0 | 152 | 24 | 4 |
| White Cheddar Bagel Twist | 1 Bagel Twist | 390 | 8 | 4.5 | 0 | 20 | 760 | 64 | 4 | 7 | 4 | 16 | 0 | 142 | 171 | 4 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Cold Brew Coffee | | | | | | | | | | | | | | | | |
| Caramel Cold Brew with Sweet Cold Foam - Large | Large | 340 | 4 | 2.5 | 0 | 15 | 115 | 70 | 0 | 67 | 61 | 4 | 0 | 613 | 158 | 0 |
| Caramel Cold Brew with Sweet Cold Foam - Medium | Medium | 240 | 3 | 1.5 | 0 | 10 | 85 | 51 | 0 | 49 | 45 | 3 | 0 | 455 | 115 | 0 |
| Caramel Cold Brew with Sweet Cold Foam - Small | Small | 190 | 2.5 | 1.5 | 0 | 10 | 65 | 38 | 0 | 37 | 33 | 2 | 0 | 317 | 86 | 0 |
| Cold Brew Coffee - Large | Large | 5 | 0 | 0 | 0 | 0 | 20 | 0 | 0 | 0 | 0 | 1 | 0 | 275 | 21 | 0 |
| Cold Brew Coffee - Medium | Medium | 5 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 206 | 15 | 0 |
| Cold Brew Coffee - Small | Small | 5 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 137 | 11 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Cold Brew Coffee | | | | | | | | | | | | | | | | |
| Cold Brew Coffee with Cream - Large | Large | 120 | 12 | 6 | 0 | 35 | 65 | 2 | 0 | 2 | 0 | 2 | 1 | 330 | 75 | 0 |
| Cold Brew Coffee with Cream - Medium | Medium | 90 | 9 | 4.5 | 0 | 25 | 45 | 1 | 0 | 1 | 0 | 2 | 0 | 247 | 55 | 0 |
| Cold Brew Coffee with Cream - Small | Small | 60 | 6 | 3 | 0 | 20 | 30 | 1 | 0 | 1 | 0 | 1 | 0 | 165 | 37 | 0 |
| Cold Brew Coffee with Cream and Sugar - Large | Large | 260 | 12 | 6 | 0 | 35 | 65 | 37 | 0 | 36 | 35 | 2 | 1 | 330 | 75 | 0 |
| Cold Brew Coffee with Cream and Sugar - Medium | Medium | 190 | 9 | 4.5 | 0 | 25 | 45 | 27 | 0 | 27 | 26 | 2 | 0 | 247 | 55 | 0 |
| Cold Brew Coffee with Cream and Sugar - Small | Small | 130 | 6 | 3 | 0 | 20 | 30 | 18 | 0 | 18 | 17 | 1 | 0 | 165 | 38 | 0 |
| Cold Brew Coffee with Oatmilk - Large | Large | 50 | 1.5 | 0 | 0 | 0 | 65 | 8 | 1 | 2 | 1 | 1 | 2 | 397 | 145 | 0 |
| Cold Brew Coffee with Oatmilk - Medium | Medium | 30 | 1 | 0 | 0 | 0 | 45 | 5 | 1 | 1 | 1 | 1 | 1 | 289 | 98 | 0 |
| Cold Brew Coffee with Oatmilk - Small | Small | 15 | 0 | 0 | 0 | 0 | 25 | 3 | 0 | 1 | 0 | 1 | 1 | 181 | 52 | 0 |
| Cold Brew with Sweet Cold Foam and Cream - Large | Large | 230 | 16 | 9 | 0.5 | 50 | 95 | 20 | 0 | 18 | 15 | 3 | 1 | 346 | 110 | 0 |
| Cold Brew with Sweet Cold Foam and Cream - Medium | Medium | 170 | 11 | 6 | 0 | 35 | 65 | 14 | 0 | 12 | 10 | 2 | 0 | 255 | 79 | 0 |
| Cold Brew with Sweet Cold Foam and Cream - Small | Small | 140 | 8 | 4.5 | 0 | 25 | 50 | 13 | 0 | 12 | 10 | 2 | 0 | 183 | 62 | 0 |
| Cold Brew with Sweet Cold Foam, Black - Large | Large | 120 | 4 | 2.5 | 0 | 10 | 50 | 18 | 0 | 16 | 15 | 2 | 0 | 293 | 56 | 0 |
| Cold Brew with Sweet Cold Foam, Black - Medium | Medium | 80 | 3 | 1.5 | 0 | 10 | 35 | 12 | 0 | 11 | 10 | 1 | 0 | 215 | 39 | 0 |
| Cold Brew with Sweet Cold Foam, Black - Small | Small | 80 | 2.5 | 1.5 | 0 | 10 | 30 | 12 | 0 | 11 | 10 | 1 | 0 | 157 | 35 | 0 |
| Nitro Cold Brew Coffee - Small | Small | 5 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 148 | 6 | 0 |
| Nitro Cold Brew with Sweet Cold Foam - Small | Small | 80 | 3 | 1.5 | 0 | 10 | 30 | 12 | 0 | 11 | 10 | 1 | 0 | 222 | 33 | 0 |
| Vanilla Cream Cold Brew - Large | Large | 130 | 12 | 6 | 0 | 35 | 65 | 2 | 0 | 2 | 0 | 2 | 1 | 348 | 75 | 0 |
| Vanilla Cream Cold Brew - Medium | Medium | 100 | 9 | 4.5 | 0 | 25 | 45 | 2 | 0 | 1 | 0 | 2 | 0 | 260 | 56 | 0 |
| Vanilla Cream Cold Brew - Small | Small | 60 | 6 | 3 | 0 | 20 | 30 | 1 | 0 | 1 | 0 | 1 | 0 | 174 | 38 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|-------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Condiments | | | | | | | | | | | | | | | | |
| Butter Packet | 1 Packet | 35 | 4 | 2.5 | 0 | 10 | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--------------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Condiments | | | | | | | | | | | | | | | | |
| Butter Spread with Canola Oil | 1 Portion | 100 | 11 | 4 | 0 | 15 | 85 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 3 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Coolatta® | | | | | | | | | | | | | | | | |
| Blue Raspberry Coolatta® - Large | Large | 460 | 0 | 0 | 0 | 0 | 60 | 112 | 0 | 110 | 110 | 0 | 0 | 9 | 24 | 0 |
| Blue Raspberry Coolatta® - Medium | Medium | 350 | 0 | 0 | 0 | 0 | 45 | 84 | 0 | 83 | 83 | 0 | 0 | 7 | 18 | 0 |
| Blue Raspberry Coolatta® - Small | Small | 230 | 0 | 0 | 0 | 0 | 30 | 56 | 0 | 55 | 55 | 0 | 0 | 4 | 10 | 0 |
| Strawberry Coolatta® - Large | Large | 470 | 0 | 0 | 0 | 0 | 25 | 115 | 1 | 110 | 106 | 0 | 0 | 124 | 32 | 0 |
| Strawberry Coolatta® - Medium | Medium | 350 | 0 | 0 | 0 | 0 | 15 | 86 | 1 | 83 | 80 | 0 | 0 | 93 | 24 | 0 |
| Strawberry Coolatta® - Small | Small | 240 | 0 | 0 | 0 | 0 | 10 | 57 | 1 | 55 | 53 | 0 | 0 | 62 | 16 | 0 |
| Vanilla Bean Coolatta® - Large | Large | 790 | 6 | 3.5 | 0 | 20 | 320 | 172 | 0 | 167 | 150 | 10 | 2 | 456 | 379 | 0 |
| Vanilla Bean Coolatta® - Medium | Medium | 590 | 4.5 | 2.5 | 0 | 15 | 240 | 129 | 0 | 125 | 113 | 7 | 2 | 342 | 284 | 0 |
| Vanilla Bean Coolatta® - Small | Small | 390 | 3 | 1.5 | 0 | 10 | 160 | 86 | 0 | 83 | 75 | 5 | 1 | 228 | 190 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Cream Cheese Spread | | | | | | | | | | | | | | | | |
| Classic Plain Cream Cheese Spread | 1 Unit | 120 | 12 | 8 | 0 | 40 | 200 | 3 | 0 | 3 | 0 | 2 | 0 | 0 | 36 | 0 |
| Garden Veggie Cream Cheese Spread | 1 Unit | 100 | 10 | 6 | 0 | 35 | 200 | 2 | 0 | 1 | 0 | 2 | 0 | 0 | 33 | 0 |
| Strawberry Cream Cheese Spread | 1 Unit | 130 | 10 | 6 | 0 | 30 | 100 | 9 | 0 | 8 | 7 | 2 | 0 | 0 | 32 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|-----------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Donuts | | | | | | | | | | | | | | | | |
| Apple 'n Spice Donut | 1 Donut | 230 | 10 | 4 | 0 | 0 | 300 | 31 | 1 | 10 | 10 | 4 | 1 | 67 | 14 | 2 |
| Apple Crumb Donut | 1 Donut | 290 | 11 | 4.5 | 0 | 0 | 310 | 44 | 1 | 21 | 21 | 5 | 1 | 73 | 12 | 2 |
| Apple Fritter | 1 Fritter | 470 | 28 | 12 | 0 | 0 | 410 | 47 | 2 | 17 | 15 | 6 | 0 | 96 | 25 | 1 |
| Apple Stick | 1 Stick | 470 | 30 | 15 | 0 | 30 | 440 | 50 | 1 | 24 | 23 | 4 | 0 | 78 | 30 | 2 |
| Bavarian Kreme Donut | 1 Donut | 240 | 11 | 4 | 0 | 0 | 310 | 31 | 1 | 11 | 11 | 4 | 1 | 59 | 12 | 2 |
| Bismark | 1 Bismark | 480 | 22 | 9 | 0 | 0 | 470 | 63 | 1 | 34 | 34 | 6 | 2 | 87 | 19 | 3 |
| Boston Kreme Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 320 | 39 | 1 | 18 | 17 | 5 | 1 | 81 | 33 | 2 |

| Donuts | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|---------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Butternut Donut | 1 Donut | 430 | 21 | 10 | 0 | 20 | 320 | 57 | 1 | 34 | 33 | 4 | 0 | 79 | 25 | 2 |
| Chocolate Butternut Donut | 1 Donut | 450 | 24 | 11 | 0 | 0 | 420 | 57 | 1 | 35 | 34 | 4 | 0 | 70 | 26 | 1 |
| Chocolate Crème Donut | 1 Donut | 290 | 14 | 6 | 0 | 0 | 300 | 36 | 1 | 14 | 14 | 5 | 1 | 101 | 14 | 2 |
| Chocolate Dipped French Cruller | 1 Donut | 280 | 15 | 7 | 0 | 50 | 150 | 33 | 0 | 20 | 20 | 3 | 0 | 37 | 13 | 0 |
| Chocolate Frosted Cake Donut | 1 Donut | 360 | 20 | 9 | 0 | 20 | 340 | 41 | 1 | 21 | 20 | 4 | 0 | 85 | 25 | 2 |
| Chocolate Frosted Donut | 1 Donut | 260 | 11 | 4.5 | 0 | 0 | 290 | 34 | 1 | 13 | 13 | 4 | 0 | 75 | 13 | 2 |
| Chocolate Frosted with Sprinkles Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 290 | 36 | 1 | 15 | 14 | 4 | 0 | 75 | 13 | 2 |
| Chocolate Headlight Donut | 1 Donut | 310 | 14 | 6 | 0 | 0 | 310 | 41 | 1 | 19 | 18 | 5 | 0 | 105 | 15 | 2 |
| Chocolate Long John | 1 Long John | 320 | 15 | 6 | 0 | 0 | 400 | 41 | 1 | 16 | 16 | 6 | 2 | 101 | 17 | 3 |
| Cinnamon Donut | 1 Donut | 330 | 20 | 9 | 0 | 20 | 320 | 34 | 1 | 13 | 13 | 4 | 0 | 66 | 27 | 2 |
| Cinnamon Stick | 1 Stick | 430 | 30 | 15 | 0 | 30 | 380 | 39 | 1 | 16 | 15 | 4 | 0 | 63 | 29 | 2 |
| Coconut Donut | 1 Donut | 410 | 21 | 11 | 0 | 20 | 320 | 50 | 1 | 28 | 27 | 4 | 0 | 89 | 25 | 2 |
| Coffee Roll | 1 Coffee Roll | 390 | 19 | 8 | 0 | 0 | 440 | 48 | 2 | 17 | 16 | 7 | 0 | 92 | 27 | 3 |
| Double Chocolate Donut | 1 Donut | 380 | 23 | 11 | 0 | 0 | 430 | 41 | 1 | 22 | 21 | 4 | 0 | 75 | 26 | 1 |
| French Cruller | 1 Donut | 230 | 14 | 7 | 0 | 50 | 135 | 21 | 0 | 10 | 10 | 3 | 0 | 17 | 12 | 0 |
| Frosted Vanilla Crème Donut | 1 Donut | 330 | 16 | 6 | 0 | 0 | 310 | 44 | 1 | 24 | 24 | 5 | 1 | 81 | 13 | 2 |
| Glazed Blueberry Donut | 1 Donut | 350 | 18 | 7 | 0 | 30 | 380 | 44 | 1 | 21 | 21 | 4 | 0 | 68 | 20 | 1 |
| Glazed Chocolate Donut | 1 Donut | 370 | 23 | 10 | 0 | 0 | 420 | 41 | 1 | 21 | 20 | 4 | 0 | 57 | 25 | 1 |
| Glazed Chocolate Stick | 1 Stick | 410 | 25 | 10 | 0 | 0 | 480 | 42 | 2 | 20 | 19 | 4 | 0 | 126 | 31 | 2 |
| Glazed Donut | 1 Donut | 240 | 11 | 4.5 | 0 | 0 | 270 | 33 | 1 | 13 | 12 | 4 | 0 | 56 | 12 | 2 |
| Glazed Jelly Donut | 1 Donut | 280 | 10 | 4 | 0 | 0 | 290 | 44 | 1 | 21 | 20 | 4 | 1 | 60 | 12 | 2 |
| Glazed Jelly Stick | 1 Stick | 540 | 30 | 15 | 0 | 30 | 430 | 66 | 1 | 37 | 36 | 4 | 0 | 67 | 29 | 2 |
| Glazed Stick | 1 Stick | 470 | 30 | 15 | 0 | 30 | 380 | 48 | 1 | 24 | 23 | 4 | 0 | 64 | 27 | 2 |
| Glazed Strawberry Donut | 1 Donut | 280 | 10 | 4 | 0 | 0 | 280 | 44 | 1 | 23 | 23 | 4 | 1 | 67 | 12 | 2 |
| Jelly Donut | 1 Donut | 250 | 10 | 4 | 0 | 0 | 290 | 36 | 1 | 13 | 13 | 4 | 1 | 58 | 13 | 2 |
| Jelly Stick | 1 Stick | 500 | 30 | 15 | 0 | 30 | 420 | 57 | 1 | 29 | 28 | 4 | 0 | 65 | 29 | 2 |
| Lemon Donut | 1 Donut | 230 | 10 | 4 | 0 | 0 | 310 | 31 | 1 | 10 | 10 | 4 | 1 | 59 | 12 | 2 |
| Lemon Stick | 1 Stick | 480 | 30 | 15 | 0 | 30 | 460 | 50 | 1 | 24 | 23 | 4 | 0 | 67 | 28 | 2 |
| Maple Crème Donut | 1 Donut | 290 | 14 | 5 | 0 | 0 | 290 | 38 | 1 | 18 | 18 | 4 | 1 | 61 | 12 | 2 |
| Maple Crème Stick | 1 Stick | 460 | 22 | 9 | 0 | 0 | 440 | 59 | 1 | 34 | 34 | 5 | 2 | 89 | 17 | 2 |
| Maple Frosted Donut | 1 Donut | 260 | 11 | 4.5 | 0 | 0 | 280 | 35 | 1 | 14 | 14 | 4 | 0 | 59 | 12 | 2 |
| Maple Vanilla Crème Donut | 1 Donut | 330 | 15 | 6 | 0 | 0 | 300 | 45 | 1 | 25 | 25 | 4 | 1 | 65 | 12 | 2 |
| Old Fashioned Donut | 1 Donut | 310 | 19 | 9 | 0 | 20 | 320 | 30 | 1 | 10 | 9 | 4 | 0 | 64 | 24 | 2 |
| Peanut Donut | 1 Donut | 470 | 27 | 10 | 0 | 20 | 320 | 50 | 2 | 26 | 25 | 8 | 0 | 162 | 33 | 2 |
| Plain Stick | 1 Stick | 420 | 30 | 15 | 0 | 30 | 380 | 36 | 1 | 13 | 12 | 4 | 0 | 62 | 27 | 2 |
| Powdered Donut | 1 Donut | 330 | 20 | 9 | 0 | 20 | 320 | 34 | 1 | 14 | 13 | 4 | 0 | 64 | 24 | 2 |
| Powdered Stick | 1 Stick | 440 | 30 | 15 | 0 | 30 | 380 | 42 | 1 | 18 | 17 | 4 | 0 | 62 | 27 | 2 |
| Sour Cream Donut | 1 Donut | 360 | 17 | 7 | 0 | 10 | 360 | 49 | 1 | 25 | 25 | 4 | 0 | 16 | 15 | 1 |
| Strawberry Frosted Donut | 1 Donut | 260 | 11 | 4.5 | 0 | 0 | 280 | 35 | 1 | 14 | 14 | 4 | 0 | 59 | 12 | 2 |
| Strawberry Frosted with Sprinkles Donut | 1 Donut | 270 | 12 | 5 | 0 | 0 | 280 | 37 | 1 | 16 | 15 | 4 | 0 | 59 | 12 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Donuts | | | | | | | | | | | | | | | | |
| Sugared Donut | 1 Donut | 210 | 11 | 4.5 | 0 | 0 | 270 | 24 | 1 | 5 | 4 | 4 | 0 | 55 | 12 | 2 |
| Sugared Stick | 1 Stick | 430 | 30 | 15 | 0 | 30 | 380 | 39 | 1 | 16 | 15 | 4 | 0 | 62 | 27 | 2 |
| Taillight Donut | 1 Donut | 320 | 15 | 6 | 0 | 0 | 310 | 41 | 1 | 21 | 20 | 4 | 0 | 78 | 13 | 2 |
| Toasted Coconut Donut | 1 Donut | 430 | 22 | 11 | 0 | 20 | 360 | 52 | 3 | 29 | 28 | 5 | 1 | 97 | 27 | 2 |
| Vanilla Crème Donut | 1 Donut | 300 | 15 | 6 | 0 | 0 | 290 | 37 | 1 | 18 | 17 | 4 | 1 | 61 | 12 | 2 |
| Vanilla Frosted Donut | 1 Donut | 260 | 11 | 4.5 | 0 | 0 | 280 | 34 | 1 | 14 | 13 | 4 | 0 | 58 | 12 | 2 |
| Vanilla Frosted Sprinkles Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 280 | 37 | 1 | 16 | 15 | 4 | 0 | 60 | 12 | 2 |
| Vanilla Headlight Donut | 1 Donut | 310 | 15 | 6 | 0 | 0 | 310 | 41 | 1 | 21 | 20 | 4 | 0 | 78 | 13 | 2 |
| Vanilla Long John | 1 Long John | 320 | 15 | 6 | 0 | 0 | 400 | 42 | 1 | 17 | 16 | 5 | 2 | 81 | 16 | 2 |
| Éclair | 1 Éclair | 360 | 16 | 6 | 0 | 0 | 470 | 50 | 1 | 23 | 22 | 6 | 2 | 108 | 49 | 3 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Donuts - Regional | | | | | | | | | | | | | | | | |
| Apple Streusel Donut | 1 Donut | 310 | 12 | 4.5 | 0 | 0 | 310 | 46 | 1 | 23 | 23 | 5 | 1 | 72 | 13 | 2 |
| Chocolate Coconut Donut | 1 Donut | 430 | 25 | 12 | 0 | 0 | 420 | 50 | 1 | 29 | 28 | 4 | 0 | 80 | 26 | 1 |
| Chocolate Crème Stick | 1 Stick | 460 | 23 | 9 | 0 | 0 | 450 | 58 | 2 | 33 | 33 | 6 | 2 | 108 | 18 | 3 |
| Crème Delight Donut | 1 Donut | 330 | 16 | 6 | 0 | 0 | 310 | 44 | 1 | 24 | 24 | 5 | 1 | 81 | 13 | 2 |
| French Apple Donut | 1 Donut | 270 | 10 | 4 | 0 | 0 | 310 | 40 | 1 | 19 | 18 | 4 | 1 | 69 | 12 | 2 |
| Glazed Lemon Donut | 1 Donut | 270 | 10 | 4 | 0 | 0 | 310 | 40 | 1 | 19 | 18 | 4 | 1 | 62 | 12 | 2 |
| Indy Crème Donut | 1 Donut | 330 | 16 | 6 | 0 | 0 | 310 | 44 | 1 | 24 | 24 | 5 | 1 | 81 | 13 | 2 |
| Maple Long John Donut | 1 Donut | 320 | 15 | 6 | 0 | 0 | 400 | 42 | 1 | 18 | 17 | 5 | 2 | 81 | 16 | 2 |
| Marble Frosted Donut | 1 Donut | 270 | 11 | 4.5 | 0 | 0 | 290 | 37 | 1 | 16 | 16 | 4 | 0 | 63 | 12 | 2 |
| New Yorker Donut | 1 Donut | 330 | 16 | 6 | 0 | 0 | 310 | 44 | 1 | 24 | 24 | 5 | 1 | 81 | 13 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Dunkin' Refreshers | | | | | | | | | | | | | | | | |
| Mango Pineapple Dunkin' Refresher - Large | Large | 170 | 0 | 0 | 0 | 0 | 25 | 42 | 0 | 39 | 39 | 1 | 0 | 34 | 17 | 0 |
| Mango Pineapple Dunkin' Refresher - Medium | Medium | 130 | 0 | 0 | 0 | 0 | 15 | 32 | 0 | 29 | 29 | 1 | 0 | 25 | 12 | 0 |
| Mango Pineapple Dunkin' Refresher - Small | Small | 90 | 0 | 0 | 0 | 0 | 10 | 21 | 0 | 19 | 19 | 0 | 0 | 17 | 9 | 0 |
| Strawberry Dragonfruit Dunkin' Refresher - Large | Large | 170 | 0 | 0 | 0 | 0 | 20 | 39 | 0 | 37 | 37 | 1 | 0 | 33 | 16 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Dunkin' Refreshers | | | | | | | | | | | | | | | | |
| Strawberry Dragonfruit Dunkin' Refresher - Medium | Medium | 130 | 0 | 0 | 0 | 0 | 15 | 29 | 0 | 27 | 27 | 1 | 0 | 24 | 10 | 0 |
| Strawberry Dragonfruit Dunkin' Refresher - Small | Small | 80 | 0 | 0 | 0 | 0 | 10 | 19 | 0 | 18 | 18 | 0 | 0 | 16 | 8 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Chocolate | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Frozen Chocolate - Large | Large | 900 | 17 | 13 | 0 | 40 | 570 | 175 | 1 | 162 | 144 | 12 | 3 | 657 | 419 | 0 |
| Butter Pecan Swirl Frozen Chocolate - Medium | Medium | 700 | 14 | 10 | 0 | 30 | 430 | 134 | 1 | 124 | 111 | 9 | 2 | 513 | 322 | 0 |
| Butter Pecan Swirl Frozen Chocolate - Small | Small | 500 | 11 | 8 | 0 | 25 | 290 | 95 | 1 | 87 | 77 | 6 | 1 | 372 | 227 | 0 |
| Caramel Swirl Frozen Chocolate - Large | Large | 900 | 17 | 12 | 0 | 40 | 380 | 176 | 1 | 165 | 148 | 11 | 3 | 825 | 392 | 0 |
| Caramel Swirl Frozen Chocolate - Medium | Medium | 700 | 14 | 10 | 0 | 35 | 290 | 135 | 1 | 126 | 114 | 9 | 2 | 639 | 302 | 0 |
| Caramel Swirl Frozen Chocolate - Small | Small | 500 | 11 | 8 | 0 | 30 | 200 | 95 | 1 | 88 | 80 | 6 | 1 | 456 | 213 | 0 |
| French Vanilla Swirl Frozen Chocolate - Large | Large | 900 | 17 | 12 | 0 | 40 | 370 | 175 | 1 | 162 | 144 | 11 | 3 | 788 | 372 | 0 |
| French Vanilla Swirl Frozen Chocolate - Medium | Medium | 700 | 14 | 10 | 0 | 35 | 280 | 135 | 1 | 124 | 111 | 9 | 2 | 612 | 287 | 0 |
| French Vanilla Swirl Frozen Chocolate - Small | Small | 500 | 11 | 8 | 0 | 30 | 190 | 95 | 1 | 87 | 77 | 6 | 1 | 438 | 204 | 0 |
| Frozen Chocolate - Large | Large | 890 | 18 | 13 | 0 | 35 | 330 | 175 | 4 | 158 | 148 | 10 | 3 | 829 | 281 | 2 |
| Frozen Chocolate - Medium | Medium | 690 | 15 | 10 | 0 | 30 | 250 | 134 | 3 | 121 | 113 | 7 | 2 | 643 | 214 | 2 |
| Frozen Chocolate - Small | Small | 490 | 11 | 8 | 0 | 25 | 170 | 94 | 2 | 84 | 79 | 5 | 1 | 458 | 149 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Coffee | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Frozen Coffee with Cream - Large | Large | 1050 | 35 | 19 | 1 | 110 | 460 | 175 | 0 | 168 | 156 | 10 | 2 | 627 | 326 | 0 |
| Butter Pecan Swirl Frozen Coffee with Cream - Medium | Medium | 780 | 26 | 14 | 1 | 80 | 350 | 131 | 0 | 126 | 117 | 7 | 1 | 471 | 244 | 0 |
| Butter Pecan Swirl Frozen Coffee with Cream - Small | Small | 520 | 17 | 9 | 0.5 | 55 | 230 | 88 | 0 | 84 | 78 | 5 | 1 | 314 | 163 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Coffee | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Frozen Coffee with Skim Milk - Large | Large | 760 | 0 | 0 | 0 | 5 | 410 | 179 | 0 | 172 | 156 | 11 | 2 | 668 | 385 | 0 |
| Butter Pecan Swirl Frozen Coffee with Skim Milk - Medium | Medium | 570 | 0 | 0 | 0 | 5 | 310 | 134 | 0 | 129 | 117 | 8 | 2 | 501 | 289 | 0 |
| Butter Pecan Swirl Frozen Coffee with Skim Milk - Small | Small | 380 | 0 | 0 | 0 | 0 | 210 | 90 | 0 | 86 | 78 | 5 | 1 | 334 | 193 | 0 |
| Butter Pecan Swirl Frozen Coffee with Whole Milk - Large | Large | 810 | 6 | 3.5 | 0 | 20 | 410 | 179 | 0 | 171 | 156 | 10 | 2 | 623 | 368 | 0 |
| Butter Pecan Swirl Frozen Coffee with Whole Milk - Medium | Medium | 610 | 4.5 | 2.5 | 0 | 15 | 310 | 134 | 0 | 129 | 117 | 8 | 2 | 467 | 276 | 0 |
| Butter Pecan Swirl Frozen Coffee with Whole Milk - Small | Small | 410 | 3 | 2 | 0 | 10 | 210 | 89 | 0 | 86 | 78 | 5 | 1 | 312 | 184 | 0 |
| Caramel Swirl Frozen Coffee with Cream - Large | Large | 1000 | 35 | 18 | 1 | 110 | 270 | 164 | 0 | 158 | 148 | 9 | 2 | 794 | 298 | 0 |
| Caramel Swirl Frozen Coffee with Cream - Medium | Medium | 750 | 26 | 14 | 1 | 85 | 210 | 123 | 0 | 119 | 111 | 7 | 1 | 595 | 224 | 0 |
| Caramel Swirl Frozen Coffee with Cream - Small | Small | 500 | 17 | 9 | 0.5 | 55 | 135 | 82 | 0 | 79 | 74 | 5 | 1 | 397 | 149 | 0 |
| Caramel Swirl Frozen Coffee with Skim Milk - Large | Large | 720 | 0 | 0 | 0 | 10 | 220 | 168 | 0 | 162 | 148 | 10 | 2 | 834 | 358 | 0 |
| Caramel Swirl Frozen Coffee with Skim Milk - Medium | Medium | 540 | 0 | 0 | 0 | 5 | 170 | 126 | 0 | 122 | 111 | 8 | 2 | 626 | 268 | 0 |
| Caramel Swirl Frozen Coffee with Skim Milk - Small | Small | 360 | 0 | 0 | 0 | 5 | 110 | 84 | 0 | 81 | 74 | 5 | 1 | 417 | 179 | 0 |
| Caramel Swirl Frozen Coffee with Whole Milk - Large | Large | 770 | 6 | 3.5 | 0 | 25 | 220 | 168 | 0 | 162 | 148 | 10 | 2 | 789 | 341 | 0 |
| Caramel Swirl Frozen Coffee with Whole Milk - Medium | Medium | 580 | 4.5 | 2.5 | 0 | 15 | 170 | 126 | 0 | 122 | 111 | 7 | 2 | 592 | 256 | 0 |
| Caramel Swirl Frozen Coffee with Whole Milk - Small | Small | 380 | 3 | 1.5 | 0 | 10 | 110 | 84 | 0 | 81 | 74 | 5 | 1 | 395 | 170 | 0 |
| French Vanilla Swirl Frozen Coffee with Cream - Large | Large | 1000 | 35 | 18 | 1 | 110 | 260 | 163 | 0 | 156 | 144 | 9 | 2 | 757 | 279 | 0 |
| French Vanilla Swirl Frozen Coffee with Cream - Medium | Medium | 750 | 26 | 14 | 1 | 85 | 200 | 123 | 0 | 117 | 108 | 7 | 1 | 568 | 209 | 0 |
| French Vanilla Swirl Frozen Coffee with Cream - Small | Small | 500 | 17 | 9 | 0.5 | 55 | 130 | 82 | 0 | 78 | 72 | 5 | 1 | 379 | 140 | 0 |
| French Vanilla Swirl Frozen Coffee with Skim Milk - Large | Large | 710 | 0 | 0 | 0 | 10 | 210 | 167 | 0 | 160 | 144 | 10 | 2 | 798 | 338 | 0 |
| French Vanilla Swirl Frozen Coffee with Skim Milk - Medium | Medium | 540 | 0 | 0 | 0 | 5 | 160 | 126 | 0 | 120 | 108 | 8 | 2 | 598 | 254 | 0 |
| French Vanilla Swirl Frozen Coffee with Skim Milk - Small | Small | 360 | 0 | 0 | 0 | 5 | 105 | 84 | 0 | 80 | 72 | 5 | 1 | 399 | 169 | 0 |
| French Vanilla Swirl Frozen Coffee with Whole Milk - Large | Large | 760 | 6 | 3.5 | 0 | 25 | 210 | 167 | 0 | 160 | 144 | 10 | 2 | 753 | 321 | 0 |
| French Vanilla Swirl Frozen Coffee with Whole Milk - Medium | Medium | 570 | 4.5 | 2.5 | 0 | 15 | 160 | 125 | 0 | 120 | 108 | 7 | 2 | 565 | 241 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Coffee | | | | | | | | | | | | | | | | |
| French Vanilla Swirl Frozen Coffee with Whole Milk - Small | Small | 380 | 3 | 1.5 | 0 | 10 | 105 | 84 | 0 | 80 | 72 | 5 | 1 | 376 | 161 | 0 |
| Frozen Coffee with Cream - Large | Large | 780 | 35 | 18 | 1 | 105 | 200 | 113 | 0 | 108 | 103 | 7 | 2 | 1841 | 204 | 2 |
| Frozen Coffee with Cream - Medium | Medium | 590 | 26 | 14 | 1 | 80 | 150 | 85 | 0 | 81 | 77 | 5 | 1 | 1381 | 153 | 2 |
| Frozen Coffee with Cream - Small | Small | 390 | 17 | 9 | 0.5 | 55 | 100 | 57 | 0 | 54 | 51 | 3 | 1 | 920 | 102 | 1 |
| Frozen Coffee with Skim Milk - Large | Large | 500 | 0 | 0 | 0 | 5 | 150 | 117 | 0 | 112 | 103 | 8 | 2 | 1881 | 263 | 2 |
| Frozen Coffee with Skim Milk - Medium | Medium | 370 | 0 | 0 | 0 | 5 | 115 | 88 | 0 | 84 | 77 | 6 | 2 | 1411 | 198 | 2 |
| Frozen Coffee with Skim Milk - Small | Small | 250 | 0 | 0 | 0 | 0 | 75 | 59 | 0 | 56 | 51 | 4 | 1 | 941 | 132 | 1 |
| Frozen Coffee with Whole Milk - Large | Large | 550 | 6 | 3.5 | 0 | 20 | 150 | 117 | 0 | 111 | 103 | 7 | 2 | 1836 | 246 | 2 |
| Frozen Coffee with Whole Milk - Medium | Medium | 410 | 4.5 | 2.5 | 0 | 15 | 115 | 88 | 0 | 84 | 77 | 5 | 2 | 1377 | 185 | 2 |
| Frozen Coffee with Whole Milk - Small | Small | 270 | 3 | 1.5 | 0 | 10 | 75 | 58 | 0 | 56 | 51 | 4 | 1 | 918 | 123 | 1 |
| Mocha Swirl Frozen Coffee with Cream - Large | Large | 990 | 35 | 19 | 1 | 105 | 240 | 163 | 2 | 153 | 148 | 8 | 2 | 798 | 206 | 2 |
| Mocha Swirl Frozen Coffee with Cream - Medium | Medium | 740 | 27 | 14 | 1 | 80 | 180 | 122 | 2 | 115 | 111 | 6 | 1 | 598 | 155 | 2 |
| Mocha Swirl Frozen Coffee with Cream - Small | Small | 490 | 18 | 9 | 0.5 | 55 | 120 | 81 | 1 | 76 | 74 | 4 | 1 | 399 | 103 | 1 |
| Mocha Swirl Frozen Coffee with Skim Milk - Large | Large | 700 | 1 | 0.5 | 0 | 5 | 190 | 167 | 2 | 157 | 148 | 9 | 2 | 838 | 265 | 2 |
| Mocha Swirl Frozen Coffee with Skim Milk - Medium | Medium | 530 | 0.5 | 0 | 0 | 5 | 140 | 125 | 2 | 118 | 111 | 7 | 2 | 629 | 199 | 1 |
| Mocha Swirl Frozen Coffee with Skim Milk - Small | Small | 350 | 0 | 0 | 0 | 0 | 95 | 83 | 1 | 78 | 74 | 5 | 1 | 419 | 133 | 1 |
| Mocha Swirl Frozen Coffee with Whole Milk - Large | Large | 750 | 7 | 4 | 0 | 20 | 190 | 167 | 2 | 156 | 148 | 9 | 2 | 793 | 248 | 2 |
| Mocha Swirl Frozen Coffee with Whole Milk - Medium | Medium | 570 | 5 | 3 | 0 | 15 | 140 | 125 | 2 | 117 | 111 | 6 | 2 | 595 | 186 | 1 |
| Mocha Swirl Frozen Coffee with Whole Milk - Small | Small | 380 | 3.5 | 2 | 0 | 10 | 95 | 83 | 1 | 78 | 74 | 4 | 1 | 397 | 124 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|----------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Specialty | | | | | | | | | | | | | | | | |
| Frozen Chai Latte - Large | Large | 690 | 12 | 7 | 0 | 35 | 220 | 132 | 2 | 129 | 111 | 12 | 5 | 567 | 434 | 1 |
| Frozen Chai Latte - Medium | Medium | 520 | 9 | 5 | 0 | 25 | 160 | 99 | 2 | 96 | 83 | 9 | 4 | 426 | 325 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Frozen Specialty | | | | | | | | | | | | | | | | |
| Frozen Chai Latte - Small | Small | 350 | 6 | 3.5 | 0 | 20 | 110 | 66 | 1 | 64 | 55 | 6 | 2 | 284 | 217 | 0 |
| Frozen Matcha Latte with Skim Milk - Large | Large | 480 | 0 | 0 | 0 | 5 | 95 | 111 | 2 | 109 | 100 | 8 | 6 | 293 | 242 | 0 |
| Frozen Matcha Latte with Skim Milk - Medium | Medium | 360 | 0 | 0 | 0 | 5 | 70 | 83 | 1 | 82 | 75 | 6 | 5 | 220 | 182 | 0 |
| Frozen Matcha Latte with Skim Milk - Small | Small | 240 | 0 | 0 | 0 | 0 | 50 | 55 | 1 | 54 | 50 | 4 | 3 | 146 | 121 | 0 |
| Frozen Matcha Latte with Whole Milk - Large | Large | 530 | 6 | 3.5 | 0 | 20 | 95 | 110 | 2 | 109 | 100 | 8 | 6 | 248 | 225 | 0 |
| Frozen Matcha Latte with Whole Milk - Medium | Medium | 390 | 4.5 | 2.5 | 0 | 15 | 75 | 83 | 1 | 81 | 75 | 6 | 5 | 186 | 169 | 0 |
| Frozen Matcha Latte with Whole Milk - Small | Small | 260 | 3 | 1.5 | 0 | 10 | 50 | 55 | 1 | 54 | 50 | 4 | 3 | 124 | 113 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hash Browns | | | | | | | | | | | | | | | | |
| Hash Browns | 6 Pieces | 110 | 6 | 1.5 | 0 | 0 | 360 | 13 | 1 | 1 | 0 | 1 | 0 | 187 | 6 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|----------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Americano | | | | | | | | | | | | | | | | |
| Americano - Large | Large | 10 | 0 | 0 | 0 | 0 | 30 | 2 | 0 | 0 | 0 | 0 | 0 | 142 | 15 | 0 |
| Americano - Medium | Medium | 10 | 0 | 0 | 0 | 0 | 25 | 2 | 0 | 0 | 0 | 0 | 0 | 118 | 12 | 0 |
| Americano - Small | Small | 5 | 0 | 0 | 0 | 0 | 15 | 1 | 0 | 0 | 0 | 0 | 0 | 94 | 7 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Cappuccino | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Hot Cappuccino with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 5 | 370 | 64 | 0 | 60 | 42 | 11 | 3 | 653 | 431 | 0 |
| Butter Pecan Swirl Hot Cappuccino with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 280 | 48 | 0 | 45 | 31 | 9 | 2 | 485 | 323 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Cappuccino | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Hot Cappuccino with Skim Milk - Small | Small | 150 | 0 | 0 | 0 | 5 | 190 | 32 | 0 | 30 | 21 | 6 | 1 | 326 | 215 | 0 |
| Butter Pecan Swirl Hot Cappuccino with Whole Milk - Large | Large | 370 | 8 | 4.5 | 0 | 25 | 370 | 63 | 0 | 60 | 42 | 11 | 3 | 593 | 408 | 0 |
| Butter Pecan Swirl Hot Cappuccino with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 280 | 47 | 0 | 45 | 31 | 8 | 2 | 440 | 306 | 0 |
| Butter Pecan Swirl Hot Cappuccino with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 190 | 32 | 0 | 30 | 21 | 5 | 2 | 297 | 204 | 0 |
| Cappuccino with Skim Milk - Large | Large | 90 | 0 | 0 | 0 | 5 | 115 | 13 | 0 | 12 | 0 | 8 | 3 | 474 | 300 | 0 |
| Cappuccino with Skim Milk - Medium | Medium | 70 | 0 | 0 | 0 | 5 | 85 | 10 | 0 | 9 | 0 | 6 | 2 | 351 | 225 | 0 |
| Cappuccino with Skim Milk - Small | Small | 45 | 0 | 0 | 0 | 0 | 55 | 7 | 0 | 6 | 0 | 4 | 1 | 237 | 150 | 0 |
| Cappuccino with Skim Milk and Sugar - Large | Large | 230 | 0 | 0 | 0 | 5 | 115 | 48 | 0 | 47 | 35 | 8 | 3 | 475 | 301 | 0 |
| Cappuccino with Skim Milk and Sugar - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 85 | 36 | 0 | 35 | 26 | 6 | 2 | 351 | 225 | 0 |
| Cappuccino with Skim Milk and Sugar - Small | Small | 110 | 0 | 0 | 0 | 0 | 55 | 24 | 0 | 23 | 17 | 4 | 1 | 237 | 150 | 0 |
| Cappuccino with Whole Milk - Large | Large | 160 | 8 | 4.5 | 0 | 25 | 115 | 13 | 0 | 12 | 0 | 8 | 3 | 414 | 277 | 0 |
| Cappuccino with Whole Milk - Medium | Medium | 120 | 6 | 3.5 | 0 | 20 | 85 | 10 | 0 | 9 | 0 | 6 | 2 | 306 | 208 | 0 |
| Cappuccino with Whole Milk - Small | Small | 80 | 4 | 2.5 | 0 | 10 | 60 | 7 | 0 | 6 | 0 | 4 | 2 | 207 | 139 | 0 |
| Cappuccino with Whole Milk and Sugar - Large | Large | 290 | 8 | 4.5 | 0 | 25 | 115 | 48 | 0 | 46 | 35 | 8 | 3 | 415 | 278 | 0 |
| Cappuccino with Whole Milk and Sugar - Medium | Medium | 220 | 6 | 3.5 | 0 | 20 | 85 | 36 | 0 | 35 | 26 | 6 | 2 | 306 | 208 | 0 |
| Cappuccino with Whole Milk and Sugar - Small | Small | 150 | 4 | 2.5 | 0 | 10 | 60 | 24 | 0 | 23 | 17 | 4 | 2 | 207 | 139 | 0 |
| Caramel Swirl Hot Cappuccino with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 180 | 65 | 0 | 63 | 46 | 11 | 3 | 821 | 404 | 0 |
| Caramel Swirl Hot Cappuccino with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 135 | 49 | 0 | 47 | 35 | 8 | 2 | 611 | 303 | 0 |
| Caramel Swirl Hot Cappuccino with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 90 | 33 | 0 | 32 | 23 | 6 | 1 | 410 | 202 | 0 |
| Caramel Swirl Hot Cappuccino with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 30 | 180 | 65 | 0 | 63 | 46 | 11 | 3 | 761 | 381 | 0 |
| Caramel Swirl Hot Cappuccino with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 135 | 48 | 0 | 47 | 35 | 8 | 2 | 566 | 285 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Cappuccino | | | | | | | | | | | | | | | | |
| Caramel Swirl Hot Cappuccino with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 90 | 32 | 0 | 31 | 23 | 5 | 2 | 380 | 190 | 0 |
| French Vanilla Swirl Hot Cappuccino with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 170 | 65 | 0 | 61 | 42 | 11 | 3 | 784 | 384 | 0 |
| French Vanilla Swirl Hot Cappuccino with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 130 | 48 | 0 | 46 | 31 | 8 | 2 | 584 | 288 | 0 |
| French Vanilla Swirl Hot Cappuccino with Skim Milk - Small | Small | 150 | 0 | 0 | 0 | 5 | 85 | 32 | 0 | 30 | 21 | 5 | 1 | 392 | 192 | 0 |
| French Vanilla Swirl Hot Cappuccino with Whole Milk - Large | Large | 370 | 8 | 4.5 | 0 | 30 | 170 | 64 | 0 | 60 | 42 | 10 | 3 | 724 | 361 | 0 |
| French Vanilla Swirl Hot Cappuccino with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 130 | 48 | 0 | 45 | 31 | 8 | 2 | 539 | 271 | 0 |
| French Vanilla Swirl Hot Cappuccino with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 85 | 32 | 0 | 30 | 21 | 5 | 2 | 362 | 181 | 0 |
| Mocha Swirl Hot Cappuccino with Skim Milk - Large | Large | 300 | 1 | 0.5 | 0 | 5 | 140 | 64 | 2 | 58 | 46 | 10 | 3 | 825 | 311 | 2 |
| Mocha Swirl Hot Cappuccino with Skim Milk - Medium | Medium | 220 | 1 | 0.5 | 0 | 5 | 105 | 48 | 2 | 43 | 34 | 7 | 2 | 614 | 233 | 1 |
| Mocha Swirl Hot Cappuccino with Skim Milk - Small | Small | 150 | 0.5 | 0 | 0 | 0 | 70 | 32 | 1 | 29 | 23 | 5 | 1 | 412 | 156 | 1 |
| Mocha Swirl Hot Cappuccino with Whole Milk - Large | Large | 360 | 9 | 5 | 0 | 25 | 140 | 63 | 2 | 57 | 46 | 9 | 3 | 765 | 288 | 2 |
| Mocha Swirl Hot Cappuccino with Whole Milk - Medium | Medium | 270 | 7 | 4 | 0 | 20 | 110 | 48 | 2 | 43 | 34 | 7 | 2 | 569 | 216 | 1 |
| Mocha Swirl Hot Cappuccino with Whole Milk - Small | Small | 180 | 4.5 | 2.5 | 0 | 10 | 70 | 32 | 1 | 29 | 23 | 5 | 2 | 382 | 144 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Chocolate | | | | | | | | | | | | | | | | |
| Box 'O Joe(R) Hot Chocolate | 1 Small Cup | 220 | 7 | 6 | 0 | 0 | 210 | 40 | 2 | 32 | 31 | 2 | 0 | 150 | 34 | 0 |
| Hot Chocolate with Espresso Shot - Large | Large | 400 | 12 | 11 | 0 | 0 | 390 | 71 | 3 | 55 | 53 | 3 | 0 | 354 | 61 | 1 |
| Hot Chocolate with Espresso Shot - Medium | Medium | 280 | 9 | 8 | 0 | 0 | 280 | 51 | 2 | 39 | 38 | 2 | 0 | 251 | 43 | 0 |
| Hot Chocolate with Espresso Shot - Small | Small | 190 | 6 | 5 | 0 | 0 | 190 | 35 | 1 | 27 | 26 | 2 | 0 | 173 | 30 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Chocolate | | | | | | | | | | | | | | | | |
| Original Hot Chocolate - Extra Large | XLarge | 500 | 15 | 14 | 0 | 0 | 480 | 89 | 3 | 71 | 68 | 4 | 0 | 335 | 76 | 1 |
| Original Hot Chocolate - Large | Large | 460 | 14 | 13 | 0 | 0 | 440 | 82 | 3 | 65 | 63 | 4 | 0 | 308 | 70 | 1 |
| Original Hot Chocolate - Medium | Medium | 330 | 10 | 9 | 0 | 0 | 320 | 59 | 2 | 46 | 45 | 3 | 0 | 220 | 50 | 0 |
| Original Hot Chocolate - Small | Small | 220 | 7 | 6 | 0 | 0 | 210 | 40 | 2 | 32 | 31 | 2 | 0 | 150 | 34 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Coffee | | | | | | | | | | | | | | | | |
| Box 'O Joe® | 1 Small Cup | 5 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 155 | 6 | 0 |
| Butter Pecan Swirl Hot Coffee with Black - Extra Large | XLarge | 270 | 0 | 0 | 0 | 0 | 330 | 63 | 0 | 60 | 52 | 5 | 0 | 502 | 174 | 0 |
| Butter Pecan Swirl Hot Coffee with Black - Large | Large | 220 | 0 | 0 | 0 | 0 | 270 | 50 | 0 | 48 | 42 | 4 | 0 | 412 | 140 | 0 |
| Butter Pecan Swirl Hot Coffee with Black - Medium | Medium | 170 | 0 | 0 | 0 | 0 | 200 | 38 | 0 | 36 | 31 | 3 | 0 | 322 | 106 | 0 |
| Butter Pecan Swirl Hot Coffee with Black - Small | Small | 110 | 0 | 0 | 0 | 0 | 135 | 25 | 0 | 24 | 21 | 2 | 0 | 232 | 71 | 0 |
| Butter Pecan Swirl Hot Coffee with Cream - Extra Large | XLarge | 420 | 15 | 8 | 0 | 45 | 390 | 65 | 0 | 62 | 52 | 7 | 1 | 572 | 242 | 0 |
| Butter Pecan Swirl Hot Coffee with Cream - Large | Large | 330 | 12 | 6 | 0 | 35 | 310 | 52 | 0 | 50 | 42 | 5 | 1 | 468 | 194 | 0 |
| Butter Pecan Swirl Hot Coffee with Cream - Medium | Medium | 250 | 9 | 4.5 | 0 | 30 | 230 | 39 | 0 | 37 | 31 | 4 | 0 | 364 | 146 | 0 |
| Butter Pecan Swirl Hot Coffee with Cream - Small | Small | 170 | 6 | 3 | 0 | 20 | 160 | 26 | 0 | 25 | 21 | 3 | 0 | 260 | 98 | 0 |
| Caramel Swirl Hot Coffee with Black - Extra Large | XLarge | 280 | 0 | 0 | 0 | 5 | 95 | 64 | 0 | 64 | 58 | 4 | 0 | 712 | 140 | 0 |
| Caramel Swirl Hot Coffee with Black - Large | Large | 230 | 0 | 0 | 0 | 5 | 75 | 52 | 0 | 51 | 46 | 3 | 0 | 580 | 113 | 0 |
| Caramel Swirl Hot Coffee with Black - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 60 | 39 | 0 | 38 | 35 | 3 | 0 | 448 | 85 | 0 |
| Caramel Swirl Hot Coffee with Black - Small | Small | 110 | 0 | 0 | 0 | 0 | 40 | 26 | 0 | 26 | 23 | 2 | 0 | 316 | 57 | 0 |
| Caramel Swirl Hot Coffee with Cream - Extra Large | XLarge | 420 | 15 | 8 | 0 | 50 | 150 | 67 | 0 | 66 | 58 | 6 | 1 | 782 | 208 | 0 |
| Caramel Swirl Hot Coffee with Cream - Large | Large | 340 | 12 | 6 | 0 | 40 | 120 | 53 | 0 | 53 | 46 | 5 | 1 | 636 | 167 | 0 |
| Caramel Swirl Hot Coffee with Cream - Medium | Medium | 260 | 9 | 4.5 | 0 | 30 | 90 | 40 | 0 | 40 | 35 | 4 | 0 | 490 | 126 | 0 |
| Caramel Swirl Hot Coffee with Cream - Small | Small | 170 | 6 | 3 | 0 | 20 | 60 | 27 | 0 | 26 | 23 | 3 | 0 | 344 | 84 | 0 |

| Hot Coffee | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| French Vanilla Swirl Hot Coffee - Extra Large | XLarge | 280 | 0 | 0 | 0 | 5 | 85 | 64 | 0 | 61 | 52 | 4 | 0 | 666 | 116 | 0 |
| French Vanilla Swirl Hot Coffee - Large | Large | 220 | 0 | 0 | 0 | 5 | 70 | 51 | 0 | 49 | 42 | 3 | 0 | 543 | 93 | 0 |
| French Vanilla Swirl Hot Coffee - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 50 | 38 | 0 | 37 | 31 | 2 | 0 | 420 | 71 | 0 |
| French Vanilla Swirl Hot Coffee - Small | Small | 110 | 0 | 0 | 0 | 0 | 35 | 26 | 0 | 24 | 21 | 2 | 0 | 298 | 48 | 0 |
| French Vanilla Swirl Hot Coffee with Cream - Extra Large | XLarge | 420 | 15 | 8 | 0 | 50 | 135 | 66 | 0 | 63 | 52 | 6 | 1 | 736 | 184 | 0 |
| French Vanilla Swirl Hot Coffee with Cream - Large | Large | 340 | 12 | 6 | 0 | 40 | 110 | 53 | 0 | 50 | 42 | 5 | 1 | 599 | 147 | 0 |
| French Vanilla Swirl Hot Coffee with Cream - Medium | Medium | 250 | 9 | 4.5 | 0 | 30 | 85 | 40 | 0 | 38 | 31 | 4 | 0 | 463 | 111 | 0 |
| French Vanilla Swirl Hot Coffee with Cream - Small | Small | 170 | 6 | 3 | 0 | 20 | 55 | 26 | 0 | 25 | 21 | 2 | 0 | 326 | 75 | 0 |
| Hot Coffee - Extra Large | XLarge | 5 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 | 1 | 0 | 311 | 13 | 0 |
| Hot Coffee - Large | Large | 5 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 1 | 0 | 259 | 11 | 0 |
| Hot Coffee - Medium | Medium | 5 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 1 | 0 | 207 | 8 | 0 |
| Hot Coffee - Small | Small | 5 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 155 | 6 | 0 |
| Hot Coffee with AlmondMilk - Extra Large | XLarge | 45 | 1.5 | 0 | 0 | 0 | 85 | 7 | 0 | 7 | 6 | 1 | 1 | 344 | 243 | 0 |
| Hot Coffee with AlmondMilk - Large | Large | 35 | 1 | 0 | 0 | 0 | 65 | 5 | 0 | 5 | 5 | 1 | 1 | 284 | 183 | 0 |
| Hot Coffee with AlmondMilk - Medium | Medium | 25 | 0.5 | 0 | 0 | 0 | 45 | 4 | 0 | 3 | 3 | 1 | 1 | 198 | 123 | 0 |
| Hot Coffee with AlmondMilk - Small | Small | 15 | 0 | 0 | 0 | 0 | 25 | 2 | 0 | 2 | 2 | 0 | 0 | 138 | 63 | 0 |
| Hot Coffee with Cream - Extra Large | XLarge | 150 | 15 | 8 | 0 | 45 | 65 | 2 | 0 | 2 | 0 | 3 | 1 | 381 | 80 | 0 |
| Hot Coffee with Cream - Large | Large | 120 | 12 | 6 | 0 | 35 | 55 | 2 | 0 | 2 | 0 | 2 | 1 | 315 | 64 | 0 |
| Hot Coffee with Cream - Medium | Medium | 90 | 9 | 4.5 | 0 | 25 | 40 | 1 | 0 | 1 | 0 | 2 | 0 | 249 | 49 | 0 |
| Hot Coffee with Cream - Small | Small | 60 | 6 | 3 | 0 | 20 | 30 | 1 | 0 | 1 | 0 | 1 | 0 | 183 | 33 | 0 |
| Hot Coffee with Cream and Sugar - Extra Large | XLarge | 320 | 15 | 8 | 0 | 45 | 65 | 46 | 0 | 46 | 43 | 3 | 1 | 382 | 80 | 0 |
| Hot Coffee with Cream and Sugar - Large | Large | 260 | 12 | 6 | 0 | 35 | 55 | 37 | 0 | 36 | 35 | 2 | 1 | 316 | 65 | 0 |
| Hot Coffee with Cream and Sugar - Medium | Medium | 190 | 9 | 4.5 | 0 | 25 | 40 | 27 | 0 | 27 | 26 | 2 | 0 | 250 | 49 | 0 |
| Hot Coffee with Cream and Sugar - Small | Small | 130 | 6 | 3 | 0 | 20 | 30 | 18 | 0 | 18 | 17 | 1 | 0 | 184 | 34 | 0 |
| Hot Coffee with Oatmilk - Extra Large | XLarge | 60 | 1.5 | 0 | 0 | 0 | 65 | 10 | 1 | 2 | 2 | 1 | 3 | 427 | 177 | 0 |
| Hot Coffee with Oatmilk - Large | Large | 45 | 1.5 | 0 | 0 | 0 | 50 | 8 | 1 | 2 | 1 | 1 | 2 | 340 | 133 | 0 |
| Hot Coffee with Oatmilk - Medium | Medium | 30 | 1 | 0 | 0 | 0 | 35 | 5 | 1 | 1 | 1 | 1 | 1 | 253 | 90 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Coffee | | | | | | | | | | | | | | | | |
| Hot Coffee with Oatmilk - Small | Small | 15 | 0 | 0 | 0 | 0 | 20 | 3 | 0 | 1 | 0 | 1 | 1 | 165 | 47 | 0 |
| Hot Coffee with Skim Milk - Extra Large | XLarge | 30 | 0 | 0 | 0 | 0 | 45 | 4 | 0 | 4 | 0 | 3 | 1 | 396 | 105 | 0 |
| Hot Coffee with Skim Milk - Large | Large | 25 | 0 | 0 | 0 | 0 | 35 | 3 | 0 | 3 | 0 | 3 | 1 | 328 | 84 | 0 |
| Hot Coffee with Skim Milk - Medium | Medium | 20 | 0 | 0 | 0 | 0 | 25 | 2 | 0 | 2 | 0 | 2 | 1 | 259 | 64 | 0 |
| Hot Coffee with Skim Milk - Small | Small | 15 | 0 | 0 | 0 | 0 | 20 | 2 | 0 | 2 | 0 | 1 | 0 | 190 | 43 | 0 |
| Hot Coffee with Skim Milk and Sugar - Extra Large | XLarge | 200 | 0 | 0 | 0 | 0 | 45 | 47 | 0 | 47 | 43 | 3 | 1 | 398 | 105 | 0 |
| Hot Coffee with Skim Milk and Sugar - Large | Large | 160 | 0 | 0 | 0 | 0 | 35 | 38 | 0 | 38 | 35 | 3 | 1 | 329 | 85 | 0 |
| Hot Coffee with Skim Milk and Sugar - Medium | Medium | 120 | 0 | 0 | 0 | 0 | 25 | 28 | 0 | 28 | 26 | 2 | 1 | 260 | 64 | 0 |
| Hot Coffee with Skim Milk and Sugar - Small | Small | 80 | 0 | 0 | 0 | 0 | 20 | 19 | 0 | 19 | 17 | 1 | 0 | 190 | 43 | 0 |
| Hot Coffee with Sugar - Extra Large | XLarge | 170 | 0 | 0 | 0 | 0 | 15 | 44 | 0 | 43 | 43 | 1 | 0 | 311 | 13 | 0 |
| Hot Coffee with Sugar - Large | Large | 140 | 0 | 0 | 0 | 0 | 10 | 35 | 0 | 35 | 35 | 1 | 0 | 260 | 11 | 0 |
| Hot Coffee with Sugar - Medium | Medium | 110 | 0 | 0 | 0 | 0 | 10 | 26 | 0 | 26 | 26 | 1 | 0 | 208 | 9 | 0 |
| Hot Coffee with Sugar - Small | Small | 70 | 0 | 0 | 0 | 0 | 5 | 17 | 0 | 17 | 17 | 0 | 0 | 156 | 7 | 0 |
| Hot Coffee with Whole Milk - Extra Large | XLarge | 50 | 2.5 | 1.5 | 0 | 10 | 45 | 4 | 0 | 4 | 0 | 3 | 1 | 379 | 98 | 0 |
| Hot Coffee with Whole Milk - Large | Large | 40 | 2 | 1 | 0 | 5 | 35 | 3 | 0 | 3 | 0 | 2 | 1 | 313 | 78 | 0 |
| Hot Coffee with Whole Milk - Medium | Medium | 30 | 1.5 | 1 | 0 | 5 | 25 | 2 | 0 | 2 | 0 | 2 | 1 | 248 | 59 | 0 |
| Hot Coffee with Whole Milk - Small | Small | 20 | 1 | 0.5 | 0 | 5 | 20 | 1 | 0 | 1 | 0 | 1 | 0 | 183 | 40 | 0 |
| Hot Coffee with Whole Milk and Sugar - Extra Large | XLarge | 220 | 2.5 | 1.5 | 0 | 10 | 45 | 47 | 0 | 47 | 43 | 3 | 1 | 380 | 98 | 0 |
| Hot Coffee with Whole Milk and Sugar - Large | Large | 190 | 2 | 1 | 0 | 5 | 35 | 42 | 0 | 42 | 39 | 2 | 1 | 314 | 79 | 0 |
| Hot Coffee with Whole Milk and Sugar - Medium | Medium | 130 | 1.5 | 1 | 0 | 5 | 30 | 28 | 0 | 28 | 26 | 2 | 1 | 249 | 60 | 0 |
| Hot Coffee with Whole Milk and Sugar - Small | Small | 90 | 1 | 0.5 | 0 | 5 | 20 | 19 | 0 | 19 | 17 | 1 | 0 | 183 | 40 | 0 |
| Mocha Swirl Hot Coffee - Extra Large | XLarge | 260 | 1 | 0.5 | 0 | 0 | 45 | 63 | 3 | 57 | 57 | 3 | 0 | 717 | 25 | 2 |
| Mocha Swirl Hot Coffee - Large | Large | 210 | 1 | 0 | 0 | 0 | 40 | 50 | 2 | 46 | 46 | 2 | 0 | 584 | 20 | 2 |
| Mocha Swirl Hot Coffee - Medium | Medium | 160 | 0.5 | 0 | 0 | 0 | 30 | 38 | 2 | 34 | 34 | 2 | 0 | 451 | 16 | 1 |
| Mocha Swirl Hot Coffee - Small | Small | 110 | 0 | 0 | 0 | 0 | 20 | 25 | 1 | 23 | 23 | 1 | 0 | 318 | 11 | 1 |
| Mocha Swirl Hot Coffee with Cream - Extra Large | XLarge | 410 | 15 | 8 | 0 | 45 | 100 | 65 | 3 | 59 | 57 | 5 | 1 | 787 | 92 | 2 |
| Mocha Swirl Hot Coffee with Cream - Large | Large | 330 | 12 | 7 | 0 | 35 | 80 | 52 | 2 | 47 | 46 | 4 | 1 | 650 | 74 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Coffee | | | | | | | | | | | | | | | | |
| Mocha Swirl Hot Coffee with Cream - Medium | Medium | 240 | 9 | 5 | 0 | 25 | 60 | 39 | 2 | 35 | 34 | 3 | 0 | 493 | 56 | 1 |
| Mocha Swirl Hot Coffee with Cream - Small | Small | 160 | 6 | 3.5 | 0 | 20 | 40 | 26 | 1 | 24 | 23 | 2 | 0 | 346 | 38 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|-------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Espresso | | | | | | | | | | | | | | | | |
| Café con Leche - Large | Large | 340 | 12 | 7 | 0 | 35 | 170 | 47 | 0 | 46 | 28 | 12 | 5 | 576 | 415 | 0 |
| Café con Leche - Medium | Medium | 250 | 9 | 5 | 0 | 25 | 125 | 35 | 0 | 34 | 21 | 9 | 4 | 427 | 312 | 0 |
| Café con Leche - Small | Small | 170 | 6 | 3.5 | 0 | 20 | 85 | 23 | 0 | 23 | 14 | 6 | 2 | 288 | 208 | 0 |
| Espresso with Sugar | Single Shot | 60 | 0 | 0 | 0 | 0 | 5 | 15 | 0 | 14 | 14 | 0 | 0 | 46 | 1 | 0 |
| Hot Espresso | Single Shot | 5 | 0 | 0 | 0 | 0 | 5 | 1 | 0 | 0 | 0 | 0 | 0 | 46 | 1 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Latte | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Hot Latte with Skim Milk - Large | Large | 350 | 0.5 | 0 | 0 | 10 | 420 | 70 | 0 | 66 | 42 | 16 | 4 | 844 | 580 | 0 |
| Butter Pecan Swirl Hot Latte with Skim Milk - Medium | Medium | 260 | 0 | 0 | 0 | 5 | 320 | 52 | 0 | 50 | 31 | 12 | 3 | 628 | 435 | 0 |
| Butter Pecan Swirl Hot Latte with Skim Milk - Small | Small | 170 | 0 | 0 | 0 | 5 | 210 | 35 | 0 | 33 | 21 | 8 | 2 | 422 | 290 | 0 |
| Butter Pecan Swirl Hot Latte with Whole Milk - Large | Large | 450 | 12 | 7 | 0 | 40 | 430 | 69 | 0 | 66 | 42 | 15 | 5 | 754 | 546 | 0 |
| Butter Pecan Swirl Hot Latte with Whole Milk - Medium | Medium | 330 | 9 | 5 | 0 | 30 | 320 | 52 | 0 | 49 | 31 | 11 | 4 | 561 | 409 | 0 |
| Butter Pecan Swirl Hot Latte with Whole Milk - Small | Small | 220 | 6 | 3.5 | 0 | 20 | 210 | 35 | 0 | 33 | 21 | 7 | 2 | 377 | 273 | 0 |
| Caramel Craze Signature Hot Latte with Skim Milk - Large | Large | 440 | 6 | 3.5 | 0 | 30 | 240 | 80 | 0 | 75 | 51 | 16 | 5 | 1070 | 576 | 0 |
| Caramel Craze Signature Hot Latte with Skim Milk - Medium | Medium | 340 | 5 | 3 | 0 | 25 | 180 | 61 | 0 | 57 | 39 | 12 | 3 | 806 | 436 | 0 |
| Caramel Craze Signature Hot Latte with Skim Milk - Small | Small | 250 | 5 | 3 | 0 | 20 | 125 | 43 | 0 | 40 | 27 | 8 | 2 | 552 | 298 | 0 |
| Caramel Craze Signature Hot Latte with Whole Milk - Large | Large | 530 | 17 | 10 | 0.5 | 60 | 250 | 79 | 0 | 74 | 51 | 15 | 5 | 981 | 542 | 0 |
| Caramel Craze Signature Hot Latte with Whole Milk - Medium | Medium | 410 | 14 | 8 | 0 | 45 | 190 | 61 | 0 | 57 | 39 | 11 | 4 | 739 | 410 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Latte | | | | | | | | | | | | | | | | |
| Caramel Craze Signature Hot Latte with Whole Milk - Small | Small | 300 | 11 | 6 | 0 | 35 | 130 | 43 | 0 | 39 | 27 | 8 | 3 | 507 | 281 | 0 |
| Caramel Swirl Hot Latte with Skim Milk - Large | Large | 350 | 0 | 0 | 0 | 10 | 230 | 71 | 0 | 69 | 46 | 15 | 4 | 1,012 | 553 | 0 |
| Caramel Swirl Hot Latte with Skim Milk - Medium | Medium | 260 | 0 | 0 | 0 | 10 | 170 | 53 | 0 | 52 | 35 | 11 | 3 | 754 | 415 | 0 |
| Caramel Swirl Hot Latte with Skim Milk - Small | Small | 180 | 0 | 0 | 0 | 5 | 115 | 36 | 0 | 35 | 23 | 8 | 2 | 506 | 276 | 0 |
| Caramel Swirl Hot Latte with Whole Milk - Large | Large | 450 | 12 | 7 | 0 | 40 | 240 | 70 | 0 | 69 | 46 | 14 | 5 | 922 | 518 | 0 |
| Caramel Swirl Hot Latte with Whole Milk - Medium | Medium | 340 | 9 | 5 | 0 | 30 | 180 | 53 | 0 | 52 | 35 | 11 | 4 | 687 | 389 | 0 |
| Caramel Swirl Hot Latte with Whole Milk - Small | Small | 230 | 6 | 3.5 | 0 | 20 | 120 | 35 | 0 | 34 | 23 | 7 | 2 | 461 | 259 | 0 |
| Chai Hot Latte with Skim Milk - Large | Large | 290 | 0.5 | 0 | 0 | 5 | 200 | 58 | 2 | 54 | 36 | 13 | 4 | 651 | 450 | 1 |
| Chai Hot Latte with Skim Milk - Medium | Medium | 220 | 0 | 0 | 0 | 5 | 150 | 44 | 2 | 41 | 27 | 10 | 3 | 488 | 338 | 0 |
| Chai Hot Latte with Skim Milk - Small | Small | 150 | 0 | 0 | 0 | 5 | 100 | 29 | 1 | 27 | 18 | 7 | 2 | 326 | 225 | 0 |
| Chai Hot Latte with Whole Milk - Large | Large | 390 | 12 | 7 | 0 | 35 | 200 | 57 | 2 | 54 | 36 | 12 | 5 | 561 | 416 | 1 |
| Chai Hot Latte with Whole Milk - Medium | Medium | 290 | 9 | 5 | 0 | 25 | 150 | 43 | 2 | 40 | 27 | 9 | 4 | 421 | 312 | 0 |
| Chai Hot Latte with Whole Milk - Small | Small | 200 | 6 | 3.5 | 0 | 20 | 100 | 29 | 1 | 27 | 18 | 6 | 2 | 281 | 208 | 0 |
| Cocoa Mocha Signature Hot Latte with Skim Milk - Large | Large | 420 | 6 | 4 | 0 | 25 | 210 | 79 | 2 | 69 | 50 | 15 | 5 | 1077 | 480 | 2 |
| Cocoa Mocha Signature Hot Latte with Skim Milk - Medium | Medium | 330 | 6 | 3.5 | 0 | 20 | 160 | 61 | 2 | 53 | 39 | 11 | 3 | 812 | 363 | 2 |
| Cocoa Mocha Signature Hot Latte with Skim Milk - Small | Small | 250 | 5 | 3.5 | 0 | 20 | 110 | 43 | 1 | 37 | 27 | 8 | 2 | 557 | 248 | 1 |
| Cocoa Mocha Signature Hot Latte with Whole Milk - Large | Large | 520 | 18 | 11 | 0.5 | 55 | 210 | 78 | 2 | 68 | 50 | 14 | 5 | 987 | 445 | 2 |
| Cocoa Mocha Signature Hot Latte with Whole Milk - Medium | Medium | 400 | 14 | 9 | 0 | 45 | 160 | 60 | 2 | 52 | 39 | 10 | 4 | 744 | 337 | 2 |
| Cocoa Mocha Signature Hot Latte with Whole Milk - Small | Small | 300 | 11 | 7 | 0 | 35 | 110 | 43 | 1 | 36 | 27 | 7 | 3 | 512 | 230 | 1 |
| French Vanilla Swirl Hot Latte with Skim Milk - Large | Large | 350 | 0 | 0 | 0 | 10 | 220 | 71 | 0 | 67 | 42 | 15 | 4 | 975 | 534 | 0 |
| French Vanilla Swirl Hot Latte with Skim Milk - Medium | Medium | 260 | 0 | 0 | 0 | 10 | 170 | 53 | 0 | 50 | 31 | 11 | 3 | 727 | 400 | 0 |
| French Vanilla Swirl Hot Latte with Skim Milk - Small | Small | 170 | 0 | 0 | 0 | 5 | 110 | 35 | 0 | 33 | 21 | 7 | 2 | 488 | 267 | 0 |
| French Vanilla Swirl Hot Latte with Whole Milk - Large | Large | 450 | 12 | 7 | 0 | 40 | 230 | 70 | 0 | 66 | 42 | 14 | 5 | 885 | 499 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Latte | | | | | | | | | | | | | | | | |
| French Vanilla Swirl Hot Latte with Whole Milk - Medium | Medium | 330 | 9 | 5 | 0 | 30 | 170 | 52 | 0 | 50 | 31 | 11 | 4 | 659 | 374 | 0 |
| French Vanilla Swirl Hot Latte with Whole Milk - Small | Small | 220 | 6 | 3.5 | 0 | 20 | 115 | 35 | 0 | 33 | 21 | 7 | 2 | 443 | 250 | 0 |
| Hot Latte with AlmondMilk - Large | Large | 130 | 3.5 | 0 | 0 | 0 | 240 | 23 | 1 | 20 | 19 | 2 | 4 | 369 | 699 | 1 |
| Hot Latte with AlmondMilk - Medium | Medium | 100 | 3 | 0 | 0 | 0 | 180 | 17 | 1 | 15 | 15 | 1 | 3 | 273 | 525 | 1 |
| Hot Latte with AlmondMilk - Small | Small | 70 | 2 | 0 | 0 | 0 | 120 | 11 | 0 | 10 | 10 | 1 | 2 | 185 | 350 | 1 |
| Hot Latte with Oatmilk - Large | Large | 180 | 5 | 1 | 0 | 0 | 180 | 32 | 4 | 7 | 5 | 3 | 9 | 675 | 503 | 1 |
| Hot Latte with Oatmilk - Medium | Medium | 130 | 4 | 0.5 | 0 | 0 | 135 | 24 | 3 | 5 | 4 | 2 | 7 | 502 | 377 | 0 |
| Hot Latte with Oatmilk - Small | Small | 90 | 2.5 | 0 | 0 | 0 | 90 | 16 | 2 | 4 | 3 | 1 | 4 | 338 | 251 | 0 |
| Hot Latte with Skim Milk - Large | Large | 130 | 0 | 0 | 0 | 5 | 170 | 20 | 0 | 18 | 0 | 12 | 4 | 665 | 450 | 0 |
| Hot Latte with Skim Milk - Medium | Medium | 100 | 0 | 0 | 0 | 5 | 125 | 15 | 0 | 14 | 0 | 9 | 3 | 494 | 337 | 0 |
| Hot Latte with Skim Milk - Small | Small | 70 | 0 | 0 | 0 | 5 | 85 | 10 | 0 | 9 | 0 | 6 | 2 | 332 | 225 | 0 |
| Hot Latte with Skim Milk and Sugar - Large | Large | 270 | 0 | 0 | 0 | 5 | 170 | 54 | 0 | 53 | 35 | 12 | 4 | 666 | 450 | 0 |
| Hot Latte with Skim Milk and Sugar - Medium | Medium | 200 | 0 | 0 | 0 | 5 | 125 | 41 | 0 | 40 | 26 | 9 | 3 | 495 | 337 | 0 |
| Hot Latte with Skim Milk and Sugar - Small | Small | 130 | 0 | 0 | 0 | 5 | 85 | 27 | 0 | 26 | 17 | 6 | 2 | 333 | 225 | 0 |
| Hot Latte with Whole Milk - Large | Large | 230 | 12 | 7 | 0 | 35 | 170 | 19 | 0 | 18 | 0 | 12 | 5 | 575 | 415 | 0 |
| Hot Latte with Whole Milk - Medium | Medium | 170 | 9 | 5 | 0 | 25 | 125 | 14 | 0 | 13 | 0 | 9 | 4 | 427 | 311 | 0 |
| Hot Latte with Whole Milk - Small | Small | 120 | 6 | 3.5 | 0 | 20 | 85 | 9 | 0 | 9 | 0 | 6 | 2 | 288 | 208 | 0 |
| Hot Latte with Whole Milk and Sugar - Large | Large | 370 | 12 | 7 | 0 | 35 | 170 | 54 | 0 | 52 | 35 | 12 | 5 | 576 | 416 | 0 |
| Hot Latte with Whole Milk and Sugar - Medium | Medium | 270 | 9 | 5 | 0 | 25 | 125 | 40 | 0 | 39 | 26 | 9 | 4 | 427 | 312 | 0 |
| Hot Latte with Whole Milk and Sugar - Small | Small | 180 | 6 | 3.5 | 0 | 20 | 85 | 27 | 0 | 26 | 17 | 6 | 2 | 288 | 208 | 0 |
| Matcha Hot Latte with Skim Milk - Large | Large | 240 | 0 | 0 | 0 | 5 | 150 | 45 | 2 | 43 | 25 | 14 | 8 | 573 | 448 | 0 |
| Matcha Hot Latte with Skim Milk - Medium | Medium | 180 | 0 | 0 | 0 | 5 | 115 | 34 | 1 | 32 | 19 | 11 | 6 | 430 | 336 | 0 |
| Matcha Hot Latte with Skim Milk - Small | Small | 120 | 0 | 0 | 0 | 5 | 75 | 23 | 1 | 22 | 12 | 7 | 4 | 286 | 224 | 0 |
| Matcha Hot Latte with Whole Milk - Large | Large | 340 | 12 | 7 | 0 | 35 | 160 | 44 | 2 | 43 | 25 | 13 | 9 | 483 | 414 | 0 |
| Matcha Hot Latte with Whole Milk - Medium | Medium | 250 | 9 | 5 | 0 | 25 | 120 | 33 | 1 | 32 | 19 | 10 | 6 | 362 | 310 | 0 |
| Matcha Hot Latte with Whole Milk - Small | Small | 170 | 6 | 3.5 | 0 | 20 | 80 | 22 | 1 | 21 | 12 | 7 | 4 | 242 | 207 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Latte | | | | | | | | | | | | | | | | |
| Mocha Swirl Hot Latte with Skim Milk - Large | Large | 340 | 1 | 0.5 | 0 | 5 | 200 | 70 | 2 | 64 | 46 | 14 | 4 | 1,016 | 460 | 2 |
| Mocha Swirl Hot Latte with Skim Milk - Medium | Medium | 250 | 1 | 0.5 | 0 | 5 | 150 | 52 | 2 | 48 | 34 | 10 | 3 | 757 | 345 | 1 |
| Mocha Swirl Hot Latte with Skim Milk - Small | Small | 170 | 0.5 | 0 | 0 | 5 | 100 | 35 | 1 | 32 | 23 | 7 | 2 | 508 | 230 | 1 |
| Mocha Swirl Hot Latte with Whole Milk - Large | Large | 440 | 13 | 7 | 0 | 35 | 200 | 69 | 2 | 63 | 46 | 13 | 5 | 926 | 426 | 2 |
| Mocha Swirl Hot Latte with Whole Milk - Medium | Medium | 330 | 10 | 6 | 0 | 25 | 150 | 52 | 2 | 47 | 34 | 10 | 4 | 690 | 319 | 1 |
| Mocha Swirl Hot Latte with Whole Milk - Small | Small | 220 | 6 | 3.5 | 0 | 20 | 100 | 35 | 1 | 32 | 23 | 7 | 2 | 463 | 213 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Macchiato | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Hot Macchiato with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 5 | 380 | 64 | 0 | 60 | 42 | 12 | 3 | 699 | 432 | 0 |
| Butter Pecan Swirl Hot Macchiato with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 280 | 48 | 0 | 45 | 31 | 9 | 2 | 531 | 324 | 0 |
| Butter Pecan Swirl Hot Macchiato with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 190 | 33 | 0 | 30 | 21 | 6 | 1 | 372 | 216 | 0 |
| Butter Pecan Swirl Hot Macchiato with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 25 | 380 | 64 | 0 | 60 | 42 | 11 | 3 | 639 | 409 | 0 |
| Butter Pecan Swirl Hot Macchiato with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 290 | 48 | 0 | 45 | 31 | 8 | 2 | 486 | 307 | 0 |
| Butter Pecan Swirl Hot Macchiato with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 190 | 32 | 0 | 30 | 21 | 6 | 2 | 343 | 205 | 0 |
| Caramel Swirl Hot Macchiato with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 190 | 66 | 0 | 63 | 46 | 11 | 3 | 867 | 404 | 0 |
| Caramel Swirl Hot Macchiato with Skim Milk - Medium | Medium | 240 | 0 | 0 | 0 | 5 | 140 | 49 | 0 | 47 | 35 | 8 | 2 | 657 | 303 | 0 |
| Caramel Swirl Hot Macchiato with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 95 | 33 | 0 | 32 | 23 | 6 | 1 | 456 | 203 | 0 |
| Caramel Swirl Hot Macchiato with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 30 | 190 | 65 | 0 | 63 | 46 | 11 | 3 | 807 | 381 | 0 |
| Caramel Swirl Hot Macchiato with Whole Milk - Medium | Medium | 290 | 6 | 3.5 | 0 | 20 | 140 | 49 | 0 | 47 | 35 | 8 | 2 | 612 | 286 | 0 |
| Caramel Swirl Hot Macchiato with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 95 | 33 | 0 | 31 | 23 | 5 | 2 | 426 | 191 | 0 |
| French Vanilla Swirl Hot Macchiato with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 180 | 65 | 0 | 61 | 42 | 11 | 3 | 830 | 385 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Hot Macchiato | | | | | | | | | | | | | | | | |
| French Vanilla Swirl Hot Macchiato with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 135 | 49 | 0 | 46 | 31 | 8 | 2 | 630 | 289 | 0 |
| French Vanilla Swirl Hot Macchiato with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 90 | 33 | 0 | 30 | 21 | 5 | 1 | 438 | 193 | 0 |
| French Vanilla Swirl Hot Macchiato with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 30 | 180 | 65 | 0 | 60 | 42 | 10 | 3 | 770 | 362 | 0 |
| French Vanilla Swirl Hot Macchiato with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 135 | 49 | 0 | 45 | 31 | 8 | 2 | 585 | 272 | 0 |
| French Vanilla Swirl Hot Macchiato with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 95 | 33 | 0 | 30 | 21 | 5 | 2 | 408 | 181 | 0 |
| Hot Macchiato with Oatmilk - Large | Large | 120 | 3.5 | 0.5 | 0 | 0 | 130 | 23 | 3 | 5 | 4 | 2 | 6 | 527 | 336 | 0 |
| Hot Macchiato with Oatmilk - Medium | Medium | 90 | 2.5 | 0 | 0 | 0 | 100 | 17 | 2 | 4 | 3 | 2 | 4 | 402 | 252 | 0 |
| Hot Macchiato with Oatmilk - Small | Small | 60 | 2 | 0 | 0 | 0 | 70 | 12 | 1 | 2 | 2 | 1 | 3 | 286 | 169 | 0 |
| Hot Macchiato with Skim Milk - Large | Large | 90 | 0 | 0 | 0 | 5 | 120 | 14 | 0 | 12 | 0 | 8 | 3 | 520 | 301 | 0 |
| Hot Macchiato with Skim Milk - Medium | Medium | 70 | 0 | 0 | 0 | 5 | 90 | 11 | 0 | 9 | 0 | 6 | 2 | 397 | 226 | 0 |
| Hot Macchiato with Skim Milk - Small | Small | 50 | 0 | 0 | 0 | 0 | 65 | 7 | 0 | 6 | 0 | 4 | 1 | 283 | 151 | 0 |
| Hot Macchiato with Skim Milk and Sugar - Large | Large | 230 | 0 | 0 | 0 | 5 | 120 | 49 | 0 | 47 | 35 | 8 | 3 | 521 | 301 | 0 |
| Hot Macchiato with Skim Milk and Sugar - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 90 | 37 | 0 | 35 | 26 | 6 | 2 | 397 | 226 | 0 |
| Hot Macchiato with Skim Milk and Sugar - Small | Small | 120 | 0 | 0 | 0 | 0 | 65 | 25 | 0 | 23 | 17 | 4 | 1 | 283 | 151 | 0 |
| Hot Macchiato with Whole Milk - Large | Large | 160 | 8 | 4.5 | 0 | 25 | 120 | 14 | 0 | 12 | 0 | 8 | 3 | 460 | 278 | 0 |
| Hot Macchiato with Whole Milk - Medium | Medium | 120 | 6 | 3.5 | 0 | 20 | 90 | 10 | 0 | 9 | 0 | 6 | 2 | 352 | 209 | 0 |
| Hot Macchiato with Whole Milk - Small | Small | 80 | 4 | 2.5 | 0 | 10 | 65 | 7 | 0 | 6 | 0 | 4 | 2 | 253 | 139 | 0 |
| Hot Macchiato with Whole Milk and Sugar - Large | Large | 290 | 8 | 4.5 | 0 | 25 | 120 | 49 | 0 | 46 | 35 | 8 | 3 | 461 | 278 | 0 |
| Hot Macchiato with Whole Milk and Sugar - Medium | Medium | 220 | 6 | 3.5 | 0 | 20 | 90 | 37 | 0 | 35 | 26 | 6 | 2 | 352 | 209 | 0 |
| Hot Macchiato with Whole Milk and Sugar - Small | Small | 150 | 4 | 2.5 | 0 | 10 | 65 | 25 | 0 | 23 | 17 | 4 | 2 | 253 | 140 | 0 |
| Mocha Swirl Hot Macchiato with Skim Milk - Large | Large | 300 | 1 | 0.5 | 0 | 5 | 150 | 65 | 2 | 58 | 46 | 10 | 3 | 871 | 312 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Americano | | | | | | | | | | | | | | | | |
| Iced Americano - Large | Large | 10 | 0 | 0 | 0 | 0 | 40 | 2 | 0 | 0 | 0 | 0 | 0 | 145 | 25 | 0 |
| Iced Americano - Medium | Medium | 10 | 0 | 0 | 0 | 0 | 30 | 2 | 0 | 0 | 0 | 0 | 0 | 116 | 18 | 0 |
| Iced Americano - Small | Small | 5 | 0 | 0 | 0 | 0 | 25 | 1 | 0 | 0 | 0 | 0 | 0 | 96 | 13 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Cappuccino | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Iced Cappuccino with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 5 | 390 | 64 | 0 | 60 | 42 | 11 | 3 | 658 | 446 | 0 |
| Butter Pecan Swirl Iced Cappuccino with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 290 | 48 | 0 | 45 | 31 | 9 | 2 | 489 | 334 | 0 |
| Butter Pecan Swirl Iced Cappuccino with Skim Milk - Small | Small | 150 | 0 | 0 | 0 | 5 | 190 | 32 | 0 | 30 | 21 | 6 | 1 | 329 | 223 | 0 |
| Butter Pecan Swirl Iced Cappuccino with Whole Milk - Large | Large | 370 | 8 | 4.5 | 0 | 25 | 390 | 63 | 0 | 60 | 42 | 11 | 3 | 598 | 423 | 0 |
| Butter Pecan Swirl Iced Cappuccino with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 290 | 47 | 0 | 45 | 31 | 8 | 2 | 444 | 317 | 0 |
| Butter Pecan Swirl Iced Cappuccino with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 190 | 32 | 0 | 30 | 21 | 5 | 2 | 299 | 212 | 0 |
| Caramel Swirl Iced Cappuccino with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 200 | 65 | 0 | 63 | 46 | 11 | 3 | 826 | 419 | 0 |
| Caramel Swirl Iced Cappuccino with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 150 | 49 | 0 | 47 | 35 | 8 | 2 | 615 | 314 | 0 |
| Caramel Swirl Iced Cappuccino with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 100 | 33 | 0 | 32 | 23 | 6 | 1 | 413 | 210 | 0 |
| Caramel Swirl Iced Cappuccino with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 30 | 200 | 65 | 0 | 63 | 46 | 11 | 3 | 766 | 396 | 0 |
| Caramel Swirl Iced Cappuccino with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 150 | 48 | 0 | 47 | 35 | 8 | 2 | 570 | 296 | 0 |
| Caramel Swirl Iced Cappuccino with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 100 | 32 | 0 | 31 | 23 | 5 | 2 | 383 | 198 | 0 |
| French Vanilla Swirl Iced Cappuccino with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 190 | 65 | 0 | 61 | 42 | 11 | 3 | 789 | 400 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Cappuccino | | | | | | | | | | | | | | | | |
| French Vanilla Swirl Iced Cappuccino with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 140 | 48 | 0 | 46 | 31 | 8 | 2 | 587 | 299 | 0 |
| French Vanilla Swirl Iced Cappuccino with Skim Milk - Small | Small | 150 | 0 | 0 | 0 | 5 | 95 | 32 | 0 | 30 | 21 | 5 | 1 | 395 | 200 | 0 |
| French Vanilla Swirl Iced Cappuccino with Whole Milk - Large | Large | 370 | 8 | 4.5 | 0 | 30 | 190 | 64 | 0 | 60 | 42 | 10 | 3 | 730 | 377 | 0 |
| French Vanilla Swirl Iced Cappuccino with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 140 | 48 | 0 | 45 | 31 | 8 | 2 | 542 | 282 | 0 |
| French Vanilla Swirl Iced Cappuccino with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 95 | 32 | 0 | 30 | 21 | 5 | 2 | 365 | 189 | 0 |
| Iced Cappuccino with Skim Milk - Large | Large | 90 | 0 | 0 | 0 | 5 | 130 | 13 | 0 | 12 | 0 | 8 | 3 | 479 | 316 | 0 |
| Iced Cappuccino with Skim Milk - Medium | Medium | 70 | 0 | 0 | 0 | 5 | 95 | 10 | 0 | 9 | 0 | 6 | 2 | 354 | 236 | 0 |
| Iced Cappuccino with Skim Milk - Small | Small | 45 | 0 | 0 | 0 | 0 | 65 | 7 | 0 | 6 | 0 | 4 | 1 | 240 | 158 | 0 |
| Iced Cappuccino with Skim Milk and Sugar - Large | Large | 230 | 0 | 0 | 0 | 5 | 130 | 48 | 0 | 47 | 35 | 8 | 3 | 480 | 316 | 0 |
| Iced Cappuccino with Skim Milk and Sugar - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 95 | 36 | 0 | 35 | 26 | 6 | 2 | 355 | 236 | 0 |
| Iced Cappuccino with Skim Milk and Sugar - Small | Small | 110 | 0 | 0 | 0 | 0 | 65 | 24 | 0 | 23 | 17 | 4 | 1 | 240 | 158 | 0 |
| Iced Cappuccino with Whole Milk - Large | Large | 160 | 8 | 4.5 | 0 | 25 | 130 | 13 | 0 | 12 | 0 | 8 | 3 | 419 | 293 | 0 |
| Iced Cappuccino with Whole Milk - Medium | Medium | 120 | 6 | 3.5 | 0 | 20 | 100 | 10 | 0 | 9 | 0 | 6 | 2 | 310 | 219 | 0 |
| Iced Cappuccino with Whole Milk - Small | Small | 80 | 4 | 2.5 | 0 | 10 | 65 | 7 | 0 | 6 | 0 | 4 | 2 | 210 | 147 | 0 |
| Iced Cappuccino with Whole Milk and Sugar - Large | Large | 290 | 8 | 4.5 | 0 | 25 | 130 | 48 | 0 | 46 | 35 | 8 | 3 | 420 | 293 | 0 |
| Iced Cappuccino with Whole Milk and Sugar - Medium | Medium | 220 | 6 | 3.5 | 0 | 20 | 100 | 36 | 0 | 35 | 26 | 6 | 2 | 310 | 219 | 0 |
| Iced Cappuccino with Whole Milk and Sugar - Small | Small | 150 | 4 | 2.5 | 0 | 10 | 65 | 24 | 0 | 23 | 17 | 4 | 2 | 210 | 147 | 0 |
| Mocha Swirl Iced Cappuccino with Skim Milk - Large | Large | 300 | 1 | 0.5 | 0 | 5 | 160 | 64 | 2 | 58 | 46 | 10 | 3 | 830 | 327 | 2 |
| Mocha Swirl Iced Cappuccino with Skim Milk - Medium | Medium | 220 | 1 | 0.5 | 0 | 5 | 115 | 48 | 2 | 43 | 34 | 7 | 2 | 618 | 244 | 1 |
| Mocha Swirl Iced Cappuccino with Skim Milk - Small | Small | 150 | 0.5 | 0 | 0 | 0 | 80 | 32 | 1 | 29 | 23 | 5 | 1 | 415 | 164 | 1 |
| Mocha Swirl Iced Cappuccino with Whole Milk - Large | Large | 360 | 9 | 5 | 0 | 25 | 160 | 63 | 2 | 57 | 46 | 9 | 3 | 770 | 304 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Cappuccino | | | | | | | | | | | | | | | | |
| Mocha Swirl Iced Cappuccino with Whole Milk - Medium | Medium | 270 | 7 | 4 | 0 | 20 | 120 | 48 | 2 | 43 | 34 | 7 | 2 | 573 | 227 | 1 |
| Mocha Swirl Iced Cappuccino with Whole Milk - Small | Small | 180 | 4.5 | 2.5 | 0 | 10 | 80 | 32 | 1 | 29 | 23 | 5 | 2 | 385 | 152 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Coffee | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Iced Coffee with Black - Large | Large | 220 | 0 | 0 | 0 | 0 | 280 | 50 | 0 | 48 | 42 | 4 | 0 | 427 | 150 | 0 |
| Butter Pecan Swirl Iced Coffee with Black - Medium | Medium | 170 | 0 | 0 | 0 | 0 | 210 | 38 | 0 | 36 | 31 | 3 | 0 | 333 | 112 | 0 |
| Butter Pecan Swirl Iced Coffee with Black - Small | Small | 110 | 0 | 0 | 0 | 0 | 140 | 25 | 0 | 24 | 21 | 2 | 0 | 227 | 76 | 0 |
| Butter Pecan Swirl Iced Coffee with Cream - Large | Large | 340 | 12 | 6 | 0 | 35 | 320 | 52 | 0 | 50 | 42 | 5 | 1 | 482 | 204 | 0 |
| Butter Pecan Swirl Iced Coffee with Cream - Medium | Medium | 250 | 9 | 4.5 | 0 | 30 | 240 | 39 | 0 | 37 | 31 | 4 | 0 | 374 | 153 | 0 |
| Butter Pecan Swirl Iced Coffee with Cream - Small | Small | 170 | 6 | 3 | 0 | 20 | 160 | 26 | 0 | 25 | 21 | 3 | 0 | 254 | 103 | 0 |
| Caramel Swirl Iced Coffee - Large | Large | 230 | 0 | 0 | 0 | 5 | 85 | 52 | 0 | 51 | 46 | 3 | 0 | 594 | 123 | 0 |
| Caramel Swirl Iced Coffee - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 65 | 39 | 0 | 38 | 35 | 3 | 0 | 459 | 92 | 0 |
| Caramel Swirl Iced Coffee - Small | Small | 110 | 0 | 0 | 0 | 0 | 45 | 26 | 0 | 26 | 23 | 2 | 0 | 311 | 62 | 0 |
| Caramel Swirl Iced Coffee with Cream - Large | Large | 340 | 12 | 6 | 0 | 40 | 130 | 53 | 0 | 53 | 46 | 5 | 1 | 649 | 177 | 0 |
| Caramel Swirl Iced Coffee with Cream - Medium | Medium | 260 | 9 | 4.5 | 0 | 30 | 95 | 40 | 0 | 40 | 35 | 4 | 0 | 500 | 132 | 0 |
| Caramel Swirl Iced Coffee with Cream - Small | Small | 170 | 6 | 3 | 0 | 20 | 65 | 27 | 0 | 26 | 23 | 3 | 0 | 338 | 89 | 0 |
| French Vanilla Swirl Iced Coffee - Large | Large | 220 | 0 | 0 | 0 | 5 | 80 | 51 | 0 | 49 | 42 | 3 | 0 | 558 | 104 | 0 |
| French Vanilla Swirl Iced Coffee - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 60 | 38 | 0 | 37 | 31 | 2 | 0 | 432 | 77 | 0 |
| French Vanilla Swirl Iced Coffee - Small | Small | 110 | 0 | 0 | 0 | 0 | 40 | 26 | 0 | 24 | 21 | 2 | 0 | 293 | 52 | 0 |
| French Vanilla Swirl Iced Coffee with Cream - Large | Large | 340 | 12 | 6 | 0 | 40 | 120 | 53 | 0 | 50 | 42 | 5 | 1 | 613 | 157 | 0 |
| French Vanilla Swirl Iced Coffee with Cream - Medium | Medium | 250 | 9 | 4.5 | 0 | 30 | 90 | 40 | 0 | 38 | 31 | 4 | 0 | 473 | 118 | 0 |
| French Vanilla Swirl Iced Coffee with Cream - Small | Small | 170 | 6 | 3 | 0 | 20 | 60 | 26 | 0 | 25 | 21 | 2 | 0 | 320 | 79 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Coffee | | | | | | | | | | | | | | | | |
| Iced Café Au Lait with Skim Milk - Large | Large | 90 | 0 | 0 | 0 | 5 | 120 | 12 | 0 | 12 | 0 | 9 | 3 | 548 | 315 | 0 |
| Iced Café Au Lait with Skim Milk - Medium | Medium | 60 | 0 | 0 | 0 | 5 | 90 | 9 | 0 | 9 | 0 | 6 | 2 | 411 | 235 | 0 |
| Iced Café Au Lait with Skim Milk - Small | Small | 45 | 0 | 0 | 0 | 0 | 60 | 6 | 0 | 6 | 0 | 4 | 1 | 274 | 158 | 0 |
| Iced Café Au Lait with Whole Milk - Large | Large | 150 | 8 | 4.5 | 0 | 25 | 120 | 12 | 0 | 12 | 0 | 8 | 3 | 488 | 292 | 0 |
| Iced Café Au Lait with Whole Milk - Medium | Medium | 110 | 6 | 3.5 | 0 | 20 | 90 | 9 | 0 | 9 | 0 | 6 | 2 | 366 | 218 | 0 |
| Iced Café Au Lait with Whole Milk - Small | Small | 80 | 4 | 2.5 | 0 | 10 | 60 | 6 | 0 | 6 | 0 | 4 | 2 | 244 | 146 | 0 |
| Iced Coffee - Large | Large | 5 | 0 | 0 | 0 | 0 | 20 | 0 | 0 | 0 | 0 | 1 | 0 | 275 | 21 | 0 |
| Iced Coffee - Medium | Medium | 5 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 206 | 15 | 0 |
| Iced Coffee - Small | Small | 5 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 137 | 11 | 0 |
| Iced Coffee with AlmondMilk - Large | Large | 35 | 1 | 0 | 0 | 0 | 75 | 5 | 0 | 5 | 5 | 1 | 1 | 298 | 193 | 0 |
| Iced Coffee with AlmondMilk - Medium | Medium | 25 | 0.5 | 0 | 0 | 0 | 50 | 4 | 0 | 3 | 3 | 1 | 1 | 221 | 130 | 0 |
| Iced Coffee with AlmondMilk - Small | Small | 15 | 0 | 0 | 0 | 0 | 30 | 2 | 0 | 2 | 2 | 0 | 0 | 145 | 68 | 0 |
| Iced Coffee with Cream - Large | Large | 120 | 12 | 6 | 0 | 35 | 65 | 2 | 0 | 2 | 0 | 2 | 1 | 330 | 75 | 0 |
| Iced Coffee with Cream - Medium | Medium | 90 | 9 | 4.5 | 0 | 25 | 45 | 1 | 0 | 1 | 0 | 2 | 0 | 247 | 55 | 0 |
| Iced Coffee with Cream - Small | Small | 60 | 6 | 3 | 0 | 20 | 30 | 1 | 0 | 1 | 0 | 1 | 0 | 165 | 37 | 0 |
| Iced Coffee with Cream and Sugar - Large | Large | 260 | 12 | 6 | 0 | 35 | 65 | 37 | 0 | 36 | 35 | 2 | 1 | 330 | 75 | 0 |
| Iced Coffee with Cream and Sugar - Medium | Medium | 190 | 9 | 4.5 | 0 | 25 | 45 | 27 | 0 | 27 | 26 | 2 | 0 | 247 | 55 | 0 |
| Iced Coffee with Cream and Sugar - Small | Small | 130 | 6 | 3 | 0 | 20 | 30 | 18 | 0 | 18 | 17 | 1 | 0 | 165 | 38 | 0 |
| Iced Coffee with Oatmilk - Large | Large | 45 | 1.5 | 0 | 0 | 0 | 60 | 8 | 1 | 2 | 1 | 1 | 2 | 380 | 144 | 0 |
| Iced Coffee with Oatmilk - Medium | Medium | 30 | 1 | 0 | 0 | 0 | 40 | 5 | 1 | 1 | 1 | 1 | 1 | 276 | 97 | 0 |
| Iced Coffee with Oatmilk - Small | Small | 15 | 0 | 0 | 0 | 0 | 25 | 3 | 0 | 1 | 0 | 1 | 1 | 172 | 52 | 0 |
| Iced Coffee with Skim Milk - Large | Large | 25 | 0 | 0 | 0 | 0 | 45 | 3 | 0 | 3 | 0 | 3 | 1 | 343 | 94 | 0 |
| Iced Coffee with Skim Milk - Medium | Medium | 20 | 0 | 0 | 0 | 0 | 35 | 2 | 0 | 2 | 0 | 2 | 1 | 257 | 70 | 0 |
| Iced Coffee with Skim Milk - Small | Small | 15 | 0 | 0 | 0 | 0 | 25 | 2 | 0 | 2 | 0 | 1 | 0 | 172 | 47 | 0 |
| Iced Coffee with Skim Milk and Sugar - Large | Large | 160 | 0 | 0 | 0 | 0 | 45 | 38 | 0 | 38 | 35 | 3 | 1 | 344 | 95 | 0 |
| Iced Coffee with Skim Milk and Sugar - Medium | Medium | 120 | 0 | 0 | 0 | 0 | 35 | 28 | 0 | 28 | 26 | 2 | 1 | 257 | 70 | 0 |
| Iced Coffee with Skim Milk and Sugar - Small | Small | 80 | 0 | 0 | 0 | 0 | 25 | 19 | 0 | 19 | 17 | 1 | 0 | 172 | 47 | 0 |
| Iced Coffee with Sugar - Large | Large | 140 | 0 | 0 | 0 | 0 | 20 | 35 | 0 | 35 | 35 | 1 | 0 | 275 | 21 | 0 |
| Iced Coffee with Sugar - Medium | Medium | 110 | 0 | 0 | 0 | 0 | 15 | 26 | 0 | 26 | 26 | 0 | 0 | 206 | 15 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Coffee | | | | | | | | | | | | | | | | |
| Iced Coffee with Sugar - Small | Small | 70 | 0 | 0 | 0 | 0 | 10 | 17 | 0 | 17 | 17 | 0 | 0 | 138 | 11 | 0 |
| Iced Coffee with Whole Milk - Large | Large | 40 | 2 | 1 | 0 | 5 | 45 | 3 | 0 | 3 | 0 | 3 | 1 | 328 | 89 | 0 |
| Iced Coffee with Whole Milk - Medium | Medium | 30 | 1.5 | 1 | 0 | 5 | 35 | 2 | 0 | 2 | 0 | 2 | 1 | 246 | 66 | 0 |
| Iced Coffee with Whole Milk - Small | Small | 20 | 1 | 0.5 | 0 | 5 | 25 | 1 | 0 | 1 | 0 | 1 | 0 | 164 | 44 | 0 |
| Iced Coffee with Whole Milk and Sugar - Large | Large | 180 | 2 | 1 | 0 | 5 | 45 | 38 | 0 | 38 | 35 | 3 | 1 | 329 | 89 | 0 |
| Iced Coffee with Whole Milk and Sugar - Medium | Medium | 130 | 1.5 | 1 | 0 | 5 | 35 | 28 | 0 | 28 | 26 | 2 | 1 | 246 | 66 | 0 |
| Iced Coffee with Whole Milk and Sugar - Small | Small | 90 | 1 | 0.5 | 0 | 5 | 25 | 19 | 0 | 19 | 17 | 1 | 0 | 164 | 45 | 0 |
| Mocha Swirl Iced Coffee Large | Large | 210 | 1 | 0 | 0 | 0 | 50 | 50 | 2 | 46 | 46 | 2 | 0 | 598 | 31 | 2 |
| Mocha Swirl Iced Coffee Medium | Medium | 160 | 0.5 | 0 | 0 | 0 | 35 | 38 | 2 | 34 | 34 | 2 | 0 | 462 | 23 | 1 |
| Mocha Swirl Iced Coffee Small | Small | 110 | 0 | 0 | 0 | 0 | 25 | 25 | 1 | 23 | 23 | 1 | 0 | 313 | 16 | 1 |
| Mocha Swirl Iced Coffee with Cream - Large | Large | 330 | 12 | 7 | 0 | 35 | 90 | 52 | 2 | 47 | 46 | 4 | 1 | 653 | 84 | 2 |
| Mocha Swirl Iced Coffee with Cream - Medium | Medium | 240 | 9 | 5 | 0 | 25 | 65 | 39 | 2 | 35 | 34 | 3 | 0 | 503 | 63 | 1 |
| Mocha Swirl Iced Coffee with Cream - Small | Small | 160 | 6 | 3.5 | 0 | 20 | 45 | 26 | 1 | 24 | 23 | 2 | 0 | 340 | 43 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Latte | | | | | | | | | | | | | | | | |
| Almondmilk Iced Matcha Latte - Large | Large | 230 | 3.5 | 0 | 0 | 0 | 240 | 48 | 3 | 44 | 44 | 3 | 8 | 258 | 702 | 1 |
| Almondmilk Iced Matcha Latte - Medium | Medium | 180 | 2.5 | 0 | 0 | 0 | 180 | 36 | 2 | 33 | 33 | 3 | 6 | 193 | 526 | 1 |
| Almondmilk Iced Matcha Latte - Small | Small | 120 | 2 | 0 | 0 | 0 | 120 | 24 | 1 | 22 | 22 | 2 | 4 | 129 | 351 | 1 |
| Butter Pecan Swirl Iced Latte with Skim Milk - Large | Large | 350 | 0.5 | 0 | 0 | 10 | 440 | 70 | 0 | 66 | 42 | 16 | 4 | 849 | 596 | 0 |
| Butter Pecan Swirl Iced Latte with Skim Milk - Medium | Medium | 260 | 0 | 0 | 0 | 5 | 330 | 52 | 0 | 50 | 31 | 12 | 3 | 632 | 446 | 0 |
| Butter Pecan Swirl Iced Latte with Skim Milk - Small | Small | 170 | 0 | 0 | 0 | 5 | 220 | 35 | 0 | 33 | 21 | 8 | 2 | 425 | 298 | 0 |
| Butter Pecan Swirl Iced Latte with Whole Milk - Large | Large | 450 | 12 | 7 | 0 | 40 | 440 | 69 | 0 | 66 | 42 | 15 | 5 | 759 | 561 | 0 |
| Butter Pecan Swirl Iced Latte with Whole Milk - Medium | Medium | 330 | 9 | 5 | 0 | 30 | 330 | 52 | 0 | 49 | 31 | 11 | 4 | 565 | 420 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Latte | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Iced Latte with Whole Milk - Small | Small | 220 | 6 | 3.5 | 0 | 20 | 220 | 35 | 0 | 33 | 21 | 7 | 2 | 380 | 281 | 0 |
| Caramel Craze Signature Iced Latte with Skim Milk - Large | Large | 430 | 6 | 3.5 | 0 | 30 | 250 | 79 | 0 | 75 | 51 | 16 | 5 | 1053 | 586 | 0 |
| Caramel Craze Signature Iced Latte with Skim Milk - Medium | Medium | 340 | 5 | 3 | 0 | 25 | 190 | 61 | 0 | 57 | 39 | 12 | 3 | 792 | 442 | 0 |
| Caramel Craze Signature Iced Latte with Skim Milk - Small | Small | 250 | 5 | 3 | 0 | 20 | 130 | 43 | 0 | 40 | 27 | 8 | 2 | 543 | 303 | 0 |
| Caramel Craze Signature Iced Latte with Whole Milk - Large | Large | 530 | 17 | 10 | 0.5 | 60 | 250 | 79 | 0 | 74 | 51 | 15 | 5 | 963 | 551 | 0 |
| Caramel Craze Signature Iced Latte with Whole Milk - Medium | Medium | 410 | 14 | 8 | 0 | 45 | 190 | 61 | 0 | 57 | 39 | 11 | 4 | 725 | 416 | 0 |
| Caramel Craze Signature Iced Latte with Whole Milk - Small | Small | 300 | 11 | 6 | 0 | 35 | 130 | 43 | 0 | 39 | 27 | 8 | 3 | 499 | 285 | 0 |
| Caramel Swirl Iced Latte with Skim Milk - Large | Large | 350 | 0 | 0 | 0 | 10 | 250 | 71 | 0 | 69 | 46 | 15 | 4 | 1,017 | 568 | 0 |
| Caramel Swirl Iced Latte with Skim Milk - Medium | Medium | 260 | 0 | 0 | 0 | 10 | 190 | 53 | 0 | 52 | 35 | 11 | 3 | 758 | 426 | 0 |
| Caramel Swirl Iced Latte with Skim Milk - Small | Small | 180 | 0 | 0 | 0 | 5 | 125 | 36 | 0 | 35 | 23 | 8 | 2 | 509 | 284 | 0 |
| Caramel Swirl Iced Latte with Whole Milk - Large | Large | 450 | 12 | 7 | 0 | 40 | 250 | 70 | 0 | 69 | 46 | 14 | 5 | 927 | 534 | 0 |
| Caramel Swirl Iced Latte with Whole Milk - Medium | Medium | 340 | 9 | 5 | 0 | 30 | 190 | 53 | 0 | 52 | 35 | 11 | 4 | 690 | 400 | 0 |
| Caramel Swirl Iced Latte with Whole Milk - Small | Small | 230 | 6 | 3.5 | 0 | 20 | 125 | 35 | 0 | 34 | 23 | 7 | 2 | 464 | 267 | 0 |
| Chai Iced Latte with Skim Milk-Large | Large | 290 | 0.5 | 0 | 0 | 5 | 210 | 58 | 2 | 54 | 36 | 13 | 4 | 656 | 466 | 1 |
| Chai Iced Latte with Skim Milk-Medium | Medium | 220 | 0 | 0 | 0 | 5 | 160 | 44 | 2 | 41 | 27 | 10 | 3 | 492 | 349 | 0 |
| Chai Iced Latte with Skim Milk-Small | Small | 150 | 0 | 0 | 0 | 5 | 105 | 29 | 1 | 27 | 18 | 7 | 2 | 328 | 233 | 0 |
| Chai Iced Latte with Whole Milk-Large | Large | 390 | 12 | 7 | 0 | 35 | 220 | 57 | 2 | 54 | 36 | 12 | 5 | 567 | 431 | 1 |
| Chai Iced Latte with Whole Milk-Medium | Medium | 290 | 9 | 5 | 0 | 25 | 160 | 43 | 2 | 40 | 27 | 9 | 4 | 425 | 323 | 0 |
| Chai Iced Latte with Whole Milk-Small | Small | 200 | 6 | 3.5 | 0 | 20 | 110 | 29 | 1 | 27 | 18 | 6 | 2 | 283 | 216 | 0 |
| Cocoa Mocha Signature Iced Latte with Skim Milk - Large | Large | 420 | 6 | 4 | 0 | 25 | 220 | 78 | 2 | 69 | 50 | 15 | 5 | 1061 | 495 | 2 |
| Cocoa Mocha Signature Iced Latte with Skim Milk - Medium | Medium | 330 | 6 | 3.5 | 0 | 20 | 160 | 60 | 2 | 52 | 38 | 11 | 3 | 798 | 373 | 2 |
| Cocoa Mocha Signature Iced Latte with Skim Milk - Small | Small | 250 | 5 | 3.5 | 0 | 20 | 115 | 43 | 1 | 36 | 27 | 8 | 2 | 548 | 255 | 1 |
| Cocoa Mocha Signature Iced Latte with Whole Milk - Large | Large | 520 | 18 | 11 | 0.5 | 55 | 220 | 77 | 2 | 68 | 50 | 14 | 5 | 971 | 460 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Latte | | | | | | | | | | | | | | | | |
| Cocoa Mocha Signature Iced Latte with Whole Milk - Medium | Medium | 400 | 14 | 9 | 0 | 45 | 170 | 60 | 2 | 52 | 38 | 10 | 4 | 731 | 347 | 2 |
| Cocoa Mocha Signature Iced Latte with Whole Milk - Small | Small | 300 | 11 | 7 | 0 | 35 | 115 | 42 | 1 | 36 | 27 | 7 | 3 | 503 | 238 | 1 |
| French Vanilla Swirl Iced Latte with Skim Milk - Large | Large | 350 | 0 | 0 | 0 | 10 | 240 | 71 | 0 | 67 | 42 | 15 | 4 | 980 | 549 | 0 |
| French Vanilla Swirl Iced Latte with Skim Milk - Medium | Medium | 260 | 0 | 0 | 0 | 10 | 180 | 53 | 0 | 50 | 31 | 11 | 3 | 730 | 411 | 0 |
| French Vanilla Swirl Iced Latte with Skim Milk - Small | Small | 170 | 0 | 0 | 0 | 5 | 120 | 35 | 0 | 33 | 21 | 7 | 2 | 490 | 275 | 0 |
| French Vanilla Swirl Iced Latte with Whole Milk - Large | Large | 450 | 12 | 7 | 0 | 40 | 240 | 70 | 0 | 66 | 42 | 14 | 5 | 891 | 515 | 0 |
| French Vanilla Swirl Iced Latte with Whole Milk - Medium | Medium | 330 | 9 | 5 | 0 | 30 | 180 | 52 | 0 | 50 | 31 | 11 | 4 | 663 | 385 | 0 |
| French Vanilla Swirl Iced Latte with Whole Milk - Small | Small | 220 | 6 | 3.5 | 0 | 20 | 120 | 35 | 0 | 33 | 21 | 7 | 2 | 445 | 258 | 0 |
| Iced Latte with AlmondMilk - Large | Large | 130 | 3.5 | 0 | 0 | 0 | 260 | 23 | 1 | 20 | 19 | 2 | 4 | 374 | 715 | 1 |
| Iced Latte with AlmondMilk - Medium | Medium | 100 | 3 | 0 | 0 | 0 | 190 | 17 | 1 | 15 | 15 | 1 | 3 | 276 | 536 | 1 |
| Iced Latte with AlmondMilk - Small | Small | 70 | 2 | 0 | 0 | 0 | 130 | 11 | 0 | 10 | 10 | 1 | 2 | 187 | 358 | 1 |
| Iced Latte with Oatmilk - Large | Large | 180 | 5 | 1 | 0 | 0 | 200 | 32 | 4 | 7 | 5 | 3 | 9 | 681 | 518 | 1 |
| Iced Latte with Oatmilk - Medium | Medium | 130 | 4 | 0.5 | 0 | 0 | 150 | 24 | 3 | 5 | 4 | 2 | 7 | 506 | 388 | 0 |
| Iced Latte with Oatmilk - Small | Small | 90 | 2.5 | 0 | 0 | 0 | 100 | 16 | 2 | 4 | 3 | 1 | 4 | 340 | 259 | 0 |
| Iced Latte with Skim Milk - Large | Large | 130 | 0 | 0 | 0 | 5 | 180 | 20 | 0 | 18 | 0 | 12 | 4 | 670 | 465 | 0 |
| Iced Latte with Skim Milk - Medium | Medium | 100 | 0 | 0 | 0 | 5 | 135 | 15 | 0 | 14 | 0 | 9 | 3 | 498 | 348 | 0 |
| Iced Latte with Skim Milk - Small | Small | 70 | 0 | 0 | 0 | 5 | 90 | 10 | 0 | 9 | 0 | 6 | 2 | 335 | 233 | 0 |
| Iced Latte with Skim Milk and Sugar - Large | Large | 270 | 0 | 0 | 0 | 5 | 180 | 54 | 0 | 53 | 35 | 12 | 4 | 671 | 465 | 0 |
| Iced Latte with Skim Milk and Sugar - Medium | Medium | 200 | 0 | 0 | 0 | 5 | 135 | 41 | 0 | 40 | 26 | 9 | 3 | 498 | 348 | 0 |
| Iced Latte with Skim Milk and Sugar - Small | Small | 130 | 0 | 0 | 0 | 5 | 90 | 27 | 0 | 26 | 17 | 6 | 2 | 335 | 233 | 0 |
| Iced Latte with Whole Milk - Large | Large | 230 | 12 | 7 | 0 | 35 | 180 | 19 | 0 | 18 | 0 | 12 | 5 | 580 | 431 | 0 |
| Iced Latte with Whole Milk - Medium | Medium | 170 | 9 | 5 | 0 | 25 | 135 | 14 | 0 | 13 | 0 | 9 | 4 | 430 | 322 | 0 |
| Iced Latte with Whole Milk - Small | Small | 120 | 6 | 3.5 | 0 | 20 | 90 | 9 | 0 | 9 | 0 | 6 | 2 | 290 | 216 | 0 |
| Iced Latte with Whole Milk and Sugar - Large | Large | 370 | 12 | 7 | 0 | 35 | 180 | 54 | 0 | 52 | 35 | 12 | 5 | 581 | 431 | 0 |
| Iced Latte with Whole Milk and Sugar - Medium | Medium | 270 | 9 | 5 | 0 | 25 | 135 | 40 | 0 | 39 | 26 | 9 | 4 | 431 | 323 | 0 |
| Iced Latte with Whole Milk and Sugar - Small | Small | 180 | 6 | 3.5 | 0 | 20 | 90 | 27 | 0 | 26 | 17 | 6 | 2 | 291 | 216 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Latte | | | | | | | | | | | | | | | | |
| Matcha Iced Latte with Skim Milk - Large | Large | 240 | 0 | 0 | 0 | 5 | 170 | 45 | 2 | 43 | 25 | 14 | 8 | 578 | 464 | 0 |
| Matcha Iced Latte with Skim Milk - Medium | Medium | 180 | 0 | 0 | 0 | 5 | 125 | 34 | 1 | 32 | 19 | 11 | 6 | 433 | 347 | 0 |
| Matcha Iced Latte with Skim Milk - Small | Small | 120 | 0 | 0 | 0 | 5 | 85 | 23 | 1 | 22 | 12 | 7 | 4 | 289 | 232 | 0 |
| Matcha Iced Latte with Whole Milk - Large | Large | 340 | 12 | 7 | 0 | 35 | 170 | 44 | 2 | 43 | 25 | 13 | 9 | 488 | 429 | 0 |
| Matcha Iced Latte with Whole Milk - Medium | Medium | 250 | 9 | 5 | 0 | 25 | 130 | 33 | 1 | 32 | 19 | 10 | 6 | 366 | 321 | 0 |
| Matcha Iced Latte with Whole Milk - Small | Small | 170 | 6 | 3.5 | 0 | 20 | 85 | 22 | 1 | 21 | 12 | 7 | 4 | 244 | 215 | 0 |
| Mocha Swirl Iced Latte with Skim Milk - Large | Large | 340 | 1 | 0.5 | 0 | 5 | 210 | 70 | 2 | 64 | 46 | 14 | 4 | 1,021 | 476 | 2 |
| Mocha Swirl Iced Latte with Skim Milk - Medium | Medium | 250 | 1 | 0.5 | 0 | 5 | 160 | 52 | 2 | 48 | 34 | 10 | 3 | 761 | 356 | 1 |
| Mocha Swirl Iced Latte with Skim Milk - Small | Small | 170 | 0.5 | 0 | 0 | 5 | 105 | 35 | 1 | 32 | 23 | 7 | 2 | 510 | 238 | 1 |
| Mocha Swirl Iced Latte with Whole Milk - Large | Large | 440 | 13 | 7 | 0 | 35 | 220 | 69 | 2 | 63 | 46 | 13 | 5 | 931 | 442 | 2 |
| Mocha Swirl Iced Latte with Whole Milk - Medium | Medium | 330 | 10 | 6 | 0 | 25 | 160 | 52 | 2 | 47 | 34 | 10 | 4 | 694 | 330 | 1 |
| Mocha Swirl Iced Latte with Whole Milk - Small | Small | 220 | 6 | 3.5 | 0 | 20 | 110 | 35 | 1 | 32 | 23 | 7 | 2 | 466 | 221 | 1 |
| Pecan Vanilla Iced Latte - Large | Large | 450 | 12 | 7 | 0 | 40 | 440 | 70 | 0 | 66 | 42 | 15 | 5 | 759 | 561 | 0 |
| Pecan Vanilla Iced Latte - Medium | Medium | 340 | 9 | 5 | 0 | 30 | 330 | 52 | 0 | 49 | 31 | 11 | 4 | 565 | 420 | 0 |
| Pecan Vanilla Iced Latte - Small | Small | 230 | 6 | 3.5 | 0 | 20 | 220 | 35 | 0 | 33 | 21 | 7 | 2 | 380 | 281 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Macchiato | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Iced Macchiato with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 5 | 390 | 64 | 0 | 60 | 42 | 12 | 3 | 704 | 447 | 0 |
| Butter Pecan Swirl Iced Macchiato with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 290 | 48 | 0 | 45 | 31 | 9 | 2 | 535 | 335 | 0 |
| Butter Pecan Swirl Iced Macchiato with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 200 | 33 | 0 | 30 | 21 | 6 | 1 | 375 | 224 | 0 |
| Butter Pecan Swirl Iced Macchiato with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 25 | 390 | 64 | 0 | 60 | 42 | 11 | 3 | 644 | 424 | 0 |
| Butter Pecan Swirl Iced Macchiato with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 300 | 48 | 0 | 45 | 31 | 8 | 2 | 490 | 318 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Macchiato | | | | | | | | | | | | | | | | |
| Butter Pecan Swirl Iced Macchiato with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 200 | 32 | 0 | 30 | 21 | 6 | 2 | 345 | 213 | 0 |
| Caramel Swirl Iced Macchiato with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 200 | 66 | 0 | 63 | 46 | 11 | 3 | 872 | 420 | 0 |
| Caramel Swirl Iced Macchiato with Skim Milk - Medium | Medium | 240 | 0 | 0 | 0 | 5 | 150 | 49 | 0 | 47 | 35 | 8 | 2 | 661 | 314 | 0 |
| Caramel Swirl Iced Macchiato with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 105 | 33 | 0 | 32 | 23 | 6 | 1 | 459 | 211 | 0 |
| Caramel Swirl Iced Macchiato with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 30 | 200 | 65 | 0 | 63 | 46 | 11 | 3 | 812 | 397 | 0 |
| Caramel Swirl Iced Macchiato with Whole Milk - Medium | Medium | 290 | 6 | 3.5 | 0 | 20 | 150 | 49 | 0 | 47 | 35 | 8 | 2 | 616 | 297 | 0 |
| Caramel Swirl Iced Macchiato with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 105 | 33 | 0 | 31 | 23 | 5 | 2 | 429 | 199 | 0 |
| French Vanilla Swirl Iced Macchiato with Skim Milk - Large | Large | 310 | 0 | 0 | 0 | 10 | 190 | 65 | 0 | 61 | 42 | 11 | 3 | 835 | 401 | 0 |
| French Vanilla Swirl Iced Macchiato with Skim Milk - Medium | Medium | 230 | 0 | 0 | 0 | 5 | 150 | 49 | 0 | 46 | 31 | 8 | 2 | 633 | 300 | 0 |
| French Vanilla Swirl Iced Macchiato with Skim Milk - Small | Small | 160 | 0 | 0 | 0 | 5 | 100 | 33 | 0 | 30 | 21 | 5 | 1 | 441 | 201 | 0 |
| French Vanilla Swirl Iced Macchiato with Whole Milk - Large | Large | 380 | 8 | 4.5 | 0 | 30 | 200 | 65 | 0 | 60 | 42 | 10 | 3 | 776 | 378 | 0 |
| French Vanilla Swirl Iced Macchiato with Whole Milk - Medium | Medium | 280 | 6 | 3.5 | 0 | 20 | 150 | 49 | 0 | 45 | 31 | 8 | 2 | 588 | 283 | 0 |
| French Vanilla Swirl Iced Macchiato with Whole Milk - Small | Small | 190 | 4 | 2.5 | 0 | 15 | 100 | 33 | 0 | 30 | 21 | 5 | 2 | 411 | 189 | 0 |
| Iced Macchiato with Oatmilk - Large | Large | 120 | 3.5 | 0.5 | 0 | 0 | 150 | 23 | 3 | 5 | 4 | 2 | 6 | 532 | 352 | 0 |
| Iced Macchiato with Oatmilk - Medium | Medium | 90 | 2.5 | 0 | 0 | 0 | 110 | 17 | 2 | 4 | 3 | 2 | 4 | 406 | 263 | 0 |
| Iced Macchiato with Oatmilk - Small | Small | 60 | 2 | 0 | 0 | 0 | 75 | 12 | 1 | 2 | 2 | 1 | 3 | 289 | 177 | 0 |
| Iced Macchiato with Skim Milk - Large | Large | 90 | 0 | 0 | 0 | 5 | 135 | 14 | 0 | 12 | 0 | 8 | 3 | 525 | 317 | 0 |
| Iced Macchiato with Skim Milk - Medium | Medium | 70 | 0 | 0 | 0 | 5 | 100 | 11 | 0 | 9 | 0 | 6 | 2 | 400 | 237 | 0 |
| Iced Macchiato with Skim Milk - Small | Small | 50 | 0 | 0 | 0 | 0 | 70 | 7 | 0 | 6 | 0 | 4 | 1 | 286 | 159 | 0 |
| Iced Macchiato with Skim Milk and Sugar - Large | Large | 230 | 0 | 0 | 0 | 5 | 135 | 49 | 0 | 47 | 35 | 8 | 3 | 526 | 317 | 0 |
| Iced Macchiato with Skim Milk and Sugar - Medium | Medium | 170 | 0 | 0 | 0 | 5 | 100 | 37 | 0 | 35 | 26 | 6 | 2 | 401 | 237 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Macchiato | | | | | | | | | | | | | | | | |
| Iced Macchiato with Skim Milk and Sugar - Small | Small | 120 | 0 | 0 | 0 | 0 | 70 | 25 | 0 | 23 | 17 | 4 | 1 | 286 | 159 | 0 |
| Iced Macchiato with Whole Milk - Large | Large | 160 | 8 | 4.5 | 0 | 25 | 135 | 14 | 0 | 12 | 0 | 8 | 3 | 465 | 294 | 0 |
| Iced Macchiato with Whole Milk - Medium | Medium | 120 | 6 | 3.5 | 0 | 20 | 105 | 10 | 0 | 9 | 0 | 6 | 2 | 356 | 220 | 0 |
| Iced Macchiato with Whole Milk - Small | Small | 80 | 4 | 2.5 | 0 | 10 | 70 | 7 | 0 | 6 | 0 | 4 | 2 | 256 | 147 | 0 |
| Iced Macchiato with Whole Milk and Sugar - Large | Large | 290 | 8 | 4.5 | 0 | 25 | 140 | 49 | 0 | 46 | 35 | 8 | 3 | 466 | 294 | 0 |
| Iced Macchiato with Whole Milk and Sugar - Small | Small | 150 | 4 | 2.5 | 0 | 10 | 70 | 25 | 0 | 23 | 17 | 4 | 2 | 256 | 148 | 0 |
| Iced Macchiato with Whole Milk and Sugar - Medium | Medium | 220 | 6 | 3.5 | 0 | 20 | 105 | 37 | 0 | 35 | 26 | 6 | 2 | 356 | 220 | 0 |
| Mocha Swirl Iced Macchiato with Skim Milk - Large | Large | 300 | 1 | 0.5 | 0 | 5 | 160 | 65 | 2 | 58 | 46 | 10 | 3 | 876 | 327 | 2 |
| Mocha Swirl Iced Macchiato with Skim Milk - Medium | Medium | 230 | 1 | 0.5 | 0 | 5 | 125 | 49 | 2 | 43 | 34 | 7 | 2 | 664 | 245 | 2 |
| Mocha Swirl Iced Macchiato with Skim Milk - Small | Small | 150 | 0.5 | 0 | 0 | 0 | 85 | 33 | 1 | 29 | 23 | 5 | 1 | 461 | 164 | 1 |
| Mocha Swirl Iced Macchiato with Whole Milk - Large | Large | 370 | 9 | 5 | 0 | 25 | 170 | 64 | 2 | 57 | 46 | 9 | 3 | 816 | 305 | 2 |
| Mocha Swirl Iced Macchiato with Whole Milk - Medium | Medium | 280 | 7 | 4 | 0 | 20 | 125 | 48 | 2 | 43 | 34 | 7 | 2 | 619 | 228 | 2 |
| Mocha Swirl Iced Macchiato with Whole Milk - Small | Small | 180 | 4.5 | 2.5 | 0 | 10 | 85 | 32 | 1 | 29 | 23 | 5 | 2 | 431 | 153 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Tea | | | | | | | | | | | | | | | | |
| Iced Green Tea Sweetened - Large | Large | 140 | 0 | 0 | 0 | 0 | 15 | 33 | 0 | 33 | 33 | 1 | 0 | 49 | 10 | 0 |
| Iced Green Tea Sweetened - Medium | Medium | 100 | 0 | 0 | 0 | 0 | 10 | 25 | 0 | 25 | 25 | 1 | 0 | 36 | 6 | 0 |
| Iced Green Tea Sweetened - Small | Small | 70 | 0 | 0 | 0 | 0 | 10 | 16 | 0 | 16 | 16 | 1 | 0 | 24 | 5 | 0 |
| Iced Green Tea Unsweetened - Large | Large | 5 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 0 | 0 | 1 | 0 | 49 | 10 | 0 |
| Iced Green Tea Unsweetened - Medium | Medium | 5 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 1 | 0 | 36 | 6 | 0 |
| Iced Green Tea Unsweetened - Small | Small | 5 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 1 | 0 | 24 | 5 | 0 |
| Iced Tea Sweetened - Large | Large | 140 | 0 | 0 | 0 | 0 | 25 | 35 | 0 | 33 | 33 | 0 | 0 | 213 | 10 | 0 |
| Iced Tea Sweetened - Medium | Medium | 100 | 0 | 0 | 0 | 0 | 20 | 26 | 0 | 25 | 25 | 0 | 0 | 159 | 6 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Iced Tea | | | | | | | | | | | | | | | | |
| Iced Tea Sweetened - Small | Small | 70 | 0 | 0 | 0 | 0 | 15 | 17 | 0 | 16 | 16 | 0 | 0 | 107 | 5 | 0 |
| Iced Tea Sweetened Blueberry Flavored - Medium | Medium | 110 | 0 | 0 | 0 | 0 | 20 | 27 | 0 | 25 | 25 | 0 | 0 | 149 | 6 | 0 |
| Iced Tea Sweetened Blueberry Flavored - Large | Large | 150 | 0 | 0 | 0 | 0 | 25 | 35 | 0 | 33 | 33 | 0 | 0 | 199 | 10 | 0 |
| Iced Tea Sweetened Blueberry Flavored - Small | Small | 70 | 0 | 0 | 0 | 0 | 15 | 18 | 0 | 17 | 17 | 0 | 0 | 99 | 5 | 0 |
| Iced Tea Sweetened Raspberry Flavored - Large | Large | 150 | 0 | 0 | 0 | 0 | 25 | 38 | 0 | 33 | 33 | 0 | 0 | 199 | 10 | 0 |
| Iced Tea Sweetened Raspberry Flavored - Medium | Medium | 110 | 0 | 0 | 0 | 0 | 20 | 29 | 0 | 25 | 25 | 0 | 0 | 149 | 6 | 0 |
| Iced Tea Sweetened Raspberry Flavored - Small | Small | 80 | 0 | 0 | 0 | 0 | 15 | 19 | 0 | 17 | 17 | 0 | 0 | 99 | 5 | 0 |
| Iced Tea Unsweetened - Large | Large | 5 | 0 | 0 | 0 | 0 | 25 | 2 | 0 | 0 | 0 | 0 | 0 | 196 | 10 | 0 |
| Iced Tea Unsweetened - Medium | Medium | 5 | 0 | 0 | 0 | 0 | 20 | 1 | 0 | 0 | 0 | 0 | 0 | 148 | 6 | 0 |
| Iced Tea Unsweetened - Small | Small | 5 | 0 | 0 | 0 | 0 | 15 | 1 | 0 | 0 | 0 | 0 | 0 | 102 | 5 | 0 |
| Iced Tea Unsweetened Blueberry Flavored - Large | Large | 15 | 0 | 0 | 0 | 0 | 25 | 2 | 0 | 0 | 0 | 0 | 0 | 199 | 10 | 0 |
| Iced Tea Unsweetened Blueberry Flavored - Medium | Medium | 10 | 0 | 0 | 0 | 0 | 20 | 2 | 0 | 0 | 0 | 0 | 0 | 149 | 6 | 0 |
| Iced Tea Unsweetened Blueberry Flavored - Small | Small | 5 | 0 | 0 | 0 | 0 | 15 | 1 | 0 | 0 | 0 | 0 | 0 | 99 | 5 | 0 |
| Iced Tea Unsweetened Raspberry Flavored - Large | Large | 20 | 0 | 0 | 0 | 0 | 25 | 5 | 0 | 0 | 0 | 0 | 0 | 199 | 10 | 0 |
| Iced Tea Unsweetened Raspberry Flavored - Medium | Medium | 15 | 0 | 0 | 0 | 0 | 20 | 4 | 0 | 0 | 0 | 0 | 0 | 149 | 6 | 0 |
| Iced Tea Unsweetened Raspberry Flavored - Small | Small | 10 | 0 | 0 | 0 | 0 | 15 | 3 | 0 | 0 | 0 | 0 | 0 | 99 | 5 | 0 |
| Sweet Tea - Large | Large | 310 | 0 | 0 | 0 | 0 | 25 | 79 | 0 | 78 | 78 | 0 | 0 | 206 | 10 | 0 |
| Sweet Tea - Medium | Medium | 230 | 0 | 0 | 0 | 0 | 20 | 60 | 0 | 58 | 58 | 0 | 0 | 154 | 7 | 0 |
| Sweet Tea - Small | Small | 150 | 0 | 0 | 0 | 0 | 15 | 40 | 0 | 39 | 39 | 0 | 0 | 103 | 5 | 0 |
| Sweet Tea Blueberry Flavored - Large | Large | 330 | 0 | 0 | 0 | 0 | 30 | 86 | 0 | 81 | 81 | 0 | 0 | 224 | 10 | 0 |
| Sweet Tea Blueberry Flavored - Medium | Medium | 250 | 0 | 0 | 0 | 0 | 20 | 64 | 0 | 60 | 60 | 0 | 0 | 167 | 7 | 0 |
| Sweet Tea Blueberry Flavored - Small | Small | 170 | 0 | 0 | 0 | 0 | 15 | 43 | 0 | 40 | 40 | 0 | 0 | 112 | 5 | 0 |
| Sweet Tea Raspberry Flavored - Large | Large | 330 | 0 | 0 | 0 | 0 | 30 | 86 | 0 | 81 | 81 | 0 | 0 | 224 | 10 | 0 |
| Sweet Tea Raspberry Flavored - Medium | Medium | 250 | 0 | 0 | 0 | 0 | 20 | 65 | 0 | 60 | 60 | 0 | 0 | 167 | 7 | 0 |
| Sweet Tea Raspberry Flavored - Small | Small | 170 | 0 | 0 | 0 | 0 | 15 | 43 | 0 | 40 | 40 | 0 | 0 | 112 | 5 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Kolache - Regional | | | | | | | | | | | | | | | | |
| Kolache | 1 Kolache | 390 | 23 | 7 | 0 | 60 | 1020 | 31 | 1 | 7 | 6 | 15 | 0 | 197 | 86 | 1 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Kosher Sandwiches and Wraps | | | | | | | | | | | | | | | | |
| Kosher Dunkin' Double Veggie Sausage Sandwich | 1 Sandwich | 600 | 18 | 6 | 0 | 180 | 1460 | 74 | 6 | 8 | 5 | 37 | 1 | 439 | 163 | 8 |
| Kosher Egg and Cheese Wake Up Wrap | 1 Wrap | 170 | 10 | 4 | 0 | 95 | 410 | 14 | 0 | 1 | 0 | 7 | 1 | 86 | 120 | 1 |
| Kosher Egg and Cheese on an English Muffin | 1 Sandwich | 340 | 14 | 5 | 0 | 180 | 600 | 38 | 1 | 3 | 3 | 14 | 2 | 164 | 112 | 3 |
| Kosher Sourdough Breakfast Sandwich | 1 Sandwich | 660 | 34 | 10 | 0 | 345 | 1470 | 61 | 3 | 1 | 0 | 29 | 2 | 323 | 234 | 6 |
| Kosher Tuna Melt on a Croissant | 1 Sandwich | 630 | 42 | 15 | 0 | 65 | 820 | 38 | 1 | 5 | 5 | 24 | 3 | 82 | 166 | 3 |
| Kosher Tuna Salad on a Plain Bagel | 1 Sandwich | 510 | 17 | 3 | 0 | 45 | 1060 | 64 | 4 | 7 | 4 | 24 | 0 | 130 | 23 | 4 |
| Kosher Veggie Bacon Egg and Cheese on a Plain Bagel | 1 Sandwich | 510 | 17 | 5 | 0 | 180 | 1170 | 68 | 4 | 7 | 4 | 21 | 1 | 251 | 130 | 5 |
| Kosher Veggie Bacon Wake-Up Wrap | 1 Wrap | 200 | 12 | 4.5 | 0 | 95 | 520 | 15 | 0 | 1 | 0 | 8 | 1 | 94 | 124 | 1 |
| Kosher Veggie Sausage Egg and Cheese on a Croissant | 1 Sandwich | 570 | 33 | 13 | 0 | 180 | 840 | 44 | 2 | 6 | 5 | 23 | 4 | 268 | 132 | 5 |
| Kosher Veggie Sausage Wake-Up Wrap | 1 Wrap | 210 | 11 | 4 | 0 | 95 | 540 | 16 | 1 | 1 | 1 | 11 | 1 | 138 | 130 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Kosher Sandwiches and Wraps - Regional | | | | | | | | | | | | | | | | |
| Kosher Grilled Cheese | 1 Sandwich | 420 | 23 | 12 | 0 | 55 | 840 | 36 | 0 | 3 | 2 | 17 | 1 | 146 | 326 | 2 |
| Kosher Grilled Cheese with Veggie Bacon | 1 Sandwich | 480 | 27 | 12 | 0 | 55 | 1060 | 38 | 0 | 3 | 2 | 19 | 1 | 162 | 334 | 3 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Muffins | | | | | | | | | | | | | | | | |
| Blueberry Muffin | 1 Muffin | 460 | 15 | 3 | 0 | 60 | 390 | 77 | 1 | 44 | 41 | 6 | 0 | 93 | 21 | 2 |
| Chocolate Chip Muffin | 1 Muffin | 550 | 21 | 6 | 0 | 65 | 400 | 85 | 2 | 49 | 49 | 7 | 0 | 175 | 29 | 3 |
| Coffee Cake Muffin | 1 Muffin | 590 | 24 | 8 | 0 | 65 | 370 | 88 | 2 | 51 | 50 | 7 | 0 | 101 | 36 | 3 |
| Corn Muffin | 1 Muffin | 460 | 16 | 3 | 0 | 70 | 670 | 73 | 1 | 30 | 30 | 7 | 0 | 85 | 17 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---------------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Munchkins | | | | | | | | | | | | | | | | |
| Cinnamon Munchkins | 1 Donut Hole | 60 | 3.5 | 1.5 | 0 | 5 | 65 | 6 | 0 | 2 | 2 | 1 | 0 | 7 | 4 | 0 |
| Glazed Blueberry Munchkins | 1 Donut Hole | 60 | 2.5 | 1 | 0 | 5 | 75 | 9 | 0 | 5 | 4 | 1 | 0 | 12 | 5 | 0 |
| Glazed Chocolate Munchkins | 1 Donut Hole | 60 | 3.5 | 1.5 | 0 | 0 | 80 | 8 | 0 | 4 | 4 | 1 | 0 | 31 | 6 | 0 |
| Glazed Munchkins | 1 Donut Hole | 60 | 3 | 1.5 | 0 | 0 | 60 | 7 | 0 | 3 | 3 | 1 | 0 | 11 | 2 | 0 |
| Glazed Old Fashioned Munchkins | 1 Donut Hole | 70 | 3 | 1.5 | 0 | 5 | 65 | 8 | 0 | 4 | 4 | 1 | 0 | 7 | 3 | 0 |
| Jelly Munchkins | 1 Donut Hole | 60 | 3 | 1.5 | 0 | 0 | 65 | 8 | 0 | 3 | 3 | 1 | 0 | 11 | 3 | 0 |
| Old Fashioned Munchkins | 1 Donut Hole | 50 | 3 | 1.5 | 0 | 5 | 65 | 6 | 0 | 2 | 1 | 1 | 0 | 6 | 3 | 0 |
| Powdered Munchkins | 1 Donut Hole | 60 | 3.5 | 1.5 | 0 | 5 | 65 | 7 | 0 | 2 | 2 | 1 | 0 | 6 | 3 | 0 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Other Bakery | | | | | | | | | | | | | | | | |
| English Muffin | 1 Muffin | 190 | 2 | 0 | 0 | 0 | 270 | 35 | 1 | 3 | 3 | 6 | 0 | 56 | 10 | 2 |
| Plain Croissant | 1 Croissant | 340 | 19 | 8 | 0 | 0 | 250 | 37 | 1 | 5 | 5 | 6 | 3 | 57 | 10 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Other Bakery - Regional | | | | | | | | | | | | | | | | |
| Biscuit | 1 Biscuit | 270 | 14 | 9 | 0 | 10 | 640 | 32 | 1 | 2 | 0 | 5 | 0 | 80 | 64 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|---|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Sandwiches | | | | | | | | | | | | | | | | |
| Bacon, Egg and Cheese Wake-Up Wrap | 1 Wrap | 220 | 13 | 5 | 0 | 105 | 590 | 15 | 0 | 1 | 1 | 10 | 1 | 112 | 134 | 1 |
| Bacon, Egg and Cheese on Croissant | 1 Sandwich | 560 | 36 | 14 | 0 | 190 | 820 | 41 | 1 | 6 | 5 | 18 | 4 | 210 | 126 | 3 |
| Bacon, Egg and Cheese on English Muffin | 1 Sandwich | 400 | 19 | 7 | 0 | 190 | 840 | 39 | 1 | 4 | 4 | 18 | 2 | 209 | 126 | 3 |
| Bacon, Egg and Cheese on a Plain Bagel | 1 Sandwich | 520 | 18 | 6 | 0 | 190 | 1,200 | 67 | 4 | 8 | 5 | 23 | 1 | 280 | 137 | 5 |
| Double Sausage Breakfast Sandwich | 1 Sandwich | 900 | 54 | 19 | 0 | 265 | 1980 | 70 | 5 | 8 | 4 | 33 | 2 | 439 | 189 | 6 |
| Egg and Cheese Wake-Up Wrap | 1 Wrap | 180 | 10 | 4 | 0 | 95 | 470 | 14 | 0 | 1 | 0 | 7 | 1 | 74 | 132 | 1 |
| Egg and Cheese on Croissant | 1 Sandwich | 500 | 31 | 13 | 0 | 175 | 640 | 40 | 1 | 6 | 5 | 15 | 4 | 153 | 125 | 3 |
| Egg and Cheese on English Muffin | 1 Sandwich | 340 | 15 | 5 | 0 | 175 | 650 | 38 | 1 | 4 | 3 | 14 | 2 | 151 | 124 | 3 |
| Egg and Cheese on a Plain Bagel | 1 Sandwich | 460 | 13 | 5 | 0 | 175 | 1010 | 66 | 4 | 8 | 4 | 19 | 1 | 222 | 135 | 4 |
| Grilled Cheese | 1 Sandwich | 480 | 20 | 11 | 0 | 55 | 1120 | 54 | 3 | 1 | 0 | 21 | 0 | 167 | 407 | 4 |
| Sausage, Egg and Cheese Wake-Up Wrap | 1 Wrap | 290 | 21 | 8 | 0 | 120 | 710 | 15 | 1 | 1 | 0 | 10 | 1 | 128 | 146 | 2 |
| Sausage, Egg and Cheese on Croissant | 1 Sandwich | 720 | 52 | 20 | 0 | 220 | 1120 | 42 | 2 | 6 | 5 | 21 | 5 | 261 | 152 | 4 |
| Sausage, Egg and Cheese on English Muffin | 1 Sandwich | 560 | 35 | 12 | 0 | 220 | 1,140 | 40 | 2 | 4 | 3 | 21 | 2 | 260 | 151 | 3 |
| Sausage, Egg and Cheese on a Plain Bagel | 1 Sandwich | 680 | 34 | 12 | 0 | 220 | 1,500 | 68 | 5 | 8 | 4 | 26 | 2 | 330 | 162 | 5 |
| Sourdough Breakfast Sandwich | 1 Sandwich | 650 | 32 | 11 | 0 | 365 | 1360 | 58 | 3 | 2 | 1 | 31 | 2 | 383 | 220 | 5 |
| Spam Breakfast Sandwich | 1 Sandwich | 630 | 42 | 17 | 0 | 200 | 1210 | 41 | 1 | 6 | 5 | 20 | 4 | 251 | 129 | 3 |
| Turkey Sausage Sandwich on English Muffin | 1 Sandwich | 470 | 25 | 8 | 0 | 215 | 1080 | 39 | 1 | 4 | 3 | 23 | 2 | 249 | 130 | 3 |
| Turkey Sausage Wake Up Wrap | 1 Wrap | 240 | 15 | 6 | 0 | 115 | 680 | 15 | 0 | 1 | 1 | 11 | 1 | 122 | 135 | 2 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|--------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Sandwiches - Regional | | | | | | | | | | | | | | | | |
| Biscuit, Bacon, Egg and Cheese | 1 Sandwich | 490 | 31 | 15 | 0 | 195 | 1210 | 35 | 1 | 3 | 1 | 17 | 1 | 233 | 181 | 3 |
| Chicken Biscuit | 1 Sandwich | 460 | 22 | 11 | 0 | 45 | 1080 | 46 | 1 | 3 | 1 | 21 | 0 | 269 | 73 | 3 |
| Chicken Croissant Sandwich | 1 Sandwich | 650 | 36 | 14 | 0 | 65 | 1240 | 55 | 2 | 9 | 8 | 28 | 3 | 335 | 116 | 3 |
| Sausage Biscuit | 1 Sandwich | 490 | 34 | 16 | 0 | 45 | 1120 | 32 | 1 | 2 | 0 | 13 | 0 | 229 | 86 | 3 |

| | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin D (mcg) | Potassium (mg) | Calcium (mg) | Iron (mg) |
|-------------------------------|--------------|----------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------------|------------------|-------------|-----------------|----------------|--------------|-----------|
| Soft Serve | | | | | | | | | | | | | | | | |
| Extra Thick Shake - Chocolate | 1 Size | 650 | 20 | 13 | 0 | 75 | 400 | 108 | 2 | 94 | 74 | 15 | 2 | 1018 | 544 | 1 |
| Extra Thick Shake - Coffee | 1 Size | 500 | 19 | 12 | 0 | 75 | 380 | 71 | 0 | 61 | 40 | 14 | 2 | 814 | 537 | 0 |
| Extra Thick Shake - Vanilla | 1 Size | 500 | 19 | 12 | 0 | 75 | 380 | 70 | 0 | 61 | 40 | 14 | 2 | 758 | 536 | 0 |
| Frozen Coffee Float | 1 Size | 380 | 15 | 9 | 0 | 55 | 200 | 57 | 0 | 51 | 43 | 6 | 0 | 729 | 230 | 1 |
| M&M's® Mix-In | 1 Serving | 690 | 27 | 17 | 0 | 60 | 340 | 103 | 2 | 90 | 74 | 12 | 0 | 741 | 442 | 1 |
| OREO® Mix-In | 1 Serving | 550 | 21 | 11 | 0 | 55 | 410 | 84 | 1 | 64 | 50 | 10 | 0 | 588 | 374 | 1 |
| Soft Serve Cone | 1 Cone | 280 | 9 | 6 | 0 | 35 | 210 | 45 | 0 | 33 | 24 | 7 | 0 | 358 | 240 | 0 |
| Strawberry Coolatta® Float | 1 Size | 450 | 12 | 8 | 0 | 50 | 260 | 79 | 0 | 71 | 50 | 8 | 0 | 481 | 324 | 0 |

Allergen information is available at www.DunkinDonuts.com or by calling Guest Support at 800-859-5339. Please be advised that our products may contain or may have been further processed on shared equipment that may have come in contact with allergens including Eggs, Fish, Milk, Peanuts, Sesame, Soy, Tree Nuts, Wheat, & Shellfish.

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