

Nutrition Guide

The information below was last updated on 06-22-2018 . Information can change frequently, so check www.DunkinDonuts.com for the most current information.

Before placing your order, please inform your server if a person in your party has a food allergy.

Limited Time Products

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cold Brew Coffee																	
Brown Sugar Cold Brew Coffee Large	Large	150	0	0	0	0	0	40	37	0	32	1	0	0	8	6	
Brown Sugar Cold Brew Coffee Medium	Medium	110	0	0	0	0	0	30	28	0	24	1	0	0	6	4	
Brown Sugar Cold Brew Coffee Small	Small	80	0	0	0	0	0	20	18	0	16	1	0	0	4	2	
Brown Sugar Cold Brew Coffee with Cream Large	Large	270	100	12	6	0	35	85	38	0	34	3	8	0	15	6	
Brown Sugar Cold Brew Coffee with Cream Medium	Medium	200	80	9	4.5	0	25	65	29	0	26	2	6	0	10	4	
Brown Sugar Cold Brew Coffee with Cream Small	Small	130	50	6	3	0	20	40	19	0	17	1	4	0	6	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coolatta																	
Cosmic Cotton Candy Coolatta® Large	Large	480	0	0	0	0	0	50	123	0	120	0	0	0	2	0	
Cosmic Cotton Candy Coolatta® Medium	Medium	360	0	0	0	0	0	40	92	0	90	0	0	0	2	0	
Cosmic Cotton Candy Coolatta® Small	Small	240	0	0	0	0	0	25	61	0	60	0	0	0	2	0	
Cosmic Pineapple Coolatta® Large	Large	480	0	0	0	0	0	50	124	0	119	0	0	0	2	0	
Cosmic Pineapple Coolatta® Medium	Medium	360	0	0	0	0	0	40	93	0	89	0	0	0	2	0	
Cosmic Pineapple Coolatta® Small	Small	240	0	0	0	0	0	25	62	0	60	0	0	0	2	0	
Cotton Candy Coolatta® Large	Large	470	0	0	0	0	0	55	123	0	119	0	0	0	2	0	
Cotton Candy Coolatta® Medium	Medium	350	0	0	0	0	0	40	92	0	89	0	0	0	2	0	
Cotton Candy Coolatta® Small	Small	230	0	0	0	0	0	30	61	0	60	0	0	0	2	0	
Pineapple Coolatta® Large	Large	480	0	0	0	0	0	55	124	0	117	0	0	0	2	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coolatta																	
Pineapple Coolatta® Medium	Medium	360	0	0	0	0	0	40	93	0	88	0	0	0	2	0	
Pineapple Coolatta® Small	Small	240	0	0	0	0	0	30	62	0	59	0	0	0	2	0	
Watermelon Coolatta® Large	Large	480	0	0	0	0	0	60	125	0	122	0	0	0	2	0	
Watermelon Coolatta® Medium	Medium	360	0	0	0	0	0	45	94	0	91	0	0	0	2	0	
Watermelon Coolatta® Small	Small	240	0	0	0	0	0	25	62	0	61	0	0	0	2	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Donuts																
Chocolate Coconutty Donut	1 Donut	410	220	24	12	0	5	370	44	1	23	4	2	0	0	8
Donut Fries	5 Fries	240	130	14	8	0	20	220	22	1	5	4	4	4	2	8
Shark Bite Donut	1 Donut	290	140	15	7	0	0	340	35	1	16	3	2	0	0	6

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Donuts - Regional																
Apple Streusel Donut	1 Donut	340	140	16	7	0	0	350	45	1	22	3	2	0	2	6
Bowtie Donut	1 Donut	270	100	12	4.5	0	0	270	38	1	16	4	0	0	2	8

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Dunkin' Energy Punch - Regional																
Cotton Candy Dunkin' Energy Punch Powered by Monster Energy®	Large	370	0	0	0	0	0	420	94	0	92	0	0	0	2	0
Pineapple Dunkin' Energy Punch Powered by Monster Energy®	Large	390	0	0	0	0	0	420	95	0	90	0	0	0	2	0
Watermelon Dunkin' Energy Punch Powered by Monster Energy®	Large	380	0	0	0	0	0	430	96	0	94	0	0	0	2	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Chocolate																	
Butter Pecan Swirl Frozen Chocolate Large	Large	900	150	17	12	1	25	560	176	1	163	12	10	6	40	2	
Butter Pecan Swirl Frozen Chocolate Medium	Medium	690	120	13	9	1	20	420	135	1	125	9	8	6	30	2	
Butter Pecan Swirl Frozen Chocolate Small	Small	500	90	10	7	1	15	290	95	1	87	6	6	4	20	2	
Cookie Dough Swirl Frozen Chocolate Large	Large	880	150	17	12	1	25	520	174	1	163	11	10	6	40	2	
Cookie Dough Swirl Frozen Chocolate Medium	Medium	680	120	13	9	1	20	390	134	1	125	9	8	4	30	2	
Cookie Dough Swirl Frozen Chocolate Small	Small	490	90	10	7	1	15	270	94	1	87	6	6	2	20	2	
Girl Scouts® Thin Mints® Inspired Frozen Chocolate Large	Large	920	160	18	13	1	25	340	184	4	167	10	10	6	25	15	
Girl Scouts® Thin Mints® Inspired Frozen Chocolate Medium	Medium	700	130	14	10	1	20	250	139	3	126	8	8	4	20	10	
Girl Scouts® Thin Mints® Inspired Frozen Chocolate Small	Small	500	100	11	7	1	15	170	97	2	87	5	6	2	15	8	
Pistachio Swirl Frozen Chocolate Large	Large	890	150	17	12	1	25	370	174	1	162	11	10	6	40	2	
Pistachio Swirl Frozen Chocolate Medium	Medium	690	120	13	9	1	20	280	134	1	125	9	8	4	30	2	
Pistachio Swirl Frozen Chocolate Small	Small	490	90	10	7	1	15	190	95	1	87	6	6	2	20	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee																	
Butter Pecan Swirl Frozen Coffee with Cream Large	Large	1160	350	39	21	2	115	470	193	1	183	11	30	6	35	2	
Butter Pecan Swirl Frozen Coffee with Cream Medium	Medium	890	270	30	16	2	85	360	148	1	140	8	20	4	30	2	
Butter Pecan Swirl Frozen Coffee with Cream Small	Small	630	190	21	12	1.5	60	240	104	0	97	6	15	4	20	0	
Butter Pecan Swirl Frozen Coffee with Skim Milk Large	Large	880	40	4.5	3	1	10	420	197	1	187	12	10	4	40	2	
Butter Pecan Swirl Frozen Coffee with Skim Milk Medium	Medium	680	35	4	2.5	1	10	320	151	1	143	9	10	2	30	2	
Butter Pecan Swirl Frozen Coffee with Skim Milk Small	Small	490	35	4	2.5	1	10	220	106	0	99	6	8	2	25	0	

Frozen Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Butter Pecan Swirl Frozen Coffee with Whole Milk Large	Large	930	90	10	6	1	25	420	196	1	186	11	10	4	40	2
Butter Pecan Swirl Frozen Coffee with Whole Milk Medium	Medium	720	80	8	5	1	20	320	151	1	143	9	8	2	30	2
Butter Pecan Swirl Frozen Coffee with Whole Milk Small	Small	510	60	7	4.5	1	15	220	106	0	99	6	6	2	20	0
Cookie Dough Swirl Frozen Coffee with Cream Large	Large	1150	350	39	21	2	115	440	191	1	182	11	30	6	35	2
Cookie Dough Swirl Frozen Coffee with Cream Medium	Medium	880	270	30	16	2	85	330	147	1	140	8	20	4	25	2
Cookie Dough Swirl Frozen Coffee with Cream Small	Small	620	190	21	12	1.5	60	220	103	0	97	6	15	2	20	0
Cookie Dough Swirl Frozen Coffee with Skim Milk Large	Large	860	40	4.5	3	1	10	380	195	1	186	11	10	2	40	2
Cookie Dough Swirl Frozen Coffee with Skim Milk Medium	Medium	670	35	4	2.5	1	10	290	150	1	143	9	10	2	30	2
Cookie Dough Swirl Frozen Coffee with Skim Milk Small	Small	480	35	4	2.5	1	10	200	105	0	99	6	8	2	20	0
Cookie Dough Swirl Frozen Coffee with Whole Milk Large	Large	910	90	10	6	1	25	390	195	1	186	11	10	2	35	2
Cookie Dough Swirl Frozen Coffee with Whole Milk Medium	Medium	710	80	8	5	1	20	290	150	1	143	8	8	2	30	2
Cookie Dough Swirl Frozen Coffee with Whole Milk Small	Small	500	60	7	4.5	1	15	200	105	0	99	6	6	2	20	0
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Cream Large	Large	1180	360	40	22	2	110	250	201	4	187	9	30	4	20	15
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Cream Medium	Medium	900	280	31	17	2	85	190	152	3	141	7	20	4	15	10
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Cream Small	Small	630	200	22	12	1.5	60	130	105	2	97	5	15	2	10	8
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Skim Milk Large	Large	900	50	6	3.5	1	10	200	205	4	191	10	10	2	30	15
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Skim Milk Medium	Medium	680	45	5	3	1	5	150	155	3	144	8	10	2	20	10
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Skim Milk Small	Small	490	40	4.5	3	1	5	100	107	2	99	5	8	0	15	8
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Whole Milk Large	Large	950	100	11	7	1	25	200	204	4	190	10	10	2	25	15
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Whole Milk Medium	Medium	720	80	9	6	1	20	150	154	3	143	7	8	2	20	10

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													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee																	
Girl Scouts® Thin Mints® Inspired Frozen Coffee with Whole Milk Small	Small	510	70	7	4.5	1	15	100	107	2	99	5	6	0	15	8	
Pistachio Swirl Frozen Coffee with Cream Large	Large	1160	350	39	21	2	115	290	192	1	182	10	30	4	35	2	
Pistachio Swirl Frozen Coffee with Cream Medium	Medium	890	270	30	16	2	85	220	147	1	140	8	20	4	25	2	
Pistachio Swirl Frozen Coffee with Cream Small	Small	630	190	21	12	1.5	60	150	103	0	97	6	15	2	20	0	
Pistachio Swirl Frozen Coffee with Skim Milk Large	Large	870	40	4.5	3	1	10	230	196	1	186	11	10	2	40	2	
Pistachio Swirl Frozen Coffee with Skim Milk Medium	Medium	680	40	4	2.5	1	10	180	150	1	143	9	10	2	30	2	
Pistachio Swirl Frozen Coffee with Skim Milk Small	Small	480	35	4	2.5	1	10	120	105	0	99	6	8	0	20	0	
Pistachio Swirl Frozen Coffee with Whole Milk Large	Large	920	90	10	6	1	25	240	195	1	186	11	10	2	40	2	
Pistachio Swirl Frozen Coffee with Whole Milk Medium	Medium	710	80	9	5	1	20	180	150	1	142	8	8	2	30	2	
Pistachio Swirl Frozen Coffee with Whole Milk Small	Small	510	60	7	4.5	1	15	125	105	0	99	6	6	0	20	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Fruited Iced Tea																	
Mango Pineapple Fruited Iced Tea Large	Large	90	0	0	0	0	0	15	23	1	17	1	10	120	4	2	
Mango Pineapple Fruited Iced Tea Medium	Medium	70	0	0	0	0	0	10	18	1	13	1	8	100	2	2	
Mango Pineapple Fruited Iced Tea Small	Small	50	0	0	0	0	0	10	13	1	10	0	6	80	2	0	
Strawberry Fruited Iced Tea Large	Large	100	0	0	0	0	0	25	25	1	20	0	2	60	2	2	
Strawberry Fruited Iced Tea Medium	Medium	80	0	0	0	0	0	15	20	1	16	0	2	60	2	2	
Strawberry Fruited Iced Tea Small	Small	60	0	0	0	0	0	10	15	1	12	0	2	50	2	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Cappuccino																	
Brown Sugar Cappuccino Large	Large	290	70	8	4.5	0	25	140	47	0	44	8	8	0	35	6	
Brown Sugar Cappuccino Medium	Medium	220	50	6	3.5	0	20	105	35	0	33	6	6	0	25	4	
Brown Sugar Cappuccino Small	Small	150	35	4	2.5	0	10	70	24	0	22	4	4	0	15	4	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Coffee																	
Brown Sugar Coffee Extra Large	XLarge	180	0	0	0	0	0	45	44	0	41	1	0	0	8	6	
Brown Sugar Coffee Large	Large	150	0	0	0	0	0	40	36	0	32	1	0	0	6	6	
Brown Sugar Coffee Medium	Medium	110	0	0	0	0	0	30	27	0	24	1	0	0	4	4	
Brown Sugar Coffee Small	Small	70	0	0	0	0	0	20	18	0	16	0	0	0	4	2	
Brown Sugar Coffee with Cream Extra Large	XLarge	320	130	14	8	0	45	100	46	0	43	3	10	2	15	8	
Brown Sugar Coffee with Cream Large	Large	260	100	12	6	0	35	80	37	0	34	3	8	0	10	6	
Brown Sugar Coffee with Cream Medium	Medium	190	80	9	4.5	0	25	60	28	0	26	2	6	0	8	4	
Brown Sugar Coffee with Cream Small	Small	130	50	6	3	0	20	40	19	0	17	1	4	0	6	2	
Butter Pecan Swirl Hot Coffee Extra Large	XLarge	280	0	0	0	0	0	340	65	0	60	5	0	2	15	0	
Butter Pecan Swirl Hot Coffee Large	Large	230	0	0	0	0	0	270	52	0	48	4	0	2	15	0	
Butter Pecan Swirl Hot Coffee Medium	Medium	170	0	0	0	0	0	200	39	0	36	3	0	2	10	0	
Butter Pecan Swirl Hot Coffee Small	Small	110	0	0	0	0	0	135	26	0	24	2	0	0	6	0	
Butter Pecan Swirl Hot Coffee with Cream Extra Large	XLarge	420	130	14	8	0	45	390	67	0	62	7	10	4	25	0	
Butter Pecan Swirl Hot Coffee with Cream Large	Large	340	100	12	6	0	35	310	54	0	50	6	8	2	20	0	
Butter Pecan Swirl Hot Coffee with Cream Medium	Medium	250	80	9	4.5	0	30	230	40	0	37	4	6	2	15	0	
Butter Pecan Swirl Hot Coffee with Cream Small	Small	170	50	6	3	0	20	160	27	0	25	3	4	2	10	0	
Cookie Dough Swirl Hot Coffee Extra Large	XLarge	270	0	0	0	0	0	290	63	0	60	5	0	2	15	0	
Cookie Dough Swirl Hot Coffee Large	Large	210	0	0	0	0	0	230	50	0	48	4	0	0	10	0	
Cookie Dough Swirl Hot Coffee Medium	Medium	160	0	0	0	0	0	180	38	0	36	3	0	0	8	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Coffee																	
Cookie Dough Swirl Hot Coffee Small	Small	110	0	0	0	0	0	115	25	0	24	2	0	0	6	0	
Cookie Dough Swirl Hot Coffee with Cream Extra Large	XLarge	410	130	14	8	0	45	340	65	0	62	7	10	2	20	0	
Cookie Dough Swirl Hot Coffee with Cream Large	Large	330	100	12	6	0	35	280	52	0	50	5	8	2	15	0	
Cookie Dough Swirl Hot Coffee with Cream Medium	Medium	240	80	9	4.5	0	30	210	39	0	37	4	6	2	10	0	
Cookie Dough Swirl Hot Coffee with Cream Small	Small	160	50	6	3	0	20	140	26	0	25	3	4	0	8	0	
Girl Scouts® Thin Mints® Inspired Hot Coffee Extra Large	XLarge	270	10	1	0.5	0	0	55	67	3	59	3	0	0	2	20	
Girl Scouts® Thin Mints® Inspired Hot Coffee Large	Large	220	5	0.5	0	0	0	45	53	2	47	2	0	0	0	15	
Girl Scouts® Thin Mints® Inspired Hot Coffee Medium	Medium	160	5	0.5	0	0	0	30	40	2	35	2	0	0	0	10	
Girl Scouts® Thin Mints® Inspired Hot Coffee Small	Small	110	5	0	0	0	0	20	27	1	24	1	0	0	0	8	
Girl Scouts® Thin Mints® Inspired Hot Coffee with Cream Extra Large	XLarge	410	140	15	8	0	45	105	69	3	61	5	10	2	8	20	
Girl Scouts® Thin Mints® Inspired Hot Coffee with Cream Large	Large	330	110	12	7	0	35	85	55	2	49	4	8	0	6	15	
Girl Scouts® Thin Mints® Inspired Hot Coffee with Cream Medium	Medium	250	80	9	5	0	25	65	41	2	37	3	6	0	4	10	
Girl Scouts® Thin Mints® Inspired Hot Coffee with Cream Small	Small	170	50	6	3.5	0	20	40	27	1	24	2	4	0	4	8	
Pistachio Swirl Hot Coffee Extra Large	XLarge	280	0	0	0	0	5	105	64	0	60	4	0	0	15	0	
Pistachio Swirl Hot Coffee Large	Large	220	0	0	0	0	0	85	51	0	48	3	0	0	15	0	
Pistachio Swirl Hot Coffee Medium	Medium	170	0	0	0	0	0	65	38	0	36	3	0	0	10	0	
Pistachio Swirl Hot Coffee Small	Small	110	0	0	0	0	0	40	26	0	24	2	0	0	6	0	
Pistachio Swirl Hot Coffee with Cream Extra Large	XLarge	420	130	15	8	0	45	160	66	0	62	6	10	2	25	0	
Pistachio Swirl Hot Coffee with Cream Large	Large	340	100	12	6	0	40	125	53	0	50	5	8	0	20	0	
Pistachio Swirl Hot Coffee with Cream Medium	Medium	250	80	9	4.5	0	30	95	39	0	37	4	6	0	15	0	
Pistachio Swirl Hot Coffee with Cream Small	Small	170	50	6	3	0	20	65	26	0	25	3	4	0	10	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Hot Latte																
Brown Sugar Hot Latte with Skim Milk Large	Large	270	5	0	0	0	5	190	54	0	51	13	15	0	50	6
Brown Sugar Hot Latte with Skim Milk Medium	Medium	200	5	0	0	0	5	140	40	0	38	9	10	0	40	6
Brown Sugar Hot Latte with Skim Milk Small	Small	130	0	0	0	0	5	95	27	0	25	6	8	0	25	4
Brown Sugar Hot Latte with Whole Milk Large	Large	370	110	12	7	0	35	200	53	0	50	12	10	0	50	6
Brown Sugar Hot Latte with Whole Milk Medium	Medium	270	80	9	5	0	25	150	40	0	37	9	8	0	35	6
Brown Sugar Hot Latte with Whole Milk Small	Small	180	50	6	3.5	0	20	100	26	0	25	6	6	0	25	4
Butter Pecan Swirl Hot Latte with Skim Milk Large	Large	360	5	0.5	0	0	10	430	72	0	69	16	15	2	60	2
Butter Pecan Swirl Hot Latte with Skim Milk Medium	Medium	270	5	0	0	0	5	320	55	0	52	12	10	2	45	2
Butter Pecan Swirl Hot Latte with Skim Milk Small	Small	180	0	0	0	0	5	210	37	0	35	8	8	2	30	0
Butter Pecan Swirl Hot Latte with Whole Milk Large	Large	460	110	12	7	0	40	430	72	0	68	15	10	2	60	2
Butter Pecan Swirl Hot Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	320	54	0	52	11	10	2	40	2
Butter Pecan Swirl Hot Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	220	37	0	35	8	6	2	30	0
Cookie Dough Swirl Hot Latte with Skim Milk Large	Large	350	5	0.5	0	0	10	390	71	0	68	15	15	2	60	2
Cookie Dough Swirl Hot Latte with Skim Milk Medium	Medium	260	5	0	0	0	5	290	53	0	52	12	10	0	40	2
Cookie Dough Swirl Hot Latte with Skim Milk Small	Small	180	5	0	0	0	5	200	36	0	35	8	8	0	30	0
Cookie Dough Swirl Hot Latte with Whole Milk Large	Large	440	110	12	7	0	40	390	70	0	68	15	10	2	50	2
Cookie Dough Swirl Hot Latte with Whole Milk Medium	Medium	330	80	9	5	0	30	290	53	0	51	11	8	0	40	2
Cookie Dough Swirl Hot Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	200	36	0	35	7	6	0	25	0
Girl Scouts® Thin Mints® Inspired Hot Latte with Milk Large	Large	450	120	13	7	0	35	200	73	2	67	13	10	0	40	15
Girl Scouts® Thin Mints® Inspired Hot Latte with Milk Medium	Medium	340	90	10	6	0	25	150	55	2	50	10	8	0	30	10
Girl Scouts® Thin Mints® Inspired Hot Latte with Milk Small	Small	230	60	6	3.5	0	20	100	38	1	34	7	6	0	20	8
Girl Scouts® Thin Mints® Inspired Hot Latte with Skim Milk Large	Large	350	10	1	1	0	5	200	74	2	67	14	15	0	45	15

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Latte																	
Girl Scouts® Thin Mints® Inspired Hot Latte with Skim Milk Medium	Medium	260	10	1	0.5	0	5	150	56	2	51	11	10	0	35	10	
Girl Scouts® Thin Mints® Inspired Hot Latte with Skim Milk Small	Small	180	5	0.5	0	0	5	100	38	1	35	7	8	0	25	8	
Pistachio Swirl Hot Latte with Skim Milk Large	Large	360	5	0.5	0	0	10	240	71	0	68	15	15	0	60	2	
Pistachio Swirl Hot Latte with Skim Milk Medium	Medium	270	5	0	0	0	5	180	54	0	52	11	10	0	45	2	
Pistachio Swirl Hot Latte with Skim Milk Small	Small	180	5	0	0	0	5	120	37	0	35	8	8	0	30	0	
Pistachio Swirl Hot Latte with Whole Milk Large	Large	450	110	12	7	0	40	240	71	0	68	14	10	0	50	2	
Pistachio Swirl Hot Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	180	53	0	51	11	10	0	40	2	
Pistachio Swirl Hot Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	125	36	0	35	7	6	0	30	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Macchiato																	
Brown Sugar Hot Macchiato with Skim Milk Large	Large	230	5	0	0	0	5	150	48	0	45	8	10	0	35	6	
Brown Sugar Hot Macchiato with Skim Milk Medium	Medium	170	5	0	0	0	5	115	36	0	33	6	8	0	25	6	
Brown Sugar Hot Macchiato with Skim Milk Small	Small	120	0	0	0	0	0	80	25	0	22	4	4	0	20	4	
Brown Sugar Hot Macchiato with Whole Milk Large	Large	300	70	8	4.5	0	25	150	48	0	44	8	8	0	35	6	
Brown Sugar Hot Macchiato with Whole Milk Medium	Medium	220	60	6	3.5	0	20	115	36	0	33	6	6	0	25	6	
Brown Sugar Hot Macchiato with Whole Milk Small	Small	150	35	4	2.5	0	10	80	24	0	22	4	4	0	15	4	
Butter Pecan Swirl Hot Macchiato with Skim Milk Large	Large	310	5	0.5	0	0	5	380	65	0	60	12	10	2	45	2	
Butter Pecan Swirl Hot Macchiato with Skim Milk Medium	Medium	230	5	0	0	0	5	290	49	0	45	9	8	2	30	2	
Butter Pecan Swirl Hot Macchiato with Skim Milk Small	Small	160	5	0	0	0	5	190	33	0	30	6	6	2	20	2	
Butter Pecan Swirl Hot Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	25	380	64	0	60	11	8	2	40	2	
Butter Pecan Swirl Hot Macchiato with Whole Milk Medium	Medium	280	60	6	3.5	0	20	290	48	0	45	8	6	2	30	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Macchiato																	
Butter Pecan Swirl Hot Macchiato with Whole Milk Small	Small	190	40	4	2.5	0	15	190	33	0	30	6	4	2	20	2	
Cookie Dough Swirl Hot Macchiato with Skim Milk Large	Large	300	5	0.5	0	0	5	340	63	0	60	11	10	2	40	2	
Cookie Dough Swirl Hot Macchiato with Skim Milk Medium	Medium	220	5	0	0	0	5	260	48	0	45	9	8	2	30	2	
Cookie Dough Swirl Hot Macchiato with Skim Milk Small	Small	150	5	0	0	0	5	180	32	0	30	6	6	0	20	2	
Cookie Dough Swirl Hot Macchiato with Whole Milk Large	Large	360	70	8	4.5	0	25	350	63	0	60	11	8	2	40	2	
Cookie Dough Swirl Hot Macchiato with Whole Milk Medium	Medium	270	60	6	3.5	0	20	260	47	0	45	8	6	2	30	2	
Cookie Dough Swirl Hot Macchiato with Whole Milk Small	Small	180	40	4	2.5	0	15	180	32	0	30	5	4	0	20	2	
Girl Scouts® Thin Mints® Inspired Hot Macchiato with Skim Milk Large	Large	300	10	1	0.5	0	5	150	66	2	59	10	10	0	30	15	
Girl Scouts® Thin Mints® Inspired Hot Macchiato with Skim Milk Medium	Medium	230	10	1	0.5	0	5	115	50	2	44	7	8	0	25	10	
Girl Scouts® Thin Mints® Inspired Hot Macchiato with Skim Milk Small	Small	150	5	0.5	0	0	0	80	33	1	30	5	6	0	15	8	
Girl Scouts® Thin Mints® Inspired Hot Macchiato with Whole Milk Large	Large	370	80	9	5	0	25	160	66	2	59	9	8	0	30	15	
Girl Scouts® Thin Mints® Inspired Hot Macchiato with Whole Milk Medium	Medium	280	60	7	4	0	20	120	49	2	44	7	6	0	20	10	
Girl Scouts® Thin Mints® Inspired Hot Macchiato with Whole Milk Small	Small	190	40	4.5	2.5	0	10	80	33	1	29	5	4	0	15	8	
Pistachio Swirl Hot Macchiato with Skim Milk Large	Large	310	5	0.5	0	0	5	190	64	0	60	11	10	0	45	2	
Pistachio Swirl Hot Macchiato with Skim Milk Medium	Medium	230	5	0	0	0	5	150	48	0	45	8	8	0	30	2	
Pistachio Swirl Hot Macchiato with Skim Milk Small	Small	160	5	0	0	0	5	100	32	0	30	6	6	0	20	2	
Pistachio Swirl Hot Macchiato with Whole Milk Large	Large	370	70	8	4.5	0	25	200	63	0	60	11	8	0	40	2	
Pistachio Swirl Hot Macchiato with Whole Milk Medium	Medium	280	60	6	3.5	0	20	150	48	0	45	8	6	0	30	2	
Pistachio Swirl Hot Macchiato with Whole Milk Small	Small	190	40	4	2.5	0	15	100	32	0	30	5	4	0	20	2	

Iced Cappuccino	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Brown Sugar Iced Cappuccino Large	Large	290	70	8	4.5	0	25	160	47	0	44	8	8	0	35	6
Brown Sugar Iced Cappuccino Medium	Medium	220	50	6	3.5	0	20	120	35	0	33	6	6	0	25	4
Brown Sugar Iced Cappuccino Small	Small	150	35	4	2.5	0	10	80	24	0	22	4	4	0	20	4

Iced Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Brown Sugar Iced Coffee Large	Large	150	0	0	0	0	0	40	37	0	32	1	0	0	8	6
Brown Sugar Iced Coffee Medium	Medium	120	0	0	0	0	0	30	28	0	24	1	0	0	6	4
Brown Sugar Iced Coffee Small	Small	80	0	0	0	0	0	20	19	0	16	1	0	0	4	2
Brown Sugar Iced Coffee with Cream Large	Large	270	100	12	6	0	35	85	39	0	34	3	8	0	15	6
Brown Sugar Iced Coffee with Cream Medium	Medium	200	80	9	4.5	0	25	65	29	0	26	2	6	0	10	4
Brown Sugar Iced Coffee with Cream Small	Small	130	50	6	3	0	20	45	19	0	17	2	4	0	6	2
Butter Pecan Swirl Iced Coffee Large	Large	230	0	0	0	0	0	270	54	0	48	4	0	2	15	0
Butter Pecan Swirl Iced Coffee Medium	Medium	180	0	0	0	0	0	210	40	0	36	3	0	2	10	0
Butter Pecan Swirl Iced Coffee Small	Small	120	0	0	0	0	0	140	27	0	24	2	0	0	8	0
Butter Pecan Swirl Iced Coffee with Cream Large	Large	350	100	12	6	0	35	320	55	0	50	6	8	2	20	0
Butter Pecan Swirl Iced Coffee with Cream Medium	Medium	260	80	9	4.5	0	30	240	41	0	37	5	6	2	15	0
Butter Pecan Swirl Iced Coffee with Cream Small	Small	170	50	6	3	0	20	160	28	0	25	3	4	2	10	0
Cookie Dough Swirl Iced Coffee Large	Large	220	0	0	0	0	0	240	52	0	48	4	0	0	10	0
Cookie Dough Swirl Iced Coffee Medium	Medium	170	0	0	0	0	0	180	39	0	36	3	0	0	8	0
Cookie Dough Swirl Iced Coffee Small	Small	110	0	0	0	0	0	120	26	0	24	2	0	0	6	0
Cookie Dough Swirl Iced Coffee with Cream Large	Large	330	100	12	6	0	35	280	53	0	50	6	8	2	15	0
Cookie Dough Swirl Iced Coffee with Cream Medium	Medium	250	80	9	4.5	0	30	210	40	0	37	4	6	2	10	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Cookie Dough Swirl Iced Coffee with Cream Small	Small	170	50	6	3	0	20	140	26	0	25	3	4	0	8	0	
Girl Scouts® Thin Mints® Inspired Iced Coffee Large	Large	230	5	0.5	0	0	0	45	55	2	47	3	0	0	2	15	
Girl Scouts® Thin Mints® Inspired Iced Coffee Medium	Medium	170	5	0.5	0	0	0	35	41	2	35	2	0	0	2	10	
Girl Scouts® Thin Mints® Inspired Iced Coffee Small	Small	110	5	0	0	0	0	25	28	1	24	1	0	0	0	8	
Girl Scouts® Thin Mints® Inspired Iced Coffee with Cream Large	Large	340	110	12	7	0	35	90	56	2	49	4	8	0	8	15	
Girl Scouts® Thin Mints® Inspired Iced Coffee with Cream Medium	Medium	250	80	9	5	0	25	65	42	2	37	3	6	0	6	10	
Girl Scouts® Thin Mints® Inspired Iced Coffee with Cream Small	Small	170	50	6	3.5	0	20	45	28	1	24	2	4	0	4	8	
Pistachio Swirl Iced Coffee Large	Large	230	0	0	0	0	0	90	53	0	48	4	0	0	15	0	
Pistachio Swirl Iced Coffee Medium	Medium	170	0	0	0	0	0	65	39	0	36	3	0	0	10	0	
Pistachio Swirl Iced Coffee Small	Small	120	0	0	0	0	0	45	26	0	24	2	0	0	6	0	
Pistachio Swirl Iced Coffee with Cream Large	Large	350	100	12	6	0	40	130	54	0	50	6	8	0	20	0	
Pistachio Swirl Iced Coffee with Cream Medium	Medium	260	80	9	4.5	0	30	100	40	0	37	4	6	0	15	0	
Pistachio Swirl Iced Coffee with Cream Small	Small	170	50	6	3	0	20	65	27	0	25	3	4	0	10	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Latte																	
Brown Sugar Iced Latte with Skim Milk Large	Large	270	5	0	0	0	5	210	54	0	51	13	15	0	50	6	
Brown Sugar Iced Latte with Skim Milk Medium	Medium	200	5	0	0	0	5	160	40	0	38	9	10	0	40	6	
Brown Sugar Iced Latte with Skim Milk Small	Small	130	0	0	0	0	5	105	27	0	25	6	8	0	25	4	
Brown Sugar Iced Latte with Whole Milk Large	Large	370	110	12	7	0	35	210	53	0	50	12	10	0	50	6	
Brown Sugar Iced Latte with Whole Milk Medium	Medium	270	80	9	5	0	25	160	40	0	37	9	8	0	35	6	
Brown Sugar Iced Latte with Whole Milk Small	Small	180	50	6	3.5	0	20	105	26	0	25	6	6	0	25	4	
Butter Pecan Swirl Iced Latte with Skim Milk Large	Large	360	5	0.5	0	0	10	440	72	0	69	16	15	2	60	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Latte																	
Butter Pecan Swirl Iced Latte with Skim Milk Medium	Medium	270	5	0	0	0	5	330	55	0	52	12	10	2	45	2	
Butter Pecan Swirl Iced Latte with Skim Milk Small	Small	180	0	0	0	0	5	220	37	0	35	8	8	2	30	0	
Butter Pecan Swirl Iced Latte with Whole Milk Large	Large	460	110	12	7	0	40	450	72	0	68	15	10	2	60	2	
Butter Pecan Swirl Iced Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	330	54	0	52	11	10	2	40	2	
Butter Pecan Swirl Iced Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	220	37	0	35	8	6	2	30	0	
Cookie Dough Swirl Iced Latte with Skim Milk Large	Large	340	5	0.5	0	0	10	400	70	0	68	15	15	2	60	2	
Cookie Dough Swirl Iced Latte with Skim Milk Medium	Medium	260	5	0	0	0	5	300	53	0	51	12	10	0	40	2	
Cookie Dough Swirl Iced Latte with Skim Milk Small	Small	180	5	0	0	0	5	200	36	0	35	8	8	0	30	0	
Cookie Dough Swirl Iced Latte with Whole Milk Large	Large	440	110	12	7	0	40	410	69	0	67	15	10	2	50	2	
Cookie Dough Swirl Iced Latte with Whole Milk Medium	Medium	330	80	9	5	0	30	300	52	0	51	11	8	0	40	2	
Cookie Dough Swirl Iced Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	200	36	0	35	7	6	0	25	0	
Girl Scouts® Thin Mints® Inspired Iced Latte with Milk Large	Large	450	120	13	7	0	35	220	73	2	67	13	10	0	45	15	
Girl Scouts® Thin Mints® Inspired Iced Latte with Milk Medium	Medium	340	90	10	6	0	25	160	55	2	50	10	8	0	35	10	
Girl Scouts® Thin Mints® Inspired Iced Latte with Milk Small	Small	230	60	6	3.5	0	20	110	38	1	34	7	6	0	20	8	
Girl Scouts® Thin Mints® Inspired Iced Latte with Skim Milk Large	Large	350	10	1	1	0	5	210	74	2	67	14	15	0	45	15	
Girl Scouts® Thin Mints® Inspired Iced Latte with Skim Milk Medium	Medium	260	10	1	0.5	0	5	160	56	2	51	11	10	0	35	10	
Girl Scouts® Thin Mints® Inspired Iced Latte with Skim Milk Small	Small	180	5	0.5	0	0	5	110	38	1	35	7	8	0	25	8	
Pistachio Swirl Iced Latte with Skim Milk Large	Large	360	5	0.5	0	0	10	260	71	0	68	15	15	0	60	2	
Pistachio Swirl Iced Latte with Skim Milk Medium	Medium	270	5	0	0	0	5	190	54	0	52	11	10	0	45	2	
Pistachio Swirl Iced Latte with Skim Milk Small	Small	180	5	0	0	0	5	130	37	0	35	8	8	0	30	0	
Pistachio Swirl Iced Latte with Whole Milk Large	Large	450	110	12	7	0	40	260	71	0	68	14	10	0	60	2	
Pistachio Swirl Iced Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	190	53	0	51	11	10	0	40	2	
Pistachio Swirl Iced Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	130	36	0	35	7	6	0	30	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Macchiato																	
Brown Sugar Iced Macchiato with Skim Milk Large	Large	230	5	0	0	0	5	160	48	0	45	8	10	0	35	6	
Brown Sugar Iced Macchiato with Skim Milk Medium	Medium	170	5	0	0	0	5	120	36	0	33	6	8	0	30	6	
Brown Sugar Iced Macchiato with Skim Milk Small	Small	120	0	0	0	0	0	85	25	0	22	4	4	0	20	4	
Brown Sugar Iced Macchiato with Whole Milk Large	Large	300	70	8	4.5	0	25	160	48	0	44	8	8	0	35	6	
Brown Sugar Iced Macchiato with Whole Milk Medium	Medium	220	60	6	3.5	0	20	120	36	0	33	6	6	0	25	6	
Brown Sugar Iced Macchiato with Whole Milk Small	Small	150	35	4	2.5	0	10	85	24	0	22	4	4	0	20	4	
Butter Pecan Swirl Iced Macchiato with Skim Milk Large	Large	310	5	0.5	0	0	5	390	65	0	60	12	10	2	45	2	
Butter Pecan Swirl Iced Macchiato with Skim Milk Medium	Medium	230	5	0	0	0	5	290	49	0	45	9	8	2	35	2	
Butter Pecan Swirl Iced Macchiato with Skim Milk Small	Small	160	5	0	0	0	5	200	33	0	30	6	6	2	20	2	
Butter Pecan Swirl Iced Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	25	390	64	0	60	11	8	2	40	2	
Butter Pecan Swirl Iced Macchiato with Whole Milk Medium	Medium	280	60	6	3.5	0	20	290	48	0	45	8	6	2	30	2	
Butter Pecan Swirl Iced Macchiato with Whole Milk Small	Small	190	40	4	2.5	0	15	200	33	0	30	6	4	2	20	2	
Cookie Dough Swirl Iced Macchiato with Skim Milk Large	Large	300	5	0.5	0	0	5	350	63	0	60	11	10	2	40	2	
Cookie Dough Swirl Iced Macchiato with Skim Milk Medium	Medium	220	5	0	0	0	5	270	48	0	45	9	8	2	30	2	
Cookie Dough Swirl Iced Macchiato with Skim Milk Small	Small	150	5	0	0	0	5	180	32	0	30	6	6	0	20	2	
Cookie Dough Swirl Iced Macchiato with Whole Milk Large	Large	360	70	8	4.5	0	25	360	63	0	60	11	8	2	40	2	
Cookie Dough Swirl Iced Macchiato with Whole Milk Medium	Medium	270	60	6	3.5	0	20	270	47	0	45	8	6	2	30	2	
Cookie Dough Swirl Iced Macchiato with Whole Milk Small	Small	180	40	4	2.5	0	15	180	32	0	30	5	4	0	20	2	
Girl Scouts® Thin Mints® Inspired Iced Macchiato with Skim Milk Large	Large	300	10	1	0.5	0	5	160	66	2	59	10	10	0	30	15	
Girl Scouts® Thin Mints® Inspired Iced Macchiato with Skim Milk Medium	Medium	230	10	1	0.5	0	5	120	50	2	44	7	8	0	25	10	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Macchiato																	
Girl Scouts® Thin Mints® Inspired Iced Macchiato with Skim Milk Small	Small	150	5	0.5	0	0	0	85	33	1	30	5	6	0	15	8	
Girl Scouts® Thin Mints® Inspired Iced Macchiato with Whole Milk Large	Large	370	80	9	5	0	25	160	66	2	59	9	8	0	30	15	
Girl Scouts® Thin Mints® Inspired Iced Macchiato with Whole Milk Medium	Medium	280	60	7	4	0	20	125	49	2	44	7	6	0	20	10	
Girl Scouts® Thin Mints® Inspired Iced Macchiato with Whole Milk Small	Small	190	40	4.5	2.5	0	10	85	33	1	29	5	4	0	15	8	
Pistachio Swirl Iced Macchiato with Skim Milk Large	Large	310	5	0.5	0	0	5	200	64	0	60	11	10	0	45	2	
Pistachio Swirl Iced Macchiato with Skim Milk Medium	Medium	230	5	0	0	0	5	150	48	0	45	8	8	0	35	2	
Pistachio Swirl Iced Macchiato with Skim Milk Small	Small	160	5	0	0	0	5	105	32	0	30	6	6	0	20	2	
Pistachio Swirl Iced Macchiato with Whole Milk Large	Large	370	70	8	4.5	0	25	210	63	0	60	11	8	0	40	2	
Pistachio Swirl Iced Macchiato with Whole Milk Medium	Medium	280	60	6	3.5	0	20	160	48	0	45	8	6	0	30	2	
Pistachio Swirl Iced Macchiato with Whole Milk Small	Small	190	40	4	2.5	0	15	105	32	0	30	5	4	0	20	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Kosher Sandwiches and Wraps																	
Kosher Sweet Black Pepper Veggie Bacon Breakfast Sandwich	1 Sandwich	640	350	39	14	0	180	1050	52	2	13	19	20	15	15	25	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Kosher Sandwiches and Wraps - Regional																	
Kosher Grilled Cheese	1 Sandwich	420	200	23	12	0	55	840	36	0	3	17	10	0	35	15	
Kosher Grilled Cheese with Veggie Bacon	1 Sandwich	480	240	27	12	0	55	1080	38	1	3	19	10	0	35	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Lemonade																	
Frozen Lemonade Large	Large	620	0	0	0	0	0	20	156	1	148	0	0	20	2	4	
Frozen Lemonade Medium	Medium	460	0	0	0	0	0	15	117	0	111	0	0	15	2	2	
Frozen Lemonade Small	Small	340	0	0	0	0	0	10	84	0	80	0	0	8	2	2	
Frozen Strawberry Lemonade Large	Large	540	0	0	0	0	0	35	135	1	129	0	0	15	4	2	
Frozen Strawberry Lemonade Medium	Medium	410	0	0	0	0	0	25	101	0	97	0	0	10	2	2	
Frozen Strawberry Lemonade Small	Small	300	0	0	0	0	0	15	74	0	71	0	0	8	2	2	
Iced Tea Lemonade Large	Large	170	0	0	0	0	0	10	42	0	36	0	0	8	2	2	
Iced Tea Lemonade Medium	Medium	130	0	0	0	0	0	10	32	0	27	0	0	6	0	2	
Iced Tea Lemonade Small	Small	80	0	0	0	0	0	5	21	0	18	0	0	4	0	0	
Lemonade Large	Large	320	0	0	0	0	0	25	80	1	72	0	0	20	2	4	
Lemonade Medium	Medium	240	0	0	0	0	0	15	60	0	54	0	0	15	2	2	
Lemonade Small	Small	160	0	0	0	0	0	10	40	0	36	0	0	8	2	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Sandwiches																	
Sweet Black Pepper Bacon Breakfast Sandwich	1 Sandwich	640	360	40	16	0	195	960	48	1	12	22	20	15	15	20	
Sweet Black Pepper Bacon Wake Up Wrap	1 Wrap	250	130	15	6	0	105	630	18	1	4	11	4	0	15	8	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Sandwiches - Regional																	
Grilled Cheese	1 Sandwich	430	220	24	11	0	50	960	37	0	3	17	10	0	35	15	
Grilled Cheese with Bacon	1 Sandwich	490	260	29	13	0	60	1120	37	0	3	21	10	0	35	15	
Grilled Cheese with Ham	1 Sandwich	460	220	25	12	0	60	1220	38	0	4	22	10	0	35	15	

Allergen information is available at www.DunkinDonuts.com or by calling Guest Support at 800-859-5339. All products are prepared in restaurant and may contain or may have come into contact with Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts and Wheat.

Dunkin' Donuts has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or

size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information on these printed materials may vary from that which may be available in our restaurants. We will update www.DunkinDonuts.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.DunkinDonuts.com or call Guest Support at 800-859-5339.

Nutrition Guide

The information below was last updated on 06-22-2018 . Information can change frequently, so check www.DunkinDonuts.com for the most current information.

Before placing your order, please inform your server if a person in your party has a food allergy.

Permanent Products

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Bagels																	
Cinnamon Raisin Bagel	1 Bagel	320	10	1	0	0	0	500	66	4	14	12	0	0	4	20	
Everything Bagel	1 Bagel	340	25	3	0.5	0	0	630	67	5	7	12	0	2	6	20	
Multigrain Bagel	1 Bagel	350	60	7	0.5	0	0	450	63	8	8	15	0	0	6	50	
Plain Bagel	1 Bagel	310	5	1	0	0	0	620	64	4	7	11	0	0	2	20	
Sesame Seed Bagel	1 Bagel	350	45	5	1	0	0	630	65	5	7	12	0	0	2	20	
White Cheddar Bagel Twist	1 Bagel Twist	390	70	8	4	0	25	760	64	4	7	16	4	0	15	20	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cold Brew Coffee																	
Cold Brew Coffee Large	Large	20	0	0	0	0	0	15	3	0	0	1	0	0	0	0	
Cold Brew Coffee Medium	Medium	15	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Cold Brew Coffee Small	Small	10	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Cold Brew Coffee with Cream Large	Large	140	100	12	7	0	40	40	6	0	0	3	8	0	6	0	
Cold Brew Coffee with Cream Medium	Medium	100	80	9	4.5	0	25	45	4	0	1	2	6	0	4	0	
Cold Brew Coffee with Cream Small	Small	70	50	6	3	0	20	30	2	0	1	1	4	0	4	0	
Cold Brew Coffee with Cream and Sugar Large	Large	270	100	12	6	0	35	60	40	0	36	3	8	0	6	0	
Cold Brew Coffee with Cream and Sugar Medium	Medium	200	80	9	4.5	0	25	45	30	0	27	2	6	0	4	0	
Cold Brew Coffee with Cream and Sugar Small	Small	130	50	6	3	0	20	30	20	0	18	1	4	0	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Condiments																	
Butter with Canola Oil	1 Portion	100	100	11	4	0	15	85	0	0	0	0	2	0	0	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coolatta																	
Blue Raspberry Coolatta® Large	Large	480	0	0	0	0	0	45	123	0	121	0	0	0	2	0	0
Blue Raspberry Coolatta® Medium	Medium	360	0	0	0	0	0	35	92	0	91	0	0	0	2	0	0
Blue Raspberry Coolatta® Small	Small	240	0	0	0	0	0	25	62	0	61	0	0	0	2	0	0
Strawberry Fruit Coolatta® Large	Large	590	0	0	0	0	0	20	148	2	144	0	0	90	2	4	0
Strawberry Fruit Coolatta® Medium	Medium	440	0	0	0	0	0	15	111	1	108	0	0	70	2	2	0
Strawberry Fruit Coolatta® Small	Small	300	0	0	0	0	0	10	74	1	72	0	0	45	0	2	0
Vanilla Bean Coolatta® Large	Large	840	100	12	6	0	40	310	184	0	175	6	8	0	25	2	0
Vanilla Bean Coolatta® Medium	Medium	630	80	9	4.5	0	30	240	138	0	132	4	6	0	20	2	0
Vanilla Bean Coolatta® Small	Small	420	50	6	3	0	20	160	92	0	88	3	4	0	10	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cream Cheese Spread																	
Classic Plain Cream Cheese Spread	1 Unit	120	110	12	8	0	40	200	3	0	3	2	8	0	4	0	0
Garden Veggie Cream Cheese Spread	1 Unit	100	90	10	6	0	35	200	3	0	1	2	10	0	4	0	0
Strawberry Cream Cheese Spread	1 Unit	130	90	10	6	0	30	100	9	0	8	2	8	0	4	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
DD Smart Wake Up Wraps																	
Egg & Cheese Wake-Up Wrap	1 Wrap	180	90	10	4	0	95	470	14	0	1	7	4	0	15	8	0
Ham, Egg & Cheese Wake-Up Wrap	1 Wrap	190	100	11	4	0	100	600	15	0	1	9	4	0	15	8	0
Turkey Sausage Wake Up Wrap	1 Wrap	240	120	14	5	0	125	700	15	0	1	13	6	0	15	10	0
Veggie Egg White Wake-Up Wrap	1 Wrap	160	70	8	4	0	20	510	15	1	1	8	6	6	15	6	0

Donuts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Apple 'n Spice Donut	1 Donut	260	130	14	6	0	0	340	29	1	9	3	2	0	2	6
Apple Crumb Donut	1 Donut	320	140	15	7	0	0	350	42	1	20	3	2	0	0	6
Apple Fritter	1 Fritter	420	170	19	8	0	0	380	58	2	24	6	0	0	2	15
Apple Stick	1 Stick	420	220	25	11	0	30	390	44	1	20	4	0	0	4	10
Bavarian Kreme Donut	1 Donut	270	140	15	7	0	0	370	30	1	11	3	2	0	0	6
Bismark	1 Bismark	490	220	24	11	0	0	380	65	1	40	5	0	0	2	10
Boston Kreme Donut	1 Donut	300	140	16	7	0	0	390	37	1	17	3	2	0	0	6
Butternut Donut	1 Donut	410	180	20	9	0	25	330	55	1	33	4	4	0	2	8
Chocolate Butternut Donut	1 Donut	410	180	20	10	0	0	430	54	2	31	4	0	0	2	10
Chocolate Crème Donut	1 Donut	320	170	19	9	0	0	360	35	1	15	4	2	0	0	8
Chocolate Dipped French Cruller	1 Donut	280	130	14	6	0	55	190	34	0	20	3	0	0	0	2
Chocolate Frosted Cake Donut	1 Donut	350	170	19	9	0	25	340	40	1	20	4	4	0	2	8
Chocolate Frosted Donut	1 Donut	280	140	15	7	0	0	340	31	1	13	3	2	0	0	6
Chocolate Frosted with Sprinkles Donut	1 Donut	290	140	16	7	0	0	340	34	1	14	3	2	0	0	6
Chocolate Headlight Donut	1 Donut	330	160	18	8	0	0	370	39	1	19	4	2	0	0	8
Chocolate Long John	1 Long John	340	150	17	7	0	0	320	42	1	16	5	0	0	2	10
Cinnamon Donut	1 Donut	310	170	19	9	0	25	320	32	1	13	4	4	0	2	8
Cinnamon Stick	1 Stick	380	220	25	11	0	30	370	35	1	13	4	0	0	4	8
Coconut Donut	1 Donut	390	180	20	10	0	25	330	48	1	27	4	4	0	2	8
Coffee Roll	1 Coffee Roll	390	160	18	7	0	0	410	51	2	17	7	0	0	2	10
Double Chocolate Donut	1 Donut	350	180	20	9	0	0	440	39	2	18	4	0	0	2	10
Eclair	1 Eclair	380	160	18	7	0	0	390	51	1	23	5	2	0	2	10
French Cruller	1 Donut	220	120	13	6	0	55	170	23	0	10	3	0	0	0	2
Frosted Vanilla Crème Donut	1 Donut	360	180	20	9	0	0	370	43	1	24	3	2	0	0	6
Frosted with DD Sprinkles Donut	1 Donut	290	140	16	7	0	0	340	35	1	15	3	2	0	0	6
Glazed Blueberry Donut	1 Donut	340	150	16	7	0	30	370	44	1	22	4	0	0	2	10
Glazed Chocolate Donut	1 Donut	340	170	19	9	0	0	420	38	1	17	3	0	0	2	10
Glazed Chocolate Stick	1 Stick	410	230	25	10	0	0	540	42	2	20	4	0	0	2	10
Glazed Donut	1 Donut	260	130	14	6	0	0	330	30	1	12	3	2	0	0	6
Glazed Jelly Donut	1 Donut	310	130	14	6	0	0	350	42	1	24	3	2	0	0	6
Glazed Jelly Stick	1 Stick	490	220	25	11	0	30	420	61	1	39	4	0	0	2	8
Glazed Stick	1 Stick	410	220	25	11	0	30	370	43	1	21	4	0	0	2	8
Glazed Strawberry Donut	1 Donut	310	130	14	6	0	0	350	43	1	23	3	2	2	0	6
Jelly Donut	1 Donut	280	130	14	6	0	0	350	34	1	16	3	2	0	0	6
Jelly Stick	1 Stick	450	220	25	11	0	30	410	52	1	32	4	0	0	2	8
Lemon Donut	1 Donut	260	130	15	7	0	0	380	29	1	10	3	2	0	0	6
Lemon Stick	1 Stick	420	230	25	11	0	30	450	45	1	21	4	0	0	2	8
Maple Crème Donut	1 Donut	320	170	19	8	0	0	350	36	1	18	3	2	0	0	6
Maple Crème Stick	1 Stick	480	220	24	11	0	0	350	60	1	35	5	0	0	2	10
Maple Frosted Donut	1 Donut	280	130	15	7	0	0	340	32	1	14	3	2	0	0	6

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Donuts																	
Maple Vanilla Crème Donut	1 Donut	360	180	20	9	0	0	360	43	1	25	3	2	0	0	6	
Old Fashioned Donut	1 Donut	290	170	19	8	0	25	320	28	1	10	4	4	0	2	8	
Peanut Donut	1 Donut	450	230	26	10	0	25	330	48	2	26	7	4	0	4	8	
Plain Stick	1 Stick	370	220	25	11	0	30	370	31	1	10	4	0	0	2	8	
Powdered Donut	1 Donut	320	170	19	9	0	25	320	33	1	14	4	4	0	2	8	
Powdered Stick	1 Stick	390	230	25	11	0	30	370	37	1	15	4	0	0	2	8	
Sour Cream Donut	1 Donut	350	150	17	7	0	10	330	47	1	26	4	0	0	2	6	
Strawberry Frosted Donut	1 Donut	280	130	15	7	0	0	340	32	1	14	3	2	0	0	6	
Strawberry Frosted with Sprinkles Donut	1 Donut	290	140	16	7	0	0	340	35	1	15	3	2	0	0	6	
Strawberry Long John	1 Long John	340	150	17	7	0	0	310	43	1	17	5	0	0	2	10	
Sugared Donut	1 Donut	230	130	14	6	0	0	330	22	1	4	3	2	0	0	6	
Sugared Stick	1 Stick	380	220	25	11	0	30	370	34	1	14	4	0	0	2	8	
Taillight Donut	1 Donut	340	170	18	8	0	0	360	39	1	20	3	2	0	0	6	
Toasted Coconut Donut	1 Donut	420	210	23	12	0	25	350	49	2	28	4	4	0	2	8	
Vanilla Crème Donut	1 Donut	330	180	20	9	0	0	350	35	1	17	3	2	0	0	6	
Vanilla Frosted Donut	1 Donut	280	130	15	7	0	0	340	32	1	14	3	2	0	0	6	
Vanilla Headlight Donut	1 Donut	330	170	18	8	0	0	360	39	1	20	3	2	0	0	6	
Vanilla Long John	1 Long John	340	150	17	7	0	0	310	43	1	17	5	0	0	2	10	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Donuts - Regional																
Chocolate Coconut Donut	1 Donut	390	190	21	10	0	0	430	47	2	25	4	0	0	2	10
Chocolate Crème Stick	1 Stick	480	220	25	11	0	0	360	59	1	33	5	0	0	2	10
Crème Delight Donut	1 Donut	360	180	20	9	0	0	370	43	1	24	3	2	0	0	6
Glazed Lemon Donut	1 Donut	300	130	14	6	0	0	380	39	1	19	3	2	0	0	6
Marble Frosted Donut	1 Donut	290	140	15	7	0	0	340	35	1	16	3	2	0	0	6
New Yorker Donut	1 Donut	360	180	20	9	0	0	370	43	1	24	3	2	0	0	6

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Dunkin' Energy Punch - Regional																
Blue Raspberry Dunkin' Energy Punch Powered by Monster Energy®	Large	390	0	0	0	0	0	410	95	0	94	0	0	0	2	0

Dunkin' Energy Punch - Regional	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Strawberry Dunkin' Energy Punch Powered by Monster Energy®	Large	320	0	0	0	0	0	420	78	0	78	0	0	20	2	0

Frozen Chocolate	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Caramel Swirl Frozen Chocolate, Large	Large	920	150	17	12	1	30	340	182	2	170	12	10	6	40	2
Caramel Swirl Frozen Chocolate, Medium	Medium	700	120	13	9	1	25	250	137	1	127	9	10	4	30	2
Caramel Swirl Frozen Chocolate, Small	Small	500	90	10	7	1	15	170	96	1	89	6	8	2	20	0
French Vanilla Swirl Frozen Chocolate, Large	Large	920	150	17	12	1	30	360	181	1	168	11	10	6	40	2
French Vanilla Swirl Frozen Chocolate, Medium	Medium	700	120	13	9	1	25	270	136	1	126	9	10	4	30	2
French Vanilla Swirl Frozen Chocolate, Small	Small	500	90	10	7	1	15	190	95	1	88	6	8	2	20	0
Frozen Chocolate, Large	Large	930	160	18	13	1	25	330	183	5	166	10	10	6	25	2
Frozen Chocolate, Medium	Medium	700	130	14	10	1	20	250	138	3	125	8	8	4	20	2
Frozen Chocolate, Small	Small	500	100	11	7	1	15	170	96	2	86	6	6	2	15	0
Hazelnut Swirl Frozen Chocolate, Large	Large	920	150	17	12	1	30	360	182	1	168	11	10	6	40	2
Hazelnut Swirl Frozen Chocolate, Medium	Medium	700	120	13	9	1	25	270	137	1	126	9	10	4	30	2
Hazelnut Swirl Frozen Chocolate, Small	Small	500	90	10	7	1	15	190	96	1	88	6	8	2	20	0

Frozen Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Caramel Swirl Frozen Coffee with Cream Large	Large	1180	350	39	21	2	120	250	199	1	190	11	30	4	35	2
Caramel Swirl Frozen Coffee with Cream Medium	Medium	900	270	30	16	2	90	190	150	1	142	8	25	4	25	2
Caramel Swirl Frozen Coffee with Cream Small	Small	630	190	21	12	1.5	60	130	104	1	99	6	15	2	20	0
Caramel Swirl Frozen Coffee with Skim Milk Large	Large	900	40	4.5	3	1	15	200	203	1	194	12	15	2	40	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Frozen Coffee																
Caramel Swirl Frozen Coffee with Skim Milk Medium	Medium	680	35	4	2.5	1	10	150	153	1	145	9	10	2	30	0
Caramel Swirl Frozen Coffee with Skim Milk Small	Small	490	35	4	2.5	1	10	100	106	1	101	6	8	0	20	0
Caramel Swirl Frozen Coffee with Whole Milk Large	Large	950	90	10	6	1	30	200	202	1	193	11	10	2	40	2
Caramel Swirl Frozen Coffee with Whole Milk Medium	Medium	720	80	8	5	1	25	150	152	1	145	8	10	2	30	0
Caramel Swirl Frozen Coffee with Whole Milk Small	Small	510	60	7	4.5	1	15	100	106	1	100	6	8	0	20	0
French Vanilla Swirl Frozen Coffee with Cream Large	Large	1180	350	39	21	2	115	280	198	1	188	11	30	4	30	2
French Vanilla Swirl Frozen Coffee with Cream Medium	Medium	890	270	30	16	2	90	210	149	1	141	8	25	4	25	2
French Vanilla Swirl Frozen Coffee with Cream Small	Small	630	190	21	12	2.5	60	140	104	0	98	6	15	2	15	0
French Vanilla Swirl Frozen Coffee with Skim Milk Large	Large	900	40	4.5	3	1	15	220	202	1	192	11	15	2	40	2
French Vanilla Swirl Frozen Coffee with Skim Milk Medium	Medium	680	35	4	2.5	1	10	170	152	1	144	9	10	2	30	0
French Vanilla Swirl Frozen Coffee with Skim Milk Small	Small	490	35	4	2.5	1	10	115	106	0	100	6	8	0	20	0
French Vanilla Swirl Frozen Coffee with Whole Milk Large	Large	950	90	10	6	1	30	230	202	1	192	11	10	2	35	2
French Vanilla Swirl Frozen Coffee with Whole Milk Medium	Medium	720	80	8	5	1	20	170	152	1	144	8	10	2	30	0
French Vanilla Swirl Frozen Coffee with Whole Milk Small	Small	510	60	7	4.5	1	15	115	106	0	99	6	8	0	20	0
Frozen Coffee with Cream Large	Large	840	320	35	22	1	120	130	128	1	123	6	25	4	20	2
Frozen Coffee with Cream Medium	Medium	630	240	26	16	1	90	95	96	1	92	5	20	4	15	2
Frozen Coffee with Cream Small	Small	420	160	18	11	0.5	60	65	64	0	61	3	10	2	10	0
Frozen Coffee with Skim Milk Large	Large	550	0	0	0	0	5	135	131	1	125	8	8	2	25	2
Frozen Coffee with Skim Milk Medium	Medium	420	0	0	0	0	5	100	98	1	94	6	6	2	20	2
Frozen Coffee with Skim Milk Small	Small	280	0	0	0	0	0	65	65	0	63	4	4	0	15	0
Frozen Coffee with Whole Milk Large	Large	600	50	6	3.5	0	20	135	130	1	125	7	6	2	25	2
Frozen Coffee with Whole Milk Medium	Medium	450	40	4.5	2.5	0	15	100	98	1	94	5	4	2	20	2
Frozen Coffee with Whole Milk Small	Small	300	25	3	1.5	0	10	70	65	0	63	4	4	0	10	0
Hazelnut Swirl Frozen Coffee with Cream Large	Large	1180	350	39	21	2	115	280	199	1	188	11	30	4	30	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee																	
Hazelnut Swirl Frozen Coffee with Cream Medium	Medium	900	270	30	16	2	90	210	150	1	141	8	25	4	25	2	
Hazelnut Swirl Frozen Coffee with Cream Small	Small	630	190	21	12	1.5	60	140	104	0	98	6	15	2	15	0	
Hazelnut Swirl Frozen Coffee with Skim Milk Large	Large	900	40	7	15	1	15	220	203	1	192	11	15	2	40	2	
Hazelnut Swirl Frozen Coffee with Skim Milk Medium	Medium	680	35	6	13	1	10	170	153	1	144	9	10	2	30	0	
Hazelnut Swirl Frozen Coffee with Skim Milk Small	Small	490	35	6	13	1	10	115	106	0	100	6	8	0	20	0	
Hazelnut Swirl Frozen Coffee with Whole Milk Large	Large	950	90	10	6	1	30	230	202	1	192	11	10	2	35	2	
Hazelnut Swirl Frozen Coffee with Whole Milk Medium	Medium	720	80	8	5	1	20	170	152	1	144	8	10	2	30	0	
Hazelnut Swirl Frozen Coffee with Whole Milk Small	Small	510	60	7	4.5	1	15	115	106	0	99	6	8	0	20	0	
Mocha Swirl Frozen Coffee with Cream Large	Large	1190	360	40	22	2	110	250	200	4	185	10	30	4	20	2	
Mocha Swirl Frozen Coffee with Cream Medium	Medium	900	280	31	17	2	85	190	151	3	140	7	20	4	15	0	
Mocha Swirl Frozen Coffee with Cream Small	Small	630	200	22	12	1.5	60	125	105	2	96	5	15	2	10	0	
Mocha Swirl Frozen Coffee with Skim Milk Large	Large	910	50	6	3.5	1	10	190	204	4	189	11	10	2	25	2	
Mocha Swirl Frozen Coffee with Skim Milk Medium	Medium	690	45	5	3	1	5	150	154	3	143	8	10	2	20	0	
Mocha Swirl Frozen Coffee with Skim Milk Small	Small	490	40	4.5	3	1	5	100	107	2	98	6	8	0	15	0	
Mocha Swirl Frozen Coffee with Whole Milk Large	Large	960	100	11	7	1	25	200	203	4	189	10	10	2	25	2	
Mocha Swirl Frozen Coffee with Whole Milk Medium	Medium	730	80	9	6	1	20	150	154	3	142	8	8	2	20	0	
Mocha Swirl Frozen Coffee with Whole Milk Small	Small	520	70	7	4.5	1	15	100	107	2	98	5	6	0	15	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Specialty																	
Frozen Dunkaccino® Large	Large	940	190	21	15	1.5	30	350	179	4	160	11	10	2	30	2	
Frozen Dunkaccino® Medium	Medium	720	150	16	12	1	20	260	135	3	121	8	8	2	20	2	
Frozen Dunkaccino® Small	Small	510	110	12	9	1	15	180	94	2	84	6	6	0	15	0	
Frozen Vanilla Chai Large	Large	800	120	14	10	0	25	250	161	0	151	9	6	0	30	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Specialty																	
Frozen Vanilla Chai Medium	Medium	600	90	10	7	0	15	190	121	0	113	7	4	0	25	2	
Frozen Vanilla Chai Small	Small	400	60	7	5	0	10	125	80	0	76	4	2	0	15	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Hash Browns	6 Pieces	140	70	8	1	0	0	480	17	2	0	2	0	8	2	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Hot Americano																
Americano Large	Large	15	0	0	0	0	0	35	2	0	2	0	0	0	2	2
Americano Medium	Medium	10	0	0	0	0	0	25	2	0	2	0	0	0	2	0
Americano Small	Small	10	0	0	0	0	0	20	1	0	1	0	0	0	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Hot Cappuccino																
Cappuccino Large	Large	160	70	8	4.5	0	25	120	13	0	13	8	8	0	30	2
Cappuccino Medium	Medium	120	50	6	3.5	0	20	90	10	0	10	6	6	0	20	0
Cappuccino Small	Small	80	35	4	2.5	0	15	70	7	0	7	4	2	0	10	0
Cappuccino with Sugar Large	Large	290	70	8	4.5	0	25	120	48	0	48	8	8	0	30	2
Cappuccino with Sugar Medium	Medium	220	50	6	3.5	0	20	90	36	0	36	6	6	0	20	0
Cappuccino with Sugar Small	Small	140	35	4	2.5	0	15	70	24	0	24	4	2	0	10	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Hot Chocolate																
Almond Joy® Flavored Hot Chocolate Extra Large	XLarge	550	160	17	16	0	0	520	98	4	76	4	0	15	4	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Chocolate																	
Almond Joy® Flavored Hot Chocolate Large	Large	450	130	14	13	0	0	420	80	3	62	3	0	10	4	2	
Almond Joy® Flavored Hot Chocolate Medium	Medium	340	100	11	10	0	0	320	60	2	47	2	0	10	2	2	
Almond Joy® Flavored Hot Chocolate Small	Small	220	60	7	6	0	0	210	40	2	31	1	0	6	2	0	
Dunkaccino® Extra Large	XLarge	540	210	23	19	0	10	510	80	1	58	4	0	4	10	4	
Dunkaccino® Large	Large	490	190	21	17	0	10	470	73	1	53	4	0	4	10	4	
Dunkaccino® Medium	Medium	350	140	15	12	0	5	340	52	1	38	3	0	2	6	2	
Dunkaccino® Small	Small	240	90	10	8	0	5	230	36	0	26	2	0	2	4	2	
Mint Hot Chocolate Extra Large	XLarge	490	140	16	14	0	0	430	87	3	70	3	0	10	4	4	
Mint Hot Chocolate Large	Large	400	120	13	12	0	0	350	72	3	57	3	0	10	4	2	
Mint Hot Chocolate Medium	Medium	300	90	10	9	0	0	260	52	2	42	2	0	8	2	2	
Mint Hot Chocolate Small	Small	210	60	7	6	0	0	180	36	1	29	1	0	6	2	2	
Original Hot Chocolate Extra Large	XLarge	500	140	15	14	0	0	480	89	3	71	4	0	10	8	4	
Original Hot Chocolate Large	Large	460	130	14	13	0	0	440	82	3	65	4	0	10	8	2	
Original Hot Chocolate Medium	Medium	330	90	10	9	0	0	320	59	2	46	3	0	8	6	2	
Original Hot Chocolate Small	Small	220	60	7	6	0	0	210	40	2	32	2	0	6	4	2	
Salted Caramel Hot Chocolate Extra Large	XLarge	510	150	17	15	0	0	750	87	2	69	5	0	10	10	4	
Salted Caramel Hot Chocolate Large	Large	420	130	14	13	0	0	620	71	2	57	4	0	8	8	2	
Salted Caramel Hot Chocolate Medium	Medium	310	90	10	9	0	0	450	52	1	42	3	0	6	6	2	
Salted Caramel Hot Chocolate Small	Small	210	60	7	6	0	0	320	36	1	29	2	0	4	4	2	
Turbo Hot Chocolate Large	Large	400	110	12	11	0	0	380	71	3	55	3	0	10	6	2	
Turbo Hot Chocolate Medium	Medium	280	80	9	8	0	0	270	51	2	39	2	0	6	4	2	
Turbo Hot Chocolate Small	Small	190	50	6	5	0	0	190	35	1	27	2	0	4	4	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Coffee																	
Caramel Mocha Swirl Hot Coffee Extra Large	XLarge	280	5	0	0	0	5	50	66	2	60	4	2	0	6	0	
Caramel Mocha Swirl Hot Coffee Large	Large	230	5	0	0	0	0	40	53	1	48	3	0	0	6	0	
Caramel Mocha Swirl Hot Coffee Medium	Medium	170	5	0	0	0	0	30	39	1	36	2	0	0	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Coffee																	
Caramel Mocha Swirl Hot Coffee Small	Small	110	0	0	0	0	0	20	26	1	24	2	0	0	2	0	
Caramel Mocha Swirl Hot Coffee with Cream Extra Large	XLarge	430	140	15	9	0	55	80	68	2	60	6	10	2	15	0	
Caramel Mocha Swirl Hot Coffee with Cream Large	Large	340	110	12	7	0	40	65	55	1	48	5	8	0	10	0	
Caramel Mocha Swirl Hot Coffee with Cream Medium	Medium	260	80	9	6	0	30	50	41	1	36	3	6	0	8	0	
Caramel Mocha Swirl Hot Coffee with Cream Small	Small	170	50	6	3.5	0	20	30	27	1	24	2	4	0	6	0	
Caramel Swirl Hot Coffee with Cream Extra Large	XLarge	420	130	15	9	0	55	150	66	0	61	7	10	2	25	2	
Caramel Swirl Hot Coffee with Cream Large	Large	340	110	12	7	0	45	120	53	0	49	6	8	2	20	2	
Caramel Swirl Hot Coffee with Cream Medium	Medium	250	80	9	5	0	30	90	40	0	37	4	6	2	15	2	
Caramel Swirl Hot Coffee with Cream Small	Small	170	50	6	3.5	0	20	60	27	0	24	3	4	0	10	2	
French Vanilla Hot Coffee Small	Small	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0	
French Vanilla Swirl Hot Coffee Extra Large	XLarge	280	0	0	0	0	5	90	65	0	60	4	2	0	10	0	
French Vanilla Swirl Hot Coffee Large	Large	230	0	0	0	0	5	75	53	0	49	3	2	0	10	0	
French Vanilla Swirl Hot Coffee Medium	Medium	170	0	0	0	0	5	50	39	0	36	2	2	0	6	0	
French Vanilla Swirl Hot Coffee Small	Small	110	0	0	0	0	0	35	26	0	24	2	0	0	4	0	
French Vanilla Swirl Hot Coffee with Cream Extra Large	XLarge	430	130	15	9	0	55	115	68	0	60	6	10	2	20	0	
French Vanilla Swirl Hot Coffee with Cream Large	Large	340	100	12	7	0	45	95	54	0	48	5	10	0	15	0	
French Vanilla Swirl Hot Coffee with Cream Medium	Medium	260	80	9	5	0	35	70	41	0	36	4	8	0	10	0	
French Vanilla Swirl Hot Coffee with Cream Small	Small	170	50	6	3.5	0	20	45	27	0	24	2	2	0	8	0	
Hazelnut Swirl Hot Coffee Extra Large	XLarge	280	0	0	0	0	5	90	66	0	60	4	2	0	10	0	
Hazelnut Swirl Hot Coffee Large	Large	230	0	0	0	0	5	70	53	0	48	3	2	0	8	0	
Hazelnut Swirl Hot Coffee Medium	Medium	170	0	0	0	0	5	50	39	0	36	2	2	0	6	0	
Hazelnut Swirl Hot Coffee Small	Small	110	0	0	0	0	0	35	26	0	24	2	0	0	4	0	
Hazelnut Swirl Hot Coffee with Cream Extra Large	XLarge	430	130	15	9	0	55	115	68	0	60	6	10	2	20	0	
Hazelnut Swirl Hot Coffee with Cream Large	Large	340	100	12	7	0	45	95	55	0	48	5	10	0	15	0	
Hazelnut Swirl Hot Coffee with Cream Medium	Medium	260	80	9	5	0	35	70	41	0	36	4	8	0	10	0	

Hot Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Hazelnut Swirl Hot Coffee with Cream Small	Small	170	50	6	3.5	0	20	45	27	0	24	2	4	0	8	0
Hot Coffee Extra Large	XLarge	15	0	0	0	0	0	15	2	0	0	1	0	0	0	0
Hot Coffee Large	Large	10	0	0	0	0	0	15	2	0	0	1	0	0	0	0
Hot Coffee Medium	Medium	10	0	0	0	0	0	10	1	0	0	1	0	0	0	0
Hot Coffee Small	Small	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Hot Coffee with Almond Milk Extra Large	XLarge	60	10	1.5	0	0	0	95	11	1	8	1	6	0	10	2
Hot Coffee with Almond Milk Large	Large	45	10	1	0	0	0	75	8	0	6	1	4	0	8	0
Hot Coffee with Almond Milk Medium	Medium	30	5	0.5	0	0	0	50	6	0	4	1	2	0	6	0
Hot Coffee with Almond Milk Small	Small	20	5	0	0	0	0	25	3	0	2	1	2	0	2	0
Hot Coffee with Cream Extra Large	XLarge	160	130	14	9	0	50	45	5	0	0	3	10	0	8	0
Hot Coffee with Cream Large	Large	120	100	11	7	0	40	35	4	0	0	2	8	0	6	0
Hot Coffee with Cream Medium	Medium	90	80	9	5	0	30	25	3	0	0	2	6	0	4	0
Hot Coffee with Cream Small	Small	60	50	6	4	0	20	20	2	0	0	1	4	0	2	0
Hot Coffee with Cream and Sugar Extra Large	XLarge	320	130	14	9	0	50	45	48	0	44	3	10	0	8	0
Hot Coffee with Cream and Sugar Large	Large	260	100	11	7	0	40	35	39	0	35	2	8	0	6	0
Hot Coffee with Cream and Sugar Medium	Medium	190	80	9	5	0	30	25	29	0	26	2	6	0	4	0
Hot Coffee with Cream and Sugar Small	Small	120	50	6	4	0	20	20	19	0	17	1	4	0	2	0
Hot Coffee with Milk Extra Large	XLarge	60	20	2.5	1.5	0	10	45	6	0	4	3	2	0	8	0
Hot Coffee with Milk Large	Large	45	20	2	1	0	5	40	5	0	3	3	2	0	6	0
Hot Coffee with Milk Medium	Medium	35	15	1.5	1	0	5	30	3	0	2	2	2	0	6	0
Hot Coffee with Milk Small	Small	25	10	1	1	0	5	20	2	0	1	1	0	0	4	0
Hot Coffee with Milk and Sugar Extra Large	XLarge	230	20	2.5	1.5	0	10	45	49	0	47	3	2	0	8	0
Hot Coffee with Milk and Sugar Large	Large	200	20	2	1	0	5	40	44	0	42	3	2	0	6	0
Hot Coffee with Milk and Sugar Medium	Medium	140	15	1.5	1	0	5	30	30	0	28	2	2	0	6	0
Hot Coffee with Milk and Sugar Small	Small	80	10	1	1	0	5	20	20	0	19	1	0	0	4	0
Hot Coffee with Skim Milk Extra Large	XLarge	40	0	0	0	0	0	45	6	0	4	4	4	0	10	0
Hot Coffee with Skim Milk Large	Large	30	0	0	0	0	0	40	5	0	3	3	2	0	8	0
Hot Coffee with Skim Milk Medium	Medium	25	0	0	0	0	0	30	4	0	2	2	2	0	6	0
Hot Coffee with Skim Milk Small	Small	15	0	0	0	0	0	25	3	0	2	2	0	0	4	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Coffee																	
Hot Coffee with Skim Milk and Splenda® No Calorie Sweetener Extra Large	XLarge	50	0	0	0	0	0	45	10	0	7	4	4	0	10	0	
Hot Coffee with Skim Milk and Splenda® No Calorie Sweetener Large	Large	40	0	0	0	0	0	40	8	0	6	3	2	0	8	0	
Hot Coffee with Skim Milk and Splenda® No Calorie Sweetener Medium	Medium	30	0	0	0	0	0	30	5	0	4	2	2	0	6	0	
Hot Coffee with Skim Milk and Splenda® No Calorie Sweetener Small	Small	20	0	0	0	0	0	20	3	0	2	1	2	0	4	0	
Hot Coffee with Skim Milk and Sugar Extra Large	XLarge	210	0	0	0	0	0	50	49	0	47	4	4	0	10	0	
Hot Coffee with Skim Milk and Sugar Large	Large	170	0	0	0	0	0	40	40	0	38	3	2	0	8	0	
Hot Coffee with Skim Milk and Sugar Medium	Medium	120	0	0	0	0	0	30	30	0	28	2	2	0	6	0	
Hot Coffee with Skim Milk and Sugar Small	Small	70	0	0	0	0	0	25	20	0	19	2	0	0	4	0	
Hot Coffee with Splenda® No Calorie Sweetener Extra Large	XLarge	30	0	0	0	0	0	15	6	0	3	1	0	0	0	0	
Hot Coffee with Splenda® No Calorie Sweetener Large	Large	20	0	0	0	0	0	15	5	0	3	1	0	0	0	0	
Hot Coffee with Splenda® No Calorie Sweetener Medium	Medium	15	0	0	0	0	0	10	3	0	2	1	0	0	0	0	
Hot Coffee with Splenda® No Calorie Sweetener Small	Small	10	0	0	0	0	0	5	2	0	1	0	0	0	0	0	
Hot Coffee with Sugar Extra Large	XLarge	180	0	0	0	0	0	15	46	0	43	1	0	0	0	0	
Hot Coffee with Sugar Large	Large	150	0	0	0	0	0	15	37	0	35	1	0	0	0	0	
Hot Coffee with Sugar Medium	Medium	110	0	0	0	0	0	10	28	0	26	1	0	0	0	0	
Hot Coffee with Sugar Small	Small	60	0	0	0	0	0	5	18	0	17	0	0	0	0	0	
Mocha Swirl Hot Coffee Extra Large	XLarge	280	10	1	0.5	0	0	50	65	3	57	3	0	0	0	0	
Mocha Swirl Hot Coffee Large	Large	230	10	1	0	0	0	40	52	2	46	3	0	0	0	0	
Mocha Swirl Hot Coffee Medium	Medium	170	0	0.5	0	0	0	30	39	2	34	2	0	0	0	0	
Mocha Swirl Hot Coffee Small	Small	110	0	0	0	0	0	20	26	1	23	1	0	0	0	0	
Mocha Swirl Hot Coffee with Cream Extra Large	XLarge	430	140	16	10	0	50	75	68	3	57	5	10	0	8	0	
Mocha Swirl Hot Coffee with Cream Large	Large	340	110	12	8	0	40	60	54	2	46	4	8	0	6	0	
Mocha Swirl Hot Coffee with Cream Medium	Medium	260	80	9	6	0	30	45	41	2	34	3	6	0	4	0	
Mocha Swirl Hot Coffee with Cream Small	Small	170	50	6	4	0	20	30	27	1	23	2	4	0	2	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Espresso																	
Espresso	Single Shot	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0	0
Espresso with Sugar	Single Shot	30	0	0	0	0	0	5	7	0	7	0	0	0	0	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Latte																	
Caramel Mocha Swirl Hot Latte with Milk Large	Large	450	110	12	8	0	55	230	70	1	67	14	10	4	40	0	
Caramel Mocha Swirl Hot Latte with Milk Medium	Medium	330	80	9	6	0	40	170	52	1	50	11	8	2	30	0	
Caramel Mocha Swirl Hot Latte with Milk Small	Small	220	60	6	4	0	25	115	35	1	33	7	4	2	20	0	
Caramel Mocha Swirl Hot Latte with Skim Milk Large	Large	350	10	1	0.5	0	10	200	70	1	68	15	15	0	50	2	
Caramel Mocha Swirl Hot Latte with Skim Milk Medium	Medium	260	5	0.5	0	0	5	150	53	1	51	11	10	0	40	0	
Caramel Mocha Swirl Hot Latte with Skim Milk Small	Small	170	5	0	0	0	5	100	35	1	34	7	8	0	25	0	
Caramel Swirl Hot Latte with Milk Large	Large	460	110	12	7	0	40	200	73	0	72	14	15	0	50	2	
Caramel Swirl Hot Latte with Milk Medium	Medium	350	80	9	5	0	30	150	55	0	54	11	10	0	40	0	
Caramel Swirl Hot Latte with Milk Small	Small	230	50	6	3.5	0	20	100	37	0	37	7	6	0	25	0	
Caramel Swirl Hot Latte with Skim Milk Large	Large	360	5	0	0	0	10	200	73	0	72	15	15	0	60	2	
Caramel Swirl Hot Latte with Skim Milk Medium	Medium	270	5	0	0	0	10	150	55	0	55	11	15	0	40	0	
Caramel Swirl Hot Latte with Skim Milk Small	Small	190	0	0	0	0	5	100	38	0	37	8	8	0	30	0	
French Vanilla Swirl Hot Latte with Skim Milk Large	Large	350	5	0	0	0	10	230	71	0	69	15	15	0	50	2	
French Vanilla Swirl Hot Latte with Skim Milk Medium	Medium	270	5	0	0	0	10	170	54	0	52	11	15	0	40	0	
French Vanilla Swirl Hot Latte with Skim Milk Small	Small	180	0	0	0	0	5	115	36	0	35	8	8	0	25	0	
French Vanilla Swirl Hot Latte with Whole Milk Large	Large	450	110	12	7	0	40	230	71	0	68	14	15	0	50	2	
French Vanilla Swirl Hot Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	170	53	0	52	11	10	0	40	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Latte																	
French Vanilla Swirl Hot Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	115	36	0	35	7	6	0	25	0	
Hazelnut Swirl Hot Latte with Skim Milk Large	Large	350	5	0	0	0	10	230	72	0	69	15	15	0	50	2	
Hazelnut Swirl Hot Latte with Skim Milk Medium	Medium	270	5	0	0	0	10	170	54	0	52	11	15	0	40	0	
Hazelnut Swirl Hot Latte with Skim Milk Small	Small	180	0	0	0	0	5	115	37	0	35	8	8	0	25	0	
Hazelnut Swirl Hot Latte with Whole Milk Large	Large	450	110	12	7	0	40	230	71	0	68	14	15	0	50	2	
Hazelnut Swirl Hot Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	170	54	0	52	11	10	0	40	0	
Hazelnut Swirl Hot Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	115	36	0	35	7	6	0	25	0	
Hot Latte with Almond Milk Large	Large	160	40	4.5	0	0	0	260	28	2	25	2	15	0	35	4	
Hot Latte with Almond Milk Medium	Medium	120	30	3	0	0	0	190	21	1	18	1	10	0	25	2	
Hot Latte with Almond Milk Small	Small	80	20	2	0	0	0	130	14	1	12	1	8	0	15	2	
Hot Latte with Skim Milk Large	Large	140	5	0	0	0	10	170	20	0	20	13	15	0	45	2	
Hot Latte with Skim Milk Medium	Medium	100	5	0	0	0	5	130	15	0	15	10	10	0	35	0	
Hot Latte with Skim Milk Small	Small	70	0	0	0	0	5	85	10	0	10	6	8	0	25	0	
Hot Latte with Skim Milk and Sugar Large	Large	270	5	0	0	0	10	170	55	0	55	13	15	0	45	2	
Hot Latte with Skim Milk and Sugar Medium	Medium	200	5	0	0	0	5	130	41	0	41	10	10	0	35	2	
Hot Latte with Skim Milk and Sugar Small	Small	140	0	0	0	0	5	85	28	0	28	6	8	0	25	0	
Hot Latte with Whole Milk Large	Large	230	110	12	7	0	35	170	19	0	19	12	10	0	40	2	
Hot Latte with Whole Milk Medium	Medium	170	80	9	5	0	25	130	14	0	14	9	8	0	30	0	
Hot Latte with Whole Milk Small	Small	120	50	6	3.5	0	25	105	10	0	10	6	4	0	20	0	
Hot Latte with Whole Milk and Sugar Large	Large	370	110	12	7	0	35	170	54	0	54	12	10	0	40	2	
Hot Latte with Whole Milk and Sugar Medium	Medium	280	80	9	5	0	25	130	40	0	40	9	8	0	30	2	
Hot Latte with Whole Milk and Sugar Small	Small	170	50	6	3.5	0	25	100	27	0	27	6	4	0	20	0	
Mocha Swirl Hot Latte Large with Milk	Large	460	120	13	7	0	35	200	72	2	67	13	10	0	40	2	
Mocha Swirl Hot Latte Medium with Milk	Medium	350	90	10	6	0	25	150	54	2	51	10	8	0	30	0	
Mocha Swirl Hot Latte Small with Milk	Small	230	60	6	3.5	0	20	100	37	1	34	7	6	0	20	0	
Mocha Swirl Hot Latte with Skim Milk Large	Large	360	10	1.5	1	0	5	200	73	2	67	14	15	0	45	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Latte																	
Mocha Swirl Hot Latte with Skim Milk Medium	Medium	270	10	1	0.5	0	5	150	55	2	51	11	10	0	35	0	
Mocha Swirl Hot Latte with Skim Milk Small	Small	180	5	0.5	0	0	5	100	37	1	35	7	8	0	20	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Macchiato																	
Caramel Swirl Hot Macchiato with Skim Milk Large	Large	310	5	0	0	0	10	150	66	0	65	11	10	0	40	2	
Caramel Swirl Hot Macchiato with Skim Milk Medium	Medium	240	5	0	0	0	5	115	49	0	49	8	8	0	30	2	
Caramel Swirl Hot Macchiato with Skim Milk Small	Small	160	0	0	0	0	5	80	33	0	33	6	6	0	20	0	
Caramel Swirl Hot Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	30	160	65	0	64	10	10	0	40	2	
Caramel Swirl Hot Macchiato with Whole Milk Medium	Medium	290	60	6	3.5	0	20	120	49	0	49	8	8	0	30	2	
Caramel Swirl Hot Macchiato with Whole Milk Small	Small	190	35	4	2.5	0	15	80	33	0	33	5	4	0	20	0	
French Vanilla Swirl Hot Macchiato with Skim Milk Large	Large	310	5	0	0	0	10	180	66	0	61	11	10	0	40	2	
French Vanilla Swirl Hot Macchiato with Skim Milk Medium	Medium	240	5	0	0	0	5	135	49	0	46	8	8	0	30	2	
French Vanilla Swirl Hot Macchiato with Skim Milk Small	Small	160	0	0	0	0	5	95	33	0	30	6	6	0	20	0	
French Vanilla Swirl Hot Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	30	180	65	0	60	10	10	0	35	2	
French Vanilla Swirl Hot Macchiato with Whole Milk Medium	Medium	280	60	6	3.5	0	20	140	49	0	45	8	8	0	25	2	
French Vanilla Swirl Hot Macchiato with Whole Milk Small	Small	190	35	4	2.5	0	15	95	33	0	30	5	4	0	20	0	
Hazelnut Swirl Hot Macchiato with Skim Milk Large	Large	310	5	0	0	0	10	180	66	0	61	11	10	0	40	2	
Hazelnut Swirl Hot Macchiato with Skim Milk Medium	Medium	240	5	0	0	0	5	135	50	0	46	8	8	0	30	2	
Hazelnut Swirl Hot Macchiato with Skim Milk Small	Small	160	0	0	0	0	5	95	33	0	30	6	6	0	20	0	
Hazelnut Swirl Hot Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	30	180	65	0	60	10	10	0	35	2	
Hazelnut Swirl Hot Macchiato with Whole Milk Medium	Medium	290	60	6	3.5	0	20	140	49	0	45	8	8	0	25	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Tea - All varieties of our tea and herbal infusion have no nutritional significance.																	
Bold Breakfast Black Tea Small	Small																
Chamomile Fields Herbal Infusion Large	Large																
Chamomile Fields Herbal Infusion Medium	Medium																
Chamomile Fields Herbal Infusion Small	Small																
Cool Mint Herbal Infusion Large	Large																
Cool Mint Herbal Infusion Medium	Medium																
Cool Mint Herbal Infusion Small	Small																
Decaf Breakfast Black Tea Large	Large																
Decaf Breakfast Black Tea Medium	Medium																
Decaf Breakfast Black Tea Small	Small																
Harmony Leaf Green Tea Large	Large																
Harmony Leaf Green Tea Medium	Medium																
Harmony Leaf Green Tea Small	Small																
Hibiscus Kiss Herbal Infusion Large	Large																
Hibiscus Kiss Herbal Infusion Medium	Medium																
Hibiscus Kiss Herbal Infusion Small	Small																

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Caramel Mocha Swirl Iced Coffee Large	Large	230	5	0	0	0	0	45	54	1	48	4	0	0	6	0	
Caramel Mocha Swirl Iced Coffee Medium	Medium	180	5	0	0	0	0	35	41	1	36	3	0	0	4	0	
Caramel Mocha Swirl Iced Coffee Small	Small	120	0	0	0	0	0	25	27	1	24	2	0	0	4	0	
Caramel Mocha Swirl Iced Coffee with Cream Large	Large	350	110	12	7	0	40	70	56	1	48	5	8	0	10	0	
Caramel Mocha Swirl Iced Coffee with Cream Medium	Medium	260	80	9	6	0	30	50	42	1	36	4	6	0	8	0	
Caramel Mocha Swirl Iced Coffee with Cream Small	Small	180	50	6	3.5	0	20	35	28	1	24	3	4	0	6	0	
Caramel Swirl Iced Coffee Large	Large	230	0	0	0	0	5	100	52	0	49	5	0	2	15	2	
Caramel Swirl Iced Coffee Medium	Medium	170	0	0	0	0	0	75	39	0	37	4	0	0	15	2	
Caramel Swirl Iced Coffee Small	Small	110	0	0	0	0	0	50	26	0	24	2	0	0	8	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Caramel Swirl Iced Coffee with Cream Large	Large	340	110	12	7	0	45	125	54	0	49	6	8	2	25	2	
Caramel Swirl Iced Coffee with Cream Medium	Medium	260	80	9	5	0	30	90	41	0	37	5	6	2	15	2	
Caramel Swirl Iced Coffee with Cream Small	Small	170	50	6	3.5	0	20	60	27	0	24	3	4	0	10	2	
French Vanilla Swirl Iced Coffee Large	Large	230	0	0	0	0	5	75	54	0	48	4	2	0	10	0	
French Vanilla Swirl Iced Coffee Medium	Medium	170	0	0	0	0	5	55	40	0	36	3	2	0	6	0	
French Vanilla Swirl Iced Coffee Small	Small	120	0	0	0	0	0	40	27	0	24	2	0	0	4	0	
French Vanilla Swirl Iced Coffee with Cream Large	Large	350	100	12	7	0	45	100	56	0	48	5	10	0	15	0	
French Vanilla Swirl Iced Coffee with Cream Medium	Medium	260	80	9	5	0	35	70	42	0	36	4	8	0	10	0	
French Vanilla Swirl Iced Coffee with Cream Small	Small	170	50	6	3.5	0	20	50	28	0	24	3	4	0	8	0	
Hazelnut Swirl Iced Coffee Large	Large	230	0	0	0	0	5	75	54	0	48	4	2	0	10	0	
Hazelnut Swirl Iced Coffee Medium	Medium	170	0	0	0	0	5	55	41	0	36	3	2	0	6	0	
Hazelnut Swirl Iced Coffee Small	Small	120	0	0	0	0	0	40	27	0	24	2	0	0	4	0	
Hazelnut Swirl Iced Coffee with Cream Large	Large	350	100	12	7	0	45	100	56	0	48	5	10	0	15	0	
Hazelnut Swirl Iced Coffee with Cream Medium	Medium	260	80	9	5	0	35	70	42	0	36	4	8	0	10	0	
Hazelnut Swirl Iced Coffee with Cream Small	Small	180	50	6	3.5	0	20	50	28	0	24	3	4	0	8	0	
Iced Coffee Large	Large	20	0	0	0	0	0	15	3	0	0	1	0	0	0	0	
Iced Coffee Medium	Medium	15	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Iced Coffee Small	Small	10	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Iced Coffee with Almond Milk Large	Large	50	10	1	0	0	0	75	9	0	6	1	4	0	10	0	
Iced Coffee with Almond Milk Medium	Medium	35	5	0.5	0	0	0	50	7	0	4	1	2	0	6	0	
Iced Coffee with Almond Milk Small	Small	20	5	0	0	0	0	30	4	0	2	1	2	0	4	0	
Iced Coffee with Cream Large	Large	130	100	11	7	0	40	40	5	0	0	3	8	0	6	0	
Iced Coffee with Cream Medium	Medium	100	80	9	5	0	30	30	4	0	0	2	6	0	4	0	
Iced Coffee with Cream Small	Small	70	50	6	4	0	20	20	3	0	0	1	4	0	4	0	
Iced Coffee with Cream and Sugar Large	Large	270	100	11	7	0	40	40	40	0	35	3	8	0	6	0	
Iced Coffee with Cream and Sugar Medium	Medium	200	80	9	5	0	30	30	30	0	26	2	6	0	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Iced Coffee with Cream and Sugar Small	Small	120	50	6	4	0	20	20	20	0	17	1	4	0	4	0	
Iced Coffee with Milk Large	Large	50	20	2	1	0	5	45	6	0	3	3	2	0	8	0	
Iced Coffee with Milk Medium	Medium	40	15	1.5	1	0	5	30	5	0	2	2	2	0	6	0	
Iced Coffee with Milk Small	Small	30	10	1	1	0	5	20	3	0	1	2	0	0	4	0	
Iced Coffee with Milk and Sugar Large	Large	190	20	2	1	0	5	45	41	0	38	3	2	0	8	0	
Iced Coffee with Milk and Sugar Medium	Medium	140	15	1.5	1	0	5	30	31	0	28	2	2	0	6	0	
Iced Coffee with Milk and Sugar Small	Small	90	10	1	1	0	5	20	21	0	19	2	0	0	4	0	
Iced Coffee with Skim Milk Large	Large	40	0	0	0	0	0	45	6	0	3	3	2	0	8	0	
Iced Coffee with Skim Milk Medium	Medium	30	0	0	0	0	0	30	5	0	2	2	2	0	6	0	
Iced Coffee with Skim Milk Small	Small	20	0	0	0	0	0	25	3	0	2	2	0	0	4	0	
Iced Coffee with Skim Milk and Splenda® No Calorie Sweetener Large	Large	50	0	0	0	0	0	45	10	0	7	3	2	0	8	0	
Iced Coffee with Skim Milk and Splenda® No Calorie Sweetener Medium	Medium	40	0	0	0	0	0	30	7	0	5	2	2	0	6	0	
Iced Coffee with Skim Milk and Splenda® No Calorie Sweetener Small	Small	25	0	0	0	0	0	20	5	0	3	2	2	0	4	0	
Iced Coffee with Skim Milk and Sugar Large	Large	170	0	0	0	0	0	45	41	0	38	3	2	0	8	0	
Iced Coffee with Skim Milk and Sugar Medium	Medium	130	0	0	0	0	0	30	31	0	28	2	2	0	6	0	
Iced Coffee with Skim Milk and Sugar Small	Small	80	0	0	0	0	0	25	21	0	19	2	0	0	4	0	
Iced Coffee with Splenda® No Calorie Sweetener Large	Large	35	0	0	0	0	0	15	7	0	3	1	0	0	0	0	
Iced Coffee with Splenda® No Calorie Sweetener Medium	Medium	25	0	0	0	0	0	10	5	0	3	1	0	0	0	0	
Iced Coffee with Splenda® No Calorie Sweetener Small	Small	20	0	0	0	0	0	10	4	0	2	1	0	0	0	0	
Iced Coffee with Sugar Large	Large	150	0	0	0	0	0	15	38	0	35	1	0	0	2	0	
Iced Coffee with Sugar Medium	Medium	110	0	0	0	0	0	10	29	0	26	1	0	0	0	0	
Iced Coffee with Sugar Small	Small	70	0	0	0	0	0	5	19	0	17	1	0	0	0	0	
Mocha Swirl Iced Coffee with Cream Large	Large	350	110	12	8	0	40	70	56	2	46	5	8	0	6	0	
Mocha Swirl Iced Coffee with Cream Medium	Medium	260	80	9	6	0	30	50	42	2	34	3	6	0	4	0	
Mocha Swirl Iced Coffee with Cream Small	Small	180	50	6	4	0	20	35	28	1	23	2	4	0	4	0	

Iced Latte	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Caramel Mocha Swirl Iced Latte with Milk Large	Large	450	110	12	8	0	55	240	70	1	67	14	10	4	45	0
Caramel Mocha Swirl Iced Latte with Milk Medium	Medium	330	80	9	6	0	40	180	52	1	50	11	8	2	30	0
Caramel Mocha Swirl Iced Latte with Milk Small	Small	220	60	6	4	0	25	120	35	1	33	7	4	2	20	0
Caramel Mocha Swirl Iced Latte with Skim Milk Large	Large	350	10	1	0.5	0	10	210	70	1	68	15	15	0	50	2
Caramel Mocha Swirl Iced Latte with Skim Milk Medium	Medium	260	5	0.5	0	0	5	150	53	1	51	11	10	0	40	0
Caramel Mocha Swirl Iced Latte with Skim Milk Small	Small	170	5	0	0	0	5	105	35	1	34	7	8	0	25	0
Caramel Swirl Iced Latte with Milk Large	Large	460	110	12	7	0	40	220	73	0	72	14	15	0	50	2
Caramel Swirl Iced Latte with Milk Medium	Medium	350	80	9	5	0	30	160	55	0	54	11	10	0	40	0
Caramel Swirl Iced Latte with Milk Small	Small	230	50	6	3.5	0	20	110	37	0	37	7	6	0	25	0
Caramel Swirl Iced Latte with Skim Milk Large	Large	360	5	0	0	0	10	210	73	0	72	15	15	0	60	2
Caramel Swirl Iced Latte with Skim Milk Medium	Medium	270	5	0	0	0	10	160	55	0	55	11	15	0	45	0
Caramel Swirl Iced Latte with Skim Milk Small	Small	190	0	0	0	0	5	110	38	0	37	8	8	0	30	0
French Vanilla Swirl Iced Latte with Skim Milk Large	Large	350	5	0	0	0	10	240	71	0	69	15	15	0	60	2
French Vanilla Swirl Iced Latte with Skim Milk Medium	Medium	270	5	0	0	0	10	180	54	0	52	11	15	0	40	0
French Vanilla Swirl Iced Latte with Skim Milk Small	Small	180	0	0	0	0	5	120	36	0	35	8	8	0	30	0
French Vanilla Swirl Iced Latte with Whole Milk Large	Large	450	110	12	7	0	40	250	71	0	68	14	15	0	50	2
French Vanilla Swirl Iced Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	180	53	0	52	11	10	0	40	0
French Vanilla Swirl Iced Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	125	36	0	35	7	6	0	25	0
Hazelnut Swirl Iced Latte with Skim Milk Large	Large	350	5	0	0	0	10	240	72	0	69	15	15	0	60	2
Hazelnut Swirl Iced Latte with Skim Milk Medium	Medium	270	5	0	0	0	10	180	54	0	52	11	15	0	40	0
Hazelnut Swirl Iced Latte with Skim Milk Small	Small	180	0	0	0	0	5	120	37	0	35	8	8	0	30	0
Hazelnut Swirl Iced Latte with Whole Milk Large	Large	450	110	12	7	0	40	250	71	0	68	14	15	0	50	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Latte																	
Hazelnut Swirl Iced Latte with Whole Milk Medium	Medium	340	80	9	5	0	30	180	54	0	52	11	10	0	40	0	
Hazelnut Swirl Iced Latte with Whole Milk Small	Small	230	50	6	3.5	0	20	125	36	0	35	7	6	0	25	0	
Iced Latte with Almond Milk Large	Large	160	40	4.5	0	0	0	280	28	2	25	2	15	0	35	4	
Iced Latte with Almond Milk Medium	Medium	120	30	3	0	0	0	210	21	1	18	1	10	0	25	2	
Iced Latte with Almond Milk Small	Small	80	20	2	0	0	0	140	14	1	12	1	8	0	15	2	
Iced Latte with Skim Milk Large	Large	140	5	0	0	0	10	190	20	0	20	13	15	0	50	2	
Iced Latte with Skim Milk Medium	Medium	100	5	0	0	0	5	140	15	0	15	10	10	0	35	0	
Iced Latte with Skim Milk Small	Small	70	0	0	0	0	0	110	11	0	10	7	8	0	20	0	
Iced Latte with Skim Milk and Sugar Large	Large	270	5	0	0	0	10	190	55	0	55	13	15	0	50	2	
Iced Latte with Skim Milk and Sugar Medium	Medium	200	5	0	0	0	5	140	41	0	41	10	10	0	35	2	
Iced Latte with Skim Milk and Sugar Small	Small	130	0	0	0	0	0	110	28	0	27	7	8	0	20	0	
Iced Latte with Whole Milk Large	Large	230	110	12	7	0	35	190	19	0	19	12	10	0	45	2	
Iced Latte with Whole Milk Medium	Medium	170	80	9	5	0	25	140	14	0	14	9	8	0	30	0	
Iced Latte with Whole Milk Small	Small	120	50	6	3.5	0	25	105	10	0	10	6	4	0	20	0	
Iced Latte with Whole Milk and Sugar Large	Large	370	110	12	7	0	35	190	54	0	54	12	10	0	45	2	
Iced Latte with Whole Milk and Sugar Medium	Medium	280	80	9	5	0	25	140	40	0	40	9	8	0	30	2	
Iced Latte with Whole Milk and Sugar Small	Small	170	50	6	3.5	0	25	100	27	0	27	6	4	0	20	0	
Mocha Swirl Iced Latte with Milk Large	Large	460	120	13	7	0	35	220	72	2	67	13	10	0	45	2	
Mocha Swirl Iced Latte with Milk Medium	Medium	350	90	10	6	0	25	160	54	2	51	10	8	0	30	0	
Mocha Swirl Iced Latte with Milk Small	Small	230	60	6	3.5	0	20	110	37	1	34	7	6	0	20	0	
Mocha Swirl Iced Latte with Skim Milk Large	Large	360	10	1.5	1	0	5	210	73	2	67	14	15	0	45	2	
Mocha Swirl Iced Latte with Skim Milk Medium	Medium	270	10	1	0.5	0	5	160	55	2	51	11	10	0	35	0	
Mocha Swirl Iced Latte with Skim Milk Small	Small	180	5	0.5	0	0	5	105	37	1	35	7	8	0	25	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Macchiato																	
Caramel Swirl Iced Macchiato with Skim Milk Large	Large	310	5	0	0	0	10	160	66	0	65	11	10	0	40	2	
Caramel Swirl Iced Macchiato with Skim Milk Medium	Medium	240	5	0	0	0	5	125	49	0	49	8	8	0	30	2	
Caramel Swirl Iced Macchiato with Skim Milk Small	Small	160	0	0	0	0	5	85	33	0	33	6	6	0	20	0	
Caramel Swirl Iced Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	30	170	65	0	64	10	10	0	40	2	
Caramel Swirl Iced Macchiato with Whole Milk Medium	Medium	290	60	6	3.5	0	20	125	49	0	49	8	8	0	30	2	
Caramel Swirl Iced Macchiato with Whole Milk Small	Small	190	35	4	2.5	0	15	85	33	0	33	5	4	0	20	0	
French Vanilla Swirl Iced Macchiato with Skim Milk Large	Large	310	5	0	0	0	10	190	66	0	61	11	10	0	40	2	
French Vanilla Swirl Iced Macchiato with Skim Milk Medium	Medium	240	5	0	0	0	5	140	49	0	46	8	8	0	30	2	
French Vanilla Swirl Iced Macchiato with Skim Milk Small	Small	160	0	0	0	0	5	100	33	0	30	6	6	0	20	0	
French Vanilla Swirl Iced Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	30	190	65	0	60	10	10	0	35	2	
French Vanilla Swirl Iced Macchiato with Whole Milk Medium	Medium	280	60	6	3.5	0	20	150	49	0	45	8	8	0	30	2	
French Vanilla Swirl Iced Macchiato with Whole Milk Small	Small	190	35	4	2.5	0	15	100	33	0	30	5	4	0	20	0	
Hazelnut Swirl Iced Macchiato with Skim Milk Large	Large	310	5	0	0	0	10	190	66	0	61	11	10	0	40	2	
Hazelnut Swirl Iced Macchiato with Skim Milk Medium	Medium	240	5	0	0	0	5	140	50	0	46	8	8	0	30	2	
Hazelnut Swirl Iced Macchiato with Skim Milk Small	Small	160	0	0	0	0	5	100	33	0	30	6	6	0	20	0	
Hazelnut Swirl Iced Macchiato with Whole Milk Large	Large	380	70	8	4.5	0	30	190	65	0	60	10	10	0	35	2	
Hazelnut Swirl Iced Macchiato with Whole Milk Medium	Medium	290	60	6	3.5	0	20	150	49	0	45	8	8	0	30	2	
Hazelnut Swirl Iced Macchiato with Whole Milk Small	Small	190	35	4	2.5	0	15	100	33	0	30	5	4	0	20	0	
Iced Macchiato with Skim Milk Large	Large	100	5	0	0	0	5	135	14	0	14	8	10	0	30	2	
Iced Macchiato with Skim Milk Medium	Medium	70	5	0	0	0	5	100	11	0	11	6	8	0	25	2	
Iced Macchiato with Skim Milk Small	Small	50	0	0	0	0	0	70	8	0	8	4	4	0	15	0	
Iced Macchiato with Whole Milk Large	Large	160	70	8	4.5	0	25	135	14	0	14	8	8	0	30	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Macchiato																	
Iced Macchiato with Whole Milk Medium	Medium	120	60	6	3.5	0	20	100	11	0	11	6	6	0	20	2	
Iced Macchiato with Whole Milk Small	Small	80	35	4	2.5	0	10	70	7	0	7	4	4	0	15	0	
Mocha Swirl Iced Macchiato with Skim Milk Large	Large	310	10	1	0.5	0	5	160	65	2	58	10	10	0	30	2	
Mocha Swirl Iced Macchiato with Skim Milk Medium	Medium	240	10	1	0.5	0	5	120	49	2	43	8	8	0	25	2	
Mocha Swirl Iced Macchiato with Skim Milk Small	Small	160	5	0.5	0	0	0	85	33	1	29	5	4	0	15	0	
Mocha Swirl Iced Macchiato with Whole Milk Large	Large	380	80	9	5	0	25	160	65	2	58	10	8	0	30	2	
Mocha Swirl Iced Macchiato with Whole Milk Medium	Medium	280	60	7	4	0	20	125	49	2	43	7	6	0	20	2	
Mocha Swirl Iced Macchiato with Whole Milk Small	Small	190	40	4.5	2.5	0	10	85	33	1	29	5	4	0	15	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Tea																	
Iced Green Tea Sweetened Large	Large	140	0	0	0	0	0	10	36	0	34	0	0	0	0	0	
Iced Green Tea Sweetened Medium	Medium	110	0	0	0	0	0	5	27	0	25	0	0	0	0	0	
Iced Green Tea Sweetened Small	Small	70	0	0	0	0	0	0	18	0	17	0	0	0	0	0	
Iced Green Tea Unsweetened Large	Large	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0	
Iced Green Tea Unsweetened Medium	Medium	5	0	0	0	0	0	5	2	0	0	0	0	0	0	0	
Iced Green Tea Unsweetened Small	Small	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
Iced Tea Sweetened Blueberry Flavored Tea Large	Large	160	0	0	0	0	0	10	37	0	34	0	0	0	0	0	
Iced Tea Sweetened Blueberry Flavored Tea Medium	Medium	120	0	0	0	0	0	5	28	0	25	0	0	0	0	0	
Iced Tea Sweetened Blueberry Flavored Tea Small	Small	80	0	0	0	0	0	0	19	0	17	0	0	0	0	0	
Iced Tea Sweetened Large	Large	140	0	0	0	0	0	10	36	0	34	0	0	0	0	0	
Iced Tea Sweetened Medium	Medium	110	0	0	0	0	0	5	27	0	25	0	0	0	0	0	
Iced Tea Sweetened Raspberry Flavored Large	Large	160	0	0	0	0	0	10	40	0	34	0	0	0	0	0	
Iced Tea Sweetened Raspberry Flavored Medium	Medium	120	0	0	0	0	0	5	29	0	25	0	0	0	0	0	
Iced Tea Sweetened Raspberry Flavored Small	Small	80	0	0	0	0	0	0	20	0	17	0	0	0	0	0	
Iced Tea Sweetened Small	Small	70	0	0	0	0	0	0	18	0	17	0	0	0	0	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Tea																	
Iced Tea Unsweetened Blueberry Flavored Tea Large	Large	25	0	0	0	0	0	10	3	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Blueberry Flavored Tea Medium	Medium	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Blueberry Flavored Tea Small	Small	10	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Large	Large	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Medium	Medium	5	0	0	0	0	0	5	2	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Raspberry Flavored Large	Large	25	0	0	0	0	0	10	6	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Raspberry Flavored Medium	Medium	20	0	0	0	0	0	5	4	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Raspberry Flavored Small	Small	10	0	0	0	0	0	0	3	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Small	Small	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
Sweet Tea Blueberry Flavored Large	Large	340	0	0	0	0	0	10	84	0	81	0	0	0	2	0	0
Sweet Tea Blueberry Flavored Medium	Medium	250	0	0	0	0	0	5	63	0	60	0	0	0	0	0	0
Sweet Tea Blueberry Flavored Small	Small	170	0	0	0	0	0	5	42	0	40	0	0	0	0	0	0
Sweet Tea Large	Large	310	0	0	0	0	0	10	80	0	78	0	0	0	2	0	0
Sweet Tea Medium	Medium	230	0	0	0	0	0	5	60	0	58	0	0	0	0	0	0
Sweet Tea Raspberry Flavored Large	Large	340	0	0	0	0	0	10	87	0	81	0	0	0	2	0	0
Sweet Tea Raspberry Flavored Medium	Medium	250	0	0	0	0	0	5	65	0	60	0	0	0	0	0	0
Sweet Tea Raspberry Flavored Small	Small	170	0	0	0	0	0	5	43	0	40	0	0	0	0	0	0
Sweet Tea Small	Small	160	0	0	0	0	0	5	40	0	39	0	0	0	0	0	0

K-Cup Pods® - All varieties of Coffee K-Cup® Pods have no nutritional significance. Please see nutrition information for the Hot Cocoa K-Cup® Pod variety.	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Milk Chocolate Hot Cocoa K-Cup® Pod	1 K-Cup Pod	70	25	3	2.5	0	0	210	10	1	7	1	0	0	2	4	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Kolache																	
Kolache	1 Kolache	370	160	18	6	0	40	500	41	1	12	20	0	15	10	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Kosher Sandwiches and Wraps																	
Kosher Big n' Toasted™	1 Sandwich	610	330	36	10	0	340	1290	44	2	3	25	10	0	15	25	
Kosher Dunkin' Double Veggie Sausage Sandwich	1 Sandwich	630	180	20	6	0	170	1470	73	6	10	40	6	0	15	45	
Kosher Egg & Cheese Wake Up Wrap	1 Wrap	170	90	10	4	0	95	410	14	0	1	7	4	0	10	8	
Kosher Egg White and Cheese on an English Muffin	1 Sandwich	270	50	6	3	0	15	740	37	1	4	15	2	2	10	20	
Kosher Tuna Melt on a Croissant	1 Sandwich	570	300	34	14	0	45	600	43	2	6	22	20	15	20	15	
Kosher Tuna Salad on a Plain Bagel	1 Sandwich	440	80	9	1	0	20	840	69	5	7	21	2	2	4	25	
Kosher Veggie Bacon Egg and Cheese on a Plain Bagel	1 Sandwich	510	150	17	5	0	180	1190	69	5	7	21	6	0	15	25	
Kosher Veggie Bacon Wake-Up Wrap	1 Wrap	200	110	12	4.5	0	95	530	15	1	1	8	4	0	10	8	
Kosher Veggie Sausage Egg and Cheese on a Croissant	1 Sandwich	580	300	34	13	0	175	860	43	2	7	25	20	15	10	25	
Kosher Veggie Sausage Wake-Up Wrap	1 Wrap	220	100	11	4	0	95	550	16	1	1	12	4	0	10	10	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Muffins																	
Blueberry Muffin	1 Muffin	460	130	15	3	0	60	390	76	2	43	6	2	0	2	15	
Chocolate Chip Muffin	1 Muffin	550	190	21	6	0	60	400	83	2	50	7	0	0	4	20	
Coffee Cake Muffin	1 Muffin	590	220	24	8	0	65	420	87	2	51	7	0	0	4	15	
Corn Muffin	1 Muffin	460	140	16	3	0	65	680	72	1	30	7	2	0	2	10	

Packaged Coffee - All varieties of packaged coffee have no nutritional significance.	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value					
													Vitamin A	Vitamin C	Calcium	Iron		
Ground Original Blend Packaged Coffee																		
Whole Bean Original Blend Packaged Coffee																		

Packaged K-Cup Pods® - All varieties of Coffee K-Cup® Pods have no nutritional significance. Please see nutrition information for the Hot Cocoa K-Cup® Pod variety.	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value					
													Vitamin A	Vitamin C	Calcium	Iron		
Dark Roast K-Cup® Pod																		
Dunkin' Decaf K-Cup® Pod																		
French Vanilla K-Cup® Pod																		
Hazelnut K-Cup® Pod																		
Original Blend K-Cup® Pod																		

Packaged Tea - All varieties of our tea and herbal infusion have no nutritional significance.	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value					
													Vitamin A	Vitamin C	Calcium	Iron		
Bold Breakfast Black Packaged Tea																		
Chamomile Fields Herbal Infusion Packaged Tea																		
Cool Mint Herbal Infusion Packaged Tea																		
Decaf Breakfast Black Packaged Tea																		
Harmony Leaf Green Packaged Tea																		
Hibiscus Kiss Herbal Infusion Packaged Tea																		

Sandwiches	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value					
													Vitamin A	Vitamin C	Calcium	Iron		
Bacon, Egg & Cheese Wake-Up Wrap	1 Wrap	210	110	13	5	0	100	550	15	1	1	9	4	0	15	8		

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Sandwiches																	
Bacon, Egg & Cheese on Croissant	1 Sandwich	560	320	35	14	0	185	800	41	1	6	19	20	15	15	15	
Bacon, Egg & Cheese on English Muffin	1 Sandwich	390	170	19	6	0	185	800	37	1	4	18	6	2	15	25	
Bacon, Egg & Cheese on a Plain Bagel	1 Sandwich	520	160	18	6	0	185	1170	67	4	7	23	6	0	15	25	
Double Sausage Breakfast Sandwich	1 Sandwich	890	480	53	19	0	250	1970	68	5	7	35	10	2	20	30	
Egg & Cheese Wake-Up Wrap	1 Wrap	180	90	10	4	0	95	470	14	0	1	7	4	0	15	8	
Egg & Cheese on Croissant	1 Sandwich	500	280	31	13	0	175	640	40	1	6	15	20	15	10	15	
Egg & Cheese on English Muffin	1 Sandwich	340	130	15	5	0	175	640	37	1	4	14	6	2	10	25	
Egg & Cheese on a Plain Bagel	1 Sandwich	460	120	13	5	0	175	1010	67	4	7	19	6	0	15	25	
Ham, Egg & Cheese Wake-Up Wrap	1 Wrap	190	100	11	4	0	100	600	15	0	1	9	4	0	15	8	
Ham, Egg & Cheese on Croissant	1 Sandwich	530	290	32	13	0	190	900	41	1	7	19	20	15	15	15	
Ham, Egg & Cheese on English Muffin	1 Sandwich	360	140	15	5	0	190	900	37	1	4	19	6	2	15	25	
Ham, Egg & Cheese on a Plain Bagel	1 Sandwich	490	130	14	5	0	190	1270	67	4	7	24	6	0	15	25	
Sausage, Egg & Cheese Wake-Up Wrap	1 Wrap	290	180	20	8	0	115	710	15	1	1	11	6	0	15	8	
Sausage, Egg & Cheese on Croissant	1 Sandwich	710	460	51	20	0	215	1120	41	1	6	22	20	15	15	20	
Sausage, Egg & Cheese on English Muffin	1 Sandwich	550	310	34	12	0	215	1120	37	1	4	22	8	2	15	25	
Sausage, Egg & Cheese on a Plain Bagel	1 Sandwich	680	300	33	12	0	215	1490	68	4	7	27	8	0	15	25	
Spam Breakfast Sandwich	1 Sandwich	630	380	42	16	0	200	1210	42	1	7	20	20	15	15	20	
Turkey Sausage Sandwich on English Muffin	1 Sandwich	470	190	21	7	0	240	1110	37	1	4	25	8	2	15	30	
Turkey Sausage Wake Up Wrap	1 Wrap	240	120	14	5	0	125	700	15	0	1	13	6	0	15	10	
Veggie Egg White Sandwich on an English Muffin	1 Sandwich	310	90	10	5	0	20	730	38	1	4	15	8	15	20	20	
Veggie Egg White Wake-Up Wrap	1 Wrap	160	70	8	4	0	20	510	15	1	1	8	6	6	15	6	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Sandwiches - Regional																	
Big n' Toasted™	1 Sandwich	620	340	38	12	0	360	1200	41	0	3	29	10	0	15	20	
Chicken Biscuit	1 Sandwich	490	210	23	11	0	40	1170	49	2	4	21	2	0	6	20	
Chicken Croissant Sandwich	1 Sandwich	690	360	40	15	0	65	1200	54	1	8	29	20	15	10	20	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Soft Serve																	
Extra Thick Shake - Chocolate	1 Size	620	180	20	13	0.5	70	320	92	3	85	19	30	6	60	2	
Extra Thick Shake - Coffee	1 Size	460	170	19	12	0.5	70	310	55	1	51	18	30	6	60	2	
Extra Thick Shake - Vanilla	1 Size	460	170	19	12	0.5	70	300	54	1	51	18	30	6	60	2	
Frozen Coffee Float	1 Size	360	140	15	9	0.5	55	170	50	1	47	8	15	4	30	0	
M&M® Mix-In	1 Serving	660	240	27	17	0.5	60	270	89	3	82	16	25	6	50	6	
OREO® Mix-In	1 Serving	510	190	21	11	0.5	55	360	70	2	55	14	20	6	45	10	
Soft Serve Cone	1 Cone	260	80	9	6	0	35	160	35	1	27	9	15	4	30	2	
Strawberry Coolatta Float	1 Size	300	50	6	4	0	25	105	56	1	54	6	10	25	20	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Turbo Shot																
Turbo Shot™ Small	Single Shot	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0

Allergen information is available at www.DunkinDonuts.com or by calling Guest Support at 800-859-5339. All products are prepared in restaurant and may contain or may have come into contact with Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts and Wheat.

Dunkin' Donuts has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information on these printed materials may vary from that which may be available in our restaurants. We will update www.DunkinDonuts.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.DunkinDonuts.com or call Guest Support at 800-859-5339.